

Snow Trails Ear Warmers

I reverse engineered the pattern for these warm ear warmers from one that was knit probably back in the 1980's.

They're typically worn over the berets worn by Post members heading out on Snow Trails adventures in lieu of a larger wool hat but they're equally functional worn

simply as a headband. I'm told Mrs. Wildman, the wife of the late Mr. Wildman, former Canoe Trails leader, would crank out these practical ear warmers during Post meetings.

The two strands of yarn held together make these ear warmers super warm and durable, and the slipped stitches along with the pattern increases and decreases create a sort of cup that envelopes the ear instead of sitting right against it.

Size

23" circumference unstretched

Materials

- 1 90-100 yards Worsted Weight Wool (I used Cascade 220 and Plymouth Galway with comparable results)
- 2 Size US 9 needes

Notes

Hold two strands of yarn together throughout.

k1, p1 rib:

Right side: sl1, *k1, p1*, repeat between * until two stitches remain, k2.

Wrong side: sl1, *p1, k1*, repeat between * until two stitches remain, p2.

cdd:

centered double decrease. sl2 tog, K1, pass the slipped stitches over (together)

m1f:

make one front, or make one left. From the front, lift loop between stitches with left needle, knit into back of loop.

Ear Warmers

With two strands of yarn held together, cast on 11 stitches.

Work k1, p1 rib pattern for two inches, ending with right side row.

Begin increases:

You will be increasing two stitches every wrong side row to produce the ear cover.

On wrong side: sl1, p1, knit into the back and front of next stitch, m1f, *p1, k1*, repeat between * until last two stitches, p2.

On right side: sl1, *k1, p1*, repeat between * until last two stitches, k2.

Repeat previous two rows five more times until there are 23 stitches on the needle.

Work k1, p1 rib pattern 7 times, ending with right side row.

Begin decreases:

You will be decreasing two stitches every wrong side row.

On wrong side, sl1, p1, move the working yarn to the back and cdd, *p1, k1*, repeat between * until last two stitches, p2.

On right side: sl1, *k1, p1*, repeat between * until last two stitches, k2.

Repeat previous two rows five more times until there are 11 stitches on the needle.

Work k1, p1 rib pattern for 7 inches. This is where you could increase or decrease the length to fit a larger or smaller head.

Repeat increases and decreases to form second ear cover.

Work k1, p1 rib pattern for 2 inches.

Bind off, sew back seam together.

