# Alisha Mitts

# Erin Birnel



## Materials:

- 110 125 yards worsted weight yarn Samples shown in: Cascade 220 Superwash (Tangerine, #9444), Spud & Chloe Sweater (Lake, #7504), Cascade 220 (Blue Topaz, 8906)
- Size 7 needles (long enough for magic loop or dpns)
- Cable needle
- Stitch markers
- Scrap yarn
- 8 5/8" buttons

Gauge: 5 sts/inch in stockinette stitch

Notes and modifications: These mitts use one needle size throughout, if you prefer tighter ribbing I suggest you go down a needle size. Consensus among the hand models\* is that the Cascade 220 Superwash mitts are the most fitted, followed by the Cascade 220 and the Spud & Chloe Sweater. This pattern will fit a variety of hand sizes depending on the chosen yarn.

#### Abbreviations:

K- knit

P - purl

 $2/I\ \bar{F}\mathrm{C}$  – slip two stitches to cable needle and hold in front, purl 1, knit 2 stitches from cable needle

 $_{\rm I/2BC}$  – slip one stitch to cable needle and hold in back, k2, purl 1 stitch from cable needle  $_{\rm 2/2FC}$  – slip two stitches to cable needle and hold in front, k2, knit 2 stitches from cable needle

 $2/2\mathrm{BC}$  – slip two stitches to cable needle and hold in back, k2, knit 2 stitches from cable needle

 $M_{\rm I}$  (make I) – Using the left hand needle, pick up the bar in-between the stitches from front to back and knit it through the back loop.

PM - place marker

SM - slip marker



#### Pattern:

### Left Mitt

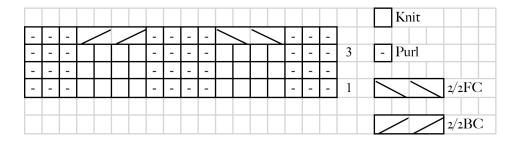
Cast on 44 stitches and join to work in the round, making sure not to twist. Work in knit 2, purl 2 ribbing for 12 rounds.

Set-up round: K2, p2, 2/1FC, 1/2BC, p2, 2/1FC, 1/2BC, p2, k2, p2, k20.

Rounds 1-3: K2, p3, k4, p4, k4, p3, k2, p2, k20.

Round 4: K2, p3, 2/2FC, p4, 2/2BC, p3, k2, p2, k20.

Repeat these four rounds three times (12 rows total).



## Begin thumb gusset:

Round 1: Pm, M1, pm, continue in pattern as established.

Round 2: Sm, ki, sm, continue in pattern as established. From this point on you will slip all markers as you come to them. All increases should be made *inside* the markers to form the gusset.

Round 3: MI, kI, mI, continue in pattern as established.

Round 4: K3, continue in pattern as established.

Repeat rounds three and four, increasing stitches on every other row until you have 15 stitches in the gusset. Knit across the 15 gusset stitches and place them on waste yarn. Continue in established pattern until 1" from desired length, ending after round 4. The mitts pictured have eight total repeats of the cable pattern.

Ribbing set-up round: K2, p2, I/2BC, 2/IFC, p2, I/2BC, 2/IFC, p2, continue in k2, p2 ribbing to end of round.

Work 6 rounds of k2, p2 ribbing. Bind off in pattern.

Thumb: Place held stitches on needle and pickup one stitch from body of mitt. Work in k2, p2 ribbing for 4 rounds. Bind off in pattern.

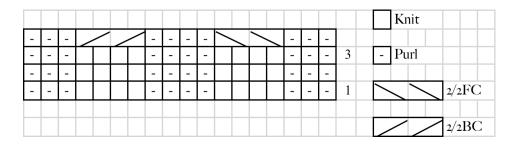
# Right Mitt

Work as left mitt until the set-up round.

Set-up round: K2, p2, 2/1FC, 1/2BC, p2, 2/1FC, 1/2BC, p2, k22, p2.

Rounds 1-3: K2, p3, k4, p4, k4, p3, k22, p2. Rounds 4: K2, p3, 2/2FC, p4, 2/2BC, p3, k22, p2.

Repeat these 4 rounds three times (12 rows total).



## Begin thumb gusset:

Round 1: Work 22 stitches in pattern, pm, m1, pm, k20, p2.

Round 2: Work 22 stitches in pattern, sm, k1, sm, k20, p2. From this point on you will slip all markers as you come to them. All increases should be made *inside* the markers to form the gusset.

Round 3: Work 22 stitches in pattern, mi, ki, mi, k20, p2.

Round 4: Work 22 stitches in pattern, k23, p2.

Continue working gusset and hand as for the left mitt.

Ribbing set-up round: K2, p2, I/2BC, 2/IFC, p2, I/2BC, 2/IFC, p2, continue in k2, p2 ribbing to end of round.

Work 6 rounds of k2, p2 ribbing. Bind off in pattern.

Thumb: Place held stitches on needle and pickup one stitch from body of mitt. Work in k2, p2 ribbing for 4 rounds. Bind off in pattern.

\*A special thank you to my hand models Meagan, Amy, and Debbie and my excellent photographer, Jessica. You guys rock!