



a yarnful life



The Forbidden Forest Cowl

By Emily Violet, A Yarnful Life



… **Materials** …

Yarn: Any worsted weight yarn (I used Caron Simply Soft in colorway Pine, 100% acrylic, 330 yards)

Needles: size 7 US, straight or circular needles will do as this cowl is knit flat

Other: tapestry needle (for weaving in the ends and seaming), size 7 cable needle or DPN

… **Notes** …

The Forbidden Forest cowl is knit flat and the ends are seamed together. You should be familiar with cabling and knitting knit and purl stitches. There is no gauge provided for this pattern.



… **Pattern Stitch Dictionary** …

K: Knit

P: purl

CN: cable needle

CO: cast on

BO: Bind off

Sts: stitches

… **Gauge** …

In this pattern gauge isn't a crucial factor. For that reason, I did not provide you with a tension objective. On a happier note: go knit your cowl! No need to spend your precious time knitting up a boring old swatch. Cast on for this project and GO!

… Pattern …

CO 50 stitches

Row 1: K5, P3, K8, P3, K12, P3, K8, P3, K5

Row 2: P5, K3, P8, K3, P12, K3, P8, K3, P5

Row 3: same as Row 1

Row 4: same as Row 2

Row 5: K5 P3, K8, P3, slip 3 sts onto CN and hold to back, K3, K3 from CN, slip 3 sts onto CN and hold to front, K3, K3 from CN P3, K8, P3, K5

Row 6: same as Row 2

Row 7: K5, P3, slip 4 sts onto CN and hold to front, K4, K4 from CN, P3, K12, P3, slip 4 sts onto CN and hold to front, K4, K4 from CN, P3, K5

Row 8: same as Row 2

Repeat rounds 1-8 until your cowl is as long as you'd like. BO and leave a long tail for sewing the two ends of your cowl together.

Finishing: Weave in the ends, block if desired. Using your preferred method of sewing, carefully seam the two ends of your cowl together. Weave in any extra ends and ENJOY!



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