ELLEN SUSANNE DESIGNS

Safe Harbor Wrap

Safe Harbor Wrap
by Ellen Susanne

Materials
Needles: US 19/15 mm
Yarn: 341 yds/312 meters of super bulky, such as Classic Elite Aspen, Cascade Magnum
Cable Needle (or US17/12.75mm DPN)
Crochet hook (to weave in ends)
Two Buttons (and needle and thread to attach): 2.5" and 1.75" suggested

Gauge
3 stitches and 3 rows of cable pattern per 1"; although gauge is less important on this project

Finished Dimensions
12" x 46" (measure before washing then block to size as it will stretch when wet)

(Note creation of button shank)

A simple, quick, and versatile wrap/shawl to give that toasty, warm, and safe feeling. The button placement makes it wearable in a couple of different positions—one of which will work under a jacket (important in Iowa!). This wrap is knit back and forth on single point straight needles or on a 24" circular needle using a repetitive wave-like pattern that easily can be memorized. The cable pattern is bordered on either side by a 3-row seed stitch pattern that prevents curling and keeps the finished wrap flat.

Notes on Technique

CF6 (cable forward 6): Slip next 3 sts to cable needle (or spare dpn) and hold to front of work; k3, k3 from cable needle.

CB6 (cable back 6): Slip next 3 sts to cable needle (or spare dpn) and hold to back of work; k3, k3 from cable needle.

SEED STITCH

A seed stitch border runs along both sides of the wrap; note that with all right side (knit) rows the first border is k, p, k and the final border of the row is p, k, p. Inversely, on wrong side (purl) rows the first border is p, k, p and the final border is k, p, k.

REPEATS

Instructions ask for three full repeats of the cb6-4-row sequence at the beginning of the wrap and slightly less than three full repeats of the cf6 sequence at the end of the wrap with only 2 repeats at a time throughout the rest of the body. Additionally, every other cable row also includes the addition of a k3 at the beginning and end of the cable row.

BUTTON SHANK

The creation of a button shank (sewing two buttons together) not only helps to retain the integrity of the fabric behind the button, but also makes it easy to remove the button when washing the wrap.

Instructions

Cast on 36 stitches.

Set-up rows *(two rows of seed stitch to provide structure and strength at the edge of the wrap)*

Row 1:   *k1, p1 (repeat from * to end of row)
Row 2:   *p1, k1 (repeat from * to end of row)

Pattern rows *(odd-numbered rows comprise the right side of the wrap)*

Row 3:   k, p, k, k3, ***cb6***, repeat from * four times to last 6 stitches, k3, p, k, p
Row 4:   p, k, p, purl to last 3 stitches, k, p, k
Row 5:   k, p, k, knit to last 3 stitches, p, k, p
Row 6:   p, k, p, purl to last 3 stitches, k, p, k

Row 7:   k, p, k, ***cb6***, repeat from * five times to last 3 stitches, p, k, p
Row 8:   p, k, p, purl to last 3 stitches, k, p, k
Row 9:   k, p, k, knit to last 3 stitches, p, k, p
Row 10:   p, k, p, purl to last 3 stitches, k, p, k
Row 11:   k, p, k, k3, ***cb6***, repeat from * four times to last 6 stitches, k3, p, k, p
Row 12:   p, k, p, purl to last 3 stitches, k, p, k
Row 13:   k, p, k, knit to last 3 stitches, p, k, p
Row 14:   p, k, p, purl to last 3 stitches, k, p, k
Row 15:   k, p, k, ***cf6***, repeat from * five times to last 3 stitches, p, k, p
Row 16:   p, k, p, purl to last 3 stitches, k, p, k
Row 17:   k, p, k, knit to last 3 stitches, p, k, p
Row 18:   p, k, p, purl to last 3 stitches, k, p, k
Row 19:   k, p, k, k3, ***cf6***, repeat from * four times to last 6 stitches, k3, p, k, p
Row 20:   p, k, p, purl to last 3 stitches, k, p, k
Row 21:   k, p, k, knit to last 3 stitches, p, k, p
Row 22:   p, k, p, purl to last 3 stitches, k, p, k

Repeat Rows 7-22 five (5) more times *(= Rows 23-102)*

Row 103:   k, p, k, ***cb6***, repeat from * five times to last 3 stitches, p, k, p
Row 104:   p, k, p, purl to last 3 stitches, k, p, k
Row 105:   k, p, k, knit to last 3 stitches, p, k, p
Row 106:   p, k, p, purl to last 3 stitches, k, p, k
Row 107:   k, p, k, k3, ***cb6***, repeat from * four times to last 6 stitches, k3, p, k, p
Row 108:   (***buttonhole row***) p, k, p, bind off 3 stitches, purl 27, k, p, k
Row 109:   k, p, k, k27, 3 backwards loop cast on, p, k, p
Row 110:   p, k, p, purl to last 3 stitches, k, p, k
Row 111:   k, p, k, ***cf6***, repeat from * five times to last 3 stitches, p, k, p
Row 112:   p, k, p, purl to last 3 stitches, k, p, k
Row 113:   k, p, k, knit to last 3 stitches, p, k, p
Row 114:   p, k, p, purl to last 3 stitches, k, p, k
Row 115:   k, p, k, k3, ***cf6***, repeat from * four times to last 6 stitches, k3, p, k, p
Row 116:   p, k, p, purl to last 3 stitches, k, p, k
Row 117:   k, p, k, knit to last 3 stitches, p, k, p
Row 118:   p, k, p, purl to last 3 stitches, k, p, k

Final Edge Rows *(one more cable and two rows seed stitch to provide structure and strength at the edge of the wrap)*

Row 123:   k, p, k, ***cf6***, repeat from * five times to last 3 stitches, p, k, p
Row 124:   *p, k (repeat to end of row)
Row 125:   Bind off in seed stitch, beginning with knit.

Weave in ends, sew buttons to each other (back to back) leaving a finger's width space between them then slide the smaller of the two through the weave of the wrap to attach. Reinforce button hole if necessary.