

Continental Cowl

by Marleen van der Vorst for

> <u>Dutch</u> <u>Knitting</u> Design

SIZE:

10.2 inch x 10.2 inch 26 cm x 26 cm



I wanted to learn how to knit continental style. This cowl was the perfect learning project. It's a fast and fun knit, make one for every loved one to keep them warm!!!

MATERIALS

Yarn: 2 balls of aran weight yarn (approx. 152 yards /139 meters).

The model is shown in Canada from Lammy Yarns [60% acrylic, 40% wool; 93 yards/85 meters per 50 gram ball].

Needles: 1 set US 8 / 5 mm double pointed or circular (of length 16 in) or other size to

obtain gauge.

1 tapestry needle. Stitch marker.

ABBREVIATIONS

k: knit p: purl

rnd: round(s)
sts: stitch(es)



17 sts / 22 rows = 4 inch / 10 cm in stockinette stitch using US 8 / 5 mm needles

KNITTING INSTRUCTIONS

Cast on 90 sts and join, place marker.

Round 1: k across Round 2: p across

Repeat rounds 1 and 2 2 more times

Round 7-14: k across Round 15: p across Round 16-19: k across

Repeat rows 15-19 1 more times

Round 25: p across Round 26-33: k across Round 34: p across Round 35: k across Round 36: p across

Rounds 37-44: k across Round 45: p across

Rounds 46-49: k across

Repeat rounds 45-49 1 more time

Round 55: p across Rounds 56-63: k across Round 64: p across Round 65: k across

Repeat rounds 64-65 1 more time

Round 68: p across

Round 69: bind off stitches knit wise

FINISHING

• Weave in all ends.

CUSTOMIZE YOUR COWL

The Continental cowl is quit narrow/snug if you would like your cowl wider, you can adjust your cast on by increasing with 5-10 stitches, that will make the cowl between 2-4 inches / 5-10 cm wider

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