

Regular Guy Toe Up Socks



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Gauge

9 sts per inch

Size

Sized to wearer as knit

Wool

Knitpicks Essentials is pictured, but any sock yarn to gauge will do

Sharps

2.5mm DPN or sized to achieve gauge

A word on gauge

The advantage of a toe up sock is you can try it on as you knit it. If you notice you have a lot of access on the side of the toe after the first inch or so you can adjust your gauge without knitting a whole sock. 9 sts per inch is a starting point, be sure to try on and adjust to fit.



Toe

Worked back and forth on two needles

With waste yarn CO 32 sts

Purl all first row with working yarn

R2: SI 1, K30, turn

R3: YO, P30, turn

R4: YO, K29, turn

R5: YO, P28, turn

R6: YO, K27, turn

R7: YO, P26, turn

Continue working in this manner until YO, P12, turn

You are now at the tip of the toe of the sock and will work back towards your CO sts

R1: YO, K12, K2tog, turn

R2: YO, P13, SSP, turn

R3: YO, K14, K3tog (first 2 are YO's), turn

R4: YO, P15, SSSP, turn

R5: YO, K16, K3tog, turn

Continue working one more each row until YO, K30, K3tog

SI 1, P30, SSSp

SI 1, K31

Pick up and knit 32 sts from waste yarn. Be careful to pick up first stitch.

Remove waste yarn from sts after toe has been joined in the round. If you don't pick up all 32 sts, add a stitch at the end of the row.

Knit 1 row in the round.

Begin 2x2 rib on top 32 sts.

Important: Start rib with K1, P2, K2, P2, K2. . . end with K1

This will center the rib over the top of the foot.

Proceed 2x2 rib on top half of sts and stockinet or knit all on bottom half.

Continue working in this way until you reach a length 2.5 inches short of the recipients heel.

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Heel – may be worked with wooly nylon or similar for added strength especially in 100% wool.

Worked on bottom half or stockinet sts

R1: Begin by knitting across knit sts except for the last St, turn. There will be one St unworked.

R2: YO backward, Purl to last St. Leave last St unworked.

R3: YO, Knit to the last two sts bunched together – the YO from the last row and the first K st, turn.

R4: YO backward, purl to two sts bunched together, turn.

Continue with rows 3 and 4 until there are 13 sts left between the YO rows.

YO, K13, stop – don't turn.

Second half

R1: K1 (first St of pair), K2tog (leaving a YO as the next St on needle), turn

R2: YO backward, purl to the paired sts made by YO's of previous row, purl the first St, SSP (leaving slip St as last St), turn

Tip: I slip my first two purl sts backward so they lay even with the purl as well as the last St.

R3: YO, K to paired sts, K first St, K3tog

R4: YO backward, purl to paired YO's, SSSP (slip two YO's and first St of next pair)

Repeat R3, and R4

After making last K3tog, turn the work but don't YO. Instead slip the first St purl wise and purl to the last SSSP.

Do the same when beginning the knit row. Slip the first St, Knit across.

At this point join sock back in the round and double check you have 32 sts you may need to pick up a stitch on the first round.

Drop wooly nylon if used.

Begin K2, P2 rib, but now start 2x2 rib on all sts to proceed up leg. Be careful to continue rib from top of foot.

Continue up leg in 2x2 rib until desired length is reached. I would recommend a minimum length of toe to heel, so if you fold the sock over at the heel the top of the leg should at least reach the toe if not longer.

Use EZ bind off instructions off to the left.

EZ Bind Off

The most effective and elastic bind off I have found is the Elizabeth Zimmermann sewn bind off. Search online for more comprehensive instructions if mine don't make sense.

Use a tapestry needle for sewn bind off, sew sts VERY loosely as it is easy to BO too tight.

1. Insert yarn as if to purl through first 2 sts
2. re-insert needle into 1st St as if to knit, slip first St off the knitting needle

repeat step 1 and 2 until all sts are bound off