

First Socks

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This is a good pattern for those for beginning knitters who want to be initiated into the wonders and joys of knitting socks. Knit in a chunky yarn on size 5mm needles, they don't take much time, yarn or even effort. The following pattern is for an ankle sock which can be used as a bed sock. If you want a sock with a longer leg, add one more ball of yarn – bringing the total to three.

First Socks

Yarn

2 balls Lion Brand Landscape, Weight Category # 6 -Super Bulky: Bulky, Roving Yarn 1.75 oz./50 g (55 yd/50 m) 50% wool, 50% Acrylic

Needles

Size US7/5mm or size needed to obtain correct gauge

Notions

tapestry needle

Gauge

In St st, 14 sts and 19 rows = 4"/10cm on size US7/5mm needles
To save time, take time to check your gauge.

List of Abbreviations

Sll – slip one stitch knit wise
K2tog – knit two stitches together
Ssk – slip one stitch knit wise, slip another stitch knit wise, put these back onto the left needle and knit both through the back of the loops

Seed Stitch pattern (over an even number of stitches)

Row 1: *K1, p1* to end of round

Row 2: *P1, k1* to end of round

Make two identical socks.

CUFF

Using double pointed needles, cast on 28 stitches and divide them amongst three needles:

Needle 1: 10 stitches

Needle 2: 8 stitches

Needle 3: 10 stitches

Join in the round, being careful not to twist the stitches.

Knit for two rounds.

Knit in Seed Stitch for the next three rounds. (If you want to make a longer leg, add more Seed Stitch rows.)

LEG

Switch to stockinette stitch until piece measures 2 inches/5cm from cast on.

HEEL FLAP

On the next row knit 14, getting the additional 4 stitches from needle 2. Divide remaining 14 stitches between two needles.

Needle 1: 14 stitches

Needle 2: 7 stitches

Needle 3: 7 stitches

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HEEL FLAP Continued...

Working only with Needle one – 14 stitches and knitting flat on that one needle, you will create the heel flap using the following two rows:

Row 1: (WS) *sl1, p1* to end of row, ending with a purl stitch.

Row 2: (RS) sl1 [first stitch only] and knit to end of row.

Repeat these two rows for 2 inches/5cm ending with Row 1.

TURNING THE HEEL

Using needle 1 and still knitting flat, turn the heel using the following rows:

Row 1: K7, k2tog, k1, turn. (Total stitch count: 13 stitches)

Row 2: Sl1, p1, p2tog, p1, turn. (12 sts)

Row 3: Sl1, k2, k2tog, k1, turn. (11 sts)

Row 4: Sl1, p3, p2tog, p1, turn. (10 sts)

Row 5: Sl1, k4, k2tog, k1, turn. (9 sts)

Row 6: Sl1, p5, p2tog, p1, turn. (8 sts)

Row 7: K8



MAKING THE INSTEP

Using needle 1 with the 8 heel stitches, pick up and knit 9 stitches along left side of heel flap, twisting the stitches by knitting through the back of the loop to tighten them up.

With needle 2 knit across 14 instep stitches.

Using needle 3, pick up 9 stitches along right side of heel flap, twisting the stitches by knitting through the back of the loop to tighten them up. Knit 4 stitches from the 8 heel stitches found at the end of the first needle.

Total of 40 stitches:

Needle 1: 13 stitches

Needle 2: 14 stitches

Needle 3: 13 stitches

Knit one full round.

Follow the pursuits of a
fibre artist
committed to making
clothing items from locally
sourced wool,
llama & alpaca.
Hand spun, knit & dyed in
Glen Valley, BC

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MAKING THE INSTEP Continued...

You now have a lot of stitches on your needles and have to decrease along each side to create the bend for the foot. The following creates the decrease pattern for the instep:

Needle 1: knit to last 2 stitches, k2tog (decreasing one stitch)

Needle 2: knit across all 14 stitches

Needle 3: Ssk, knit to end (decreasing one stitch)

Repeat this round 6 times until there are 7 stitches each on needles 1 and 3.

Needle 1: 7 stitches

Needle 2: 14 stitches

Needle 3: 7 stitches

Knit in the round for 4 ½ inches/11.5cm.

TOE

To shape the toe, you will do a decrease round similar to the instep decreases, but involving needle 2 this time. The following creates the decrease pattern for the toe:

Needle 1: knit to last 2 stitches, k2tog (decreasing one stitch)

Needle 2: Ssk, knit to last 2 stitches, k2tog (decreasing two stitches)

Needle 3: Ssk, knit to end (decreasing one stitch)

Repeat this round 4 times until there are 12 stitches in total.

Needle 1: 3 stitches

Needle 2: 6 stitches

Needle 3: 3 stitches



Using needle 3, knit 3 stitches from needle 1 onto it, allowing for two needles with 6 stitches each.

Graft these stitches together using Kitchener stitch.

Weave in ends and gently block.

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