



Quicky Cowl by Erin Cowling  
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This super warm cowl knits up quickly, using worsted weight yarn.

Materials:

1 skein (ok, more like 3/4s of a skein) Angel's Kiss Alpaca Yarn Worsted Alpaca Merino  
(220 yds per skein)

US size 7 (4.5mm) needles (straight or circular, your preference)

Tapestry needle

Scrap yarn

Instructions:

WS Row (same for ALL wrong side rows): knit 4, purl 32, knit 4. (ONLY RS rows are charted, make sure to do a WS row between every charted row and at end (16 rows total)).

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Chart Key:

[ ]	knit
[ o ]	yarn over
[ \ ]	ssk
[ / ]	k2tog

[ T T T T | | | | ]      8 st cable front - slip 4 stitches to cable needle,  
hold to front, knit 4 from left needle, k4 from CN

[ | | | | | T T T T ]      8 st cable back - slip 4 stitches to cable needle,  
hold to back, knit 4 from left needle, k4 from CN

Remove provisional cast on and place 40 live stitches onto other needle. Hold wrongsides together, cut a long length of yarn from ball and feed onto tapestry needle. Graft the two sides together.

HOWEVER: these instructions are for a stockinette to stockinette graft. If you want it to look completely seamless you should follow the directions for grafting garter to garter on the first and last four stitches as found in Ysolda's Urchin pattern:  
<http://knitty.com/ISSUEfall07/PATTurchin.html> switching to stockinette grafting for the middle 32 stitches.

Weave in ends.