



# CanaryKnits

## Nom de Plume

By CanarySanctuary  
canaryknits.blogspot.com

Nom de Plume are a set of intarsia armwarmers and legwarmers, knit flat and seamed at the end to create a whimsical, feathery way to keep your limbs nice and toasty!

**Sizes** (after blocking)

**Armwarmers:**

12" long x 4" wide

**Legwarmers:**

16" long, 6.5" wide at, 4.5" wide at bottom

### Abbreviations

k: knit

pm: place marker

sm: slip marker

knit

MC: main colour

k2tog: knit 2 together

m: marker

ssk: slip slip

RS: right side

### Yarn

#### Armwarmers:

Knit Picks Palette (one hank each of Black, Suede, Cornmeal, Teal and Navy)

#### Legwarmers:

Knit Picks Palette (Cream – 2 hanks, Suede - 1, Brindle Heather - 1, Doe - 1, Camel Heather - 1, Bark - 1)

### Needles

2.25 mm

2.75 mm

### Gauge

7 sts=1" on 2.75 mm needles

**Special Skills:** colour work (namely intarsia), seaming

**Pattern Notes:** Charts for both garments at bottom. They're both worked from the bottom up, and right to left.

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## **Arm Warmers**

### **Right Armwarmer**

With 2.25 mm needles, CO 51 sts.

Work in 1x1 ribbing for 0.5".

Switch to 2.75 mm needles, begin working chart in stockinette.

Insert Chart as follows:

K4, pm, CHART, pm, k25.

When chart is completed, switch to 2.25 mm needles and work one row straight.

Now work 1x1 ribbing for 1".

Cast off in pattern.



### **Left Armwarmer**

With 2.25 mm needles, CO 51 sts. Work in 1x1 ribbing for 0.5".

Switch to 2.75 mm needles, begin working chart in stockinette.

Insert Chart as follows:

K25, pm, CHART, pm, k4.

When chart is completed, switch to 2.25 mm needles and work one row straight.

Now work 1x1 ribbing for 1".

Cast off in pattern.

### **Finishing**

Seam along edge of armwarmer to 2.5" before top. Leave a gap here for your thumb, about 2" long. Seam the last 0.5" (the ribbing) to complete the armwarmer.

Block for best intarsia results.

## **Legwarmers**

### **Left Legwarmer**

CO 91 sts with 2.25 mm needles using MC.

Work 1x1 ribbing for 1".

Switch to larger needles and begin working in stockinette.

Work stockinette for 2". Piece now measures 3" from cast on.

Begin working chart, placing markers as follows:

With RS facing, k45, pm, k11, pm, work 22 sts of CHART, pm, k last 13 sts.

Work 5" in pattern. Work should now measure 8" from cast on.

Begin working leg decreases:

Left Legwarmer Decreases:

RS: K2, k2tog, k to 3 sts before m, ssk, k1, sm, k1, k2tog, work across chart to 4 sts before end of row, ssk, k2.

Work 1".

Repeat these two rows 4 times more (you've made a total of 5 decrease rows.)

Work should have 71 sts and be 13" from cast on.

Continue with chart until the chart is completed.

When chart is completed, work 2" in stockinette with MC.

Switch to smaller needles and work in 1x1 rib for 1".

### **Right Legwarmer**

Work same as Left Legwarmer up to beginning of chart.

Place markers as follows:

With RS facing, k13, pm, work 22 sts of CHART, pm, k11, pm, k last 45 sts.

Work same as Left Legging up to Leg Decreases.

Right Legwarmer Decreases:

RS: K2, ssk, k across chart to 3 sts before m, k2tog, k1, sm, k1, ssk, work to 4 sts before end of row, k2tog, k2.

Work 1".

Work Right Legwarmer same as Left Legwarmer (but decrease using Right Legwarmer decreases shown above).

Finishing

Seam up legwarmer.

Block for best intarsia results.

If desired (and I did), weave a ribbon along upper edge of legging.

This ribbon can then be tied to secure legging on your leg. Ribbon pieces should be about 2 feet long each. This leaves good tails to tie.

**\*Please note** this colour chart legend is for the colours listed under "Armwarmers" at the top of the pattern.

#### Colour Chart Legend – Armwarmers

Doe	
Suede	
Teal	
Teal	
Navy	
Black	

**\*Please note** this colour chart legend is for the colours listed under "Legwarmers" at the top of the pattern.

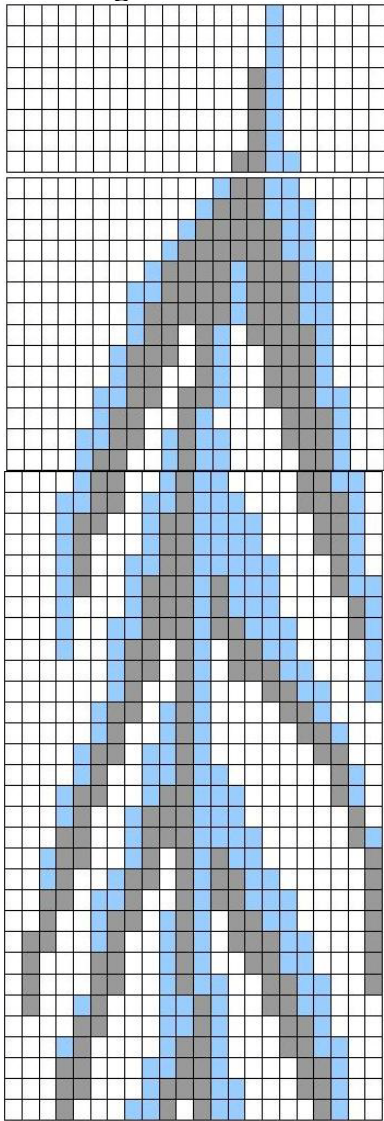
#### Colour Chart Legend – Legwarmers

Suede	
Camel Heather	
Doe	
Bark	
Brindle Heather	
Cream	

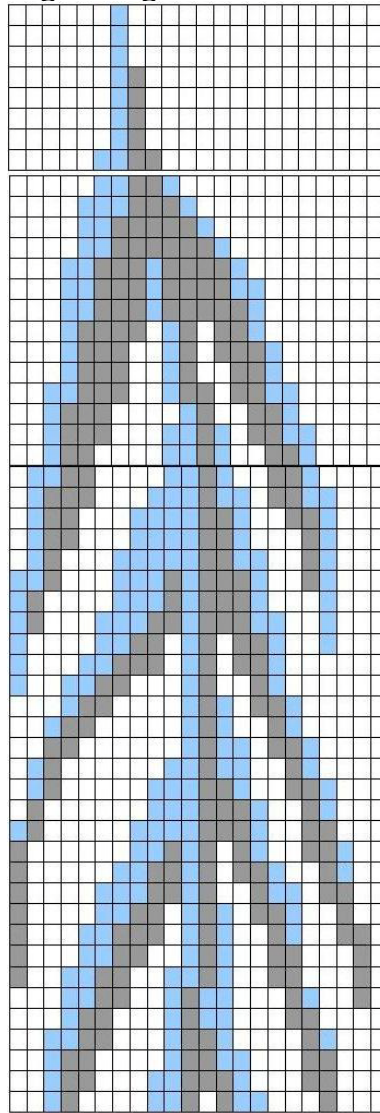
## Charts

**\*Please note** these charts are worked from the bottom up, beginning on the right hand side of the chart and moving left for the RS row, and the left hand side and moving right for the WS of the pattern.

Left Leg/Armwarmer



Right Leg/Armwarmer

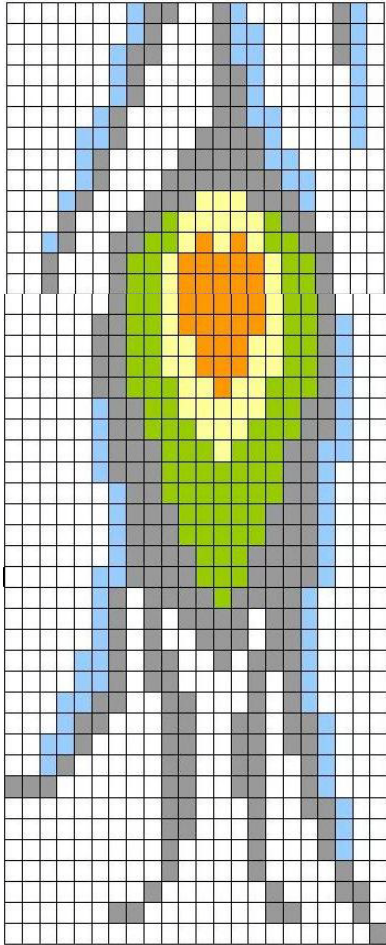


Both charts continued on following page...

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Left Leg/Armwarmer continued...



Right Leg/Armwarmer continued...

