



Basic Double Knitting Instructions

by Cassie Castillo

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Double Knitting creates a reversible fabric made up of two layers. It is thick and warm, a perfect choice for winter outerwear and blankets. It is not nearly as difficult as it appears, if you can knit and purl then you can work double knitting!

ABBREVIATIONS:

CO: cast on

k: knit

p: purl

rep: repeat

RS: right side

WS: wrong side

NOTES:

For the purpose of this tutorial, I will refer to the side made of color A as the "Right Side" and the side made of color B the "Wrong Side". Both sides look equally nice, but this seems to be the easiest terminology to use.

MATERIALS:

Two colors of yarn in the same weight, one light color (A) and one dark color (B).
Appropriate needles for the weight of the yarn

DIRECTIONS:

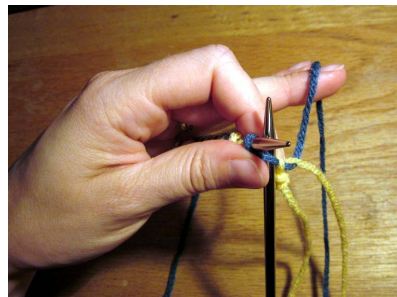
Plain Double Knitting

Using color A, CO 20 sts. For my sample in the photos, I used a knitted cast on. Long tail, tubular, and backwards loop cast ons may all be used. Experiment and see what kind of edging you like best.

Row 1 (RS): *with both yarns in back of work, k1 with color A. Bring both yarns between the needles to the front of the work and p1 with color B. Rep from * to end of row.

Row 2 (WS): The first st is to be worked with color B. *Bring up color B underneath color A, effectively twisting the yarns. This is very important, it will create the closed edge at the side of the fabric.* *With both yarns in back of work, k1 with color B. Bring both yarns between the needles to the front of the work and p1 with color A. Rep from * to end of row.

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Continue working all rows of the chart. See below for photos of the Right Side and Wrong Side after all rows of the chart are worked.



Binding Off

Simple Bind Off: Using color A, k1. *k1, pass first st on right ndl over second st. Rep from * until all sts are bound off.

K2tog Bind Off: Using color A, k2tog. *k2tog, pass first st on right ndl over second st. Rep from * until all sts are bound off.

Try both bind offs and see which one is more appealing to you. In the photo I used the Simple Bind Off.



Have fun experimenting with different stitch motifs! I hope this tutorial was helpful.

Cassie is a fashion designer living in southern California. Her designs have been published in Knitscene, Knotions and Popknits. She also self-publishes through Ravelry, Etsy and Patternfish. Along with knitting, her interests include spinning, weaving, dyeing and sewing. You can read her blog at:
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