

Freezing Fingers Warm Wrists

by [DutchAstrid](#)

Yarns suggested	Noro Kureyon Sock <i>A cheaper option is Drops Delight (I used some Noro leftovers from my scarf)</i>
Yarn weight	Fingering / 4 ply (14 wpi) <i>Like sock yarn</i>
Gauge	14 stitches and 22 rows = 2 inches in stockinette stitch
Needle size	US 1½ - 2.5 mm
Yardage	138 - 139 yards (126 - 127 m)
Sizes available	small



Stitch Guide

Cable Cast on

Make a slip-knot and slide the loop on your needle. Pretend to knit into the stitch, but don't insert the needle into the stitch, insert it just behind it. Make a stitch and place it in front of the first stitch on the left-hand(LH) needle. To make the next stitch, insert the needle between the two stitches, knit and place the third loop on the LH-needle. Continue in this fashion.

You can also surf to Knitty.com for a full explanation on all sorts of cast-ons:
<http://knitty.com/ISSUESummer05/FEATsum05TT.html>

Knit in the round

After you've cast on all your stitches, you don't turn your work and knit back. You to knit into the first stitch (the slip-knot-stitch), making sure your stitches are straight on the needle, and continue to knit on.

Have you never knit in the round before? Have no fear, because So Crafty has an excellent and extensive explanation on circular knitting by MerryM. Just surf to: <http://www.squidoo.com/circularknitting>

2x2 Rib

All rounds: *Knit 2, purl 2,* repeat from * to * until the end of the round.

Standard Bind off

Knit two stitches. *Pull the first stitch on the right-hand(RH) needle over the second knitted stitch and off the needle.* Knit another stitch and repeat from * to * until the end of the round.

Pick-up & Knit -pu&k-

Where you want to start knitting, pick up a loop and knit into it. If you need more information on this technique, go and visit Kathy's super tutorial at http://www.grumperina.com/knitblog/archives/2005/10/theres_the_easy.htm

How to make them

Cast on 56 sts with cable cast on, place a marker, and join to knit in the round without twisting. Knit 4"(10 cm) in stockinette stitch. Add a garter stitch round (*purl a round to make a bumpy ridge*) every now and then to your liking.

Knit the next 20 rows flat (*stop knitting in the round*) in stockinette to make room for your thumb. Slip every first stitch of a row knit-wise to get a nice edge around your thumb and to help you pick up stitches later on.

Continue to knit in the round again and keep knitting until the work reaches just over your knuckles. For me that was just 3/4 of an inch (1,8 cm.).

Start knitting a 2x2 rib and knit until you reach the first joint of your finger. Bind off using standard bind off.

Optional: a warm thumb base.

Starting at the wrist-side centre:
pu&k 8 sts on first double-pointed needle(dpn);
pu&k 11 sts on second dpn (5 left, 1 centre, 5 right);
pu&k 9 sts on the third dpn.

- 1: Knit 1 round.
 - 2: K10, k2tog, k3, ssk, k11 (26 sts).
 - 3: Knit 1 round.
 - 4: K9, k2tog, k3, ssk, k10 (24 sts).
- Continue to knit until you reach your desired length.



Bind off loosely and weave in ends
Done!

One last note

To get the colour effect, you need to knit from both ends of the skein, otherwise you'll end up with two identical mittens or two mittens with totally different colours! **There are a lot of colours in one skein of Kureyon, so check carefully!**

These were knitted at the same time on one circular needle, but you can just as easily knit them one at a time on circulars or double pointed needles.

