

## Spiral Ladder Yoga Mat Bag





**Yarn:** Lily Sugar 'n Cream (100% cotton; 140 yds [110 m]/2.5 oz [70.9 g]); 2 balls (I didn't use the entire second ball.)

**Hook:** Size H/8 (5.00 mm). Adjust hook size as necessary to obtain correct gauge. Size K hook for the drawstring.

**Notions:** Yarn needle.

**Gauge:** Rounds 1-3 = 4" across (unblocked).

**Special Stitches:** *scblo* = single crochet through the back loop of the stitch only  
*dc2tog* = double crochet two stitches together. YO, insert hook in first stitch and pull up a loop, YO and pull through two loops on hook, YO, insert hook in second stitch and pull up a loop, YO and pull through two loops on hook, YO and pull through remaining loops on hook.

**Notes:**

To complete this project, you must be able to work in the round, chain st, sc, dc, increase, and decrease.

The bag is made slightly smaller than a rolled mat. This allows the yarn to stretch and fit snugly over the mat. Adjustments may need to be made if fibers other than cotton are used.

**Bag Body:**

**(Throughout the pattern, ch 3 for the first dc of each dc round, and join with a slip stitch in the third chain of ch-3 at the end of each round.)**

Ch 4, join with sl st to form a ring.

**Rd 1:** (2 dc, ch 1) 6 times --- 12 dc, 6 ch-1 sps.

**Rd 2:** 3 dc in first dc, dc, ch 3, (3 dc in next dc, dc, ch 3) 5 times --- 24 dc, 6 ch-3 sps.

**Rd 3:** 3 dc in first dc, dc, dc2tog, ch 4, (3 dc in next dc, dc, dc2tog, ch 4) 5 times --- 30 dc, 6 ch-4 sps.

**Rd 4:** Ch 1, scblo in each dc and ch st around, join with first sc --- 54 sc.

**Rd 5:** 2 dc in first st, 2 dc, dc2tog, ch 4, skip 4 st, (2 dc in next st, 2 dc, dc2tog, ch 4, skip 4 st) 5 times --- 30 dc, 6 ch-4 sps.

Repeat Rd 5 until bag is approximately two inches shorter than rolled mat. Finish edge with a round of sc.

**Strap:**

Attach yarn with a sc in a free loop from Rd 4. Sc in the next 4 sts.

**Row 1:** Ch 1 and turn. Sc in each st across.

Repeat Row 1 until strap measures 2-3" shorter than desired length (I made mine roughly 32" long).

Attach other end of strap to bag by sc the next row around ch sts of a round 3-4" down from the top of the bag. Weave in all ends.

Using two strands of cotton and a K hook, make a chain long enough to wrap around your bag twice (mine was 27"). Thread the chain through the gaps in the top round of your bag to make a drawstring.

Alternatively, a ribbon or i-cord can be used as a drawstring.

I block my bag by putting a yoga mat into it, stretching the bag up to the desired height and tying the drawstring.

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