## Foundation Half double crochet (Fhdc) Tutorial



Not all work needs to begin with a long chain. In fact, I find it sometimes difficult to work into a long chain especially with lighter weight yarn. This stitch is great for starting projects like dishcloths, scarves, shawls and cowls! There are other foundation stitches like Fsc (foundation single crochet) and Fdc (foundation double crochet), but for this tutorial I chose Fhdc as I didn't see too many tutorials available. I hope this is helpful.

Abbreviation	Stitches
ch	chain
уо	Yarn over
hdc	Half double crochet
Fhdc	Foundation half double crochet

Fhdc= Ch3, yo, insert hook into 3<sup>rd</sup> ch from hook, yo and pull through (you will have 3 loops on hook), yo, pull through 1 loop, yo and pull through 3 loops
(1Fhdc complete). Insert hook into base of first Fhdc, making sure hook is under both loops on base chain and repeat above until you have # of Fhdc desired.

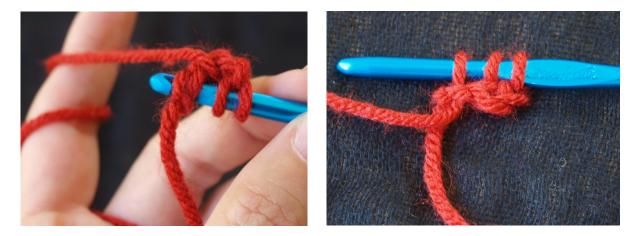
## Tutorial: 1. Ch3



## 2. Yarn over

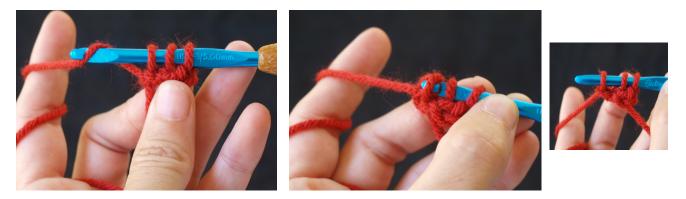


3. Pull through 1 loop, this will give you three loops on hook



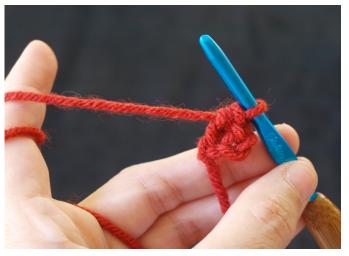
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4. yarn over and pull through 1 loop (you will now have 3 loops on hook, again)



5. yarn over and pull through all 3 remaining loops on hook





6. yarn over and Insert hook into base of previous Fhdc created (under both loops that create the v that is formed when making stitches—See below photo for closeup of hook insertion). Repeat steps 3, 4, 5 and 6 to continue your chain until you reach desired length or number of stitches!



Below is a picture of a five Fhdc worked.



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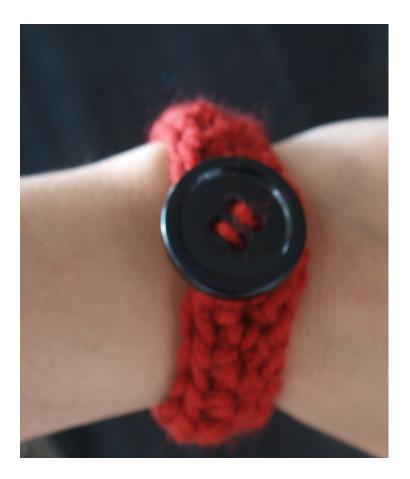
Ready to try out your new skill?

Fhdc bracelet with button:

Row 1: Fhdc 23 stitches, turn.

Row 2: Ch 2, hdc 21, sc in last stitch and fasten off.

Find a cute button and sew it on to the end of your bracelet. Make sure that your button can fit easily, but snug, through the stitches of bracelet. Wear!



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