



Dorothy Marie's Mittens and Scarf

Designer:
Juliann M. Ashley

Skill level: Intermediate

Aha moments:
+ using the e-wrap cast-on: when and why
+ how to p2tog tbl without spraining your wrist

Finished size:

Mittens easily fit a size small-medium hand; to size up, just go up a needle size.

Scarf: 5" wide by 60" long after blocking.

Yarn:

Fingering weight (superfine/weight 1):

573 yards for set: approx. 382 yards for scarf, 191 yards for mittens. Shown in Shibui Sock (100% superwash merino; 50 g = approx. 191 yards) in color 360 Periwinkle. We've also tested this pattern in Cascade Heritage Sock (75% superwash merino/25% nylon; 100 g = approx. 437 yards) and Isager 2 (50% alpaca/50% wool; 50 g = approx. 275 yards). Also try the scarf with a fingering-weight silk yarn, such as Handmaiden Sea Silk.

Optional:

Beads for mittens: approx. 108 size 8/0 glass, shown in Miyuki Lilac Ceylon #538

Beads for scarf: approx. 384 size 6/0 glass, shown in Miyuki Lilac Ceylon #538

Needles:

Mittens: U.S. 1 and U.S. 2 dpns or two circulars

Scarf: U.S. 4

Notions:

cable needle

stitch markers

stitch holder (mittens)

tapestry needle

optional: .75 mm crochet hook for attaching beads (1.00 mm hook will work for scarf beads)

Gauge:

Mittens: 32 sts and 48 rows = 4" in stockinette stitch; 1 lace repeat = 1 1/8" across

Scarf: 24 sts and 34 rows = 4" in 2/2 ribbing pattern; 1 lace repeat = 2 1/4" across

The Road Ahead

When Julie showed us these mittens, we were all smitten. Her mother, Dorothy Marie, had made the original version more than sixty years ago. Though the mittens look tiny when they're off your hand, they fit comfortably. Here's why: Dorothy Marie's mittens have not only the usual thumb gusset but a second gusset where the thumb meets the body of the mitten, called the thumb-join gusset. There's a difference between the right mitten and left mitten, so you'll find directions for both. The design makes a modern fashion statement by looking snug while showing off the delicate lace-and-cable work. Julie added beads to track the path of the lace stitches. Then she took her mother's design one step further and adapted it to create the beaded lace-and-cable scarf. Worn as a set or independently, these accessories add a touch of easy elegance.

Since directions for every round and row are written out, any intermediate knitter can make these mittens and scarf. Really -- read ahead and see for yourself.

Mittens

Knit notes:

Cable Twist:

sl 2 sts to cable needle and hold in front, k2, k2 from cable needle.

Lace & Cable panel stitch pattern:

Row 1: p2, k4, p2, (k1, yo) 6 times, k1, p2, k4, p2.

Row 2: p2, k4, p2, SKP, k9, k2tog, p2, k4, p2.

Row 3: p2, k4, p2, SKP, k7, k2tog, p2, k4, p2.

Row 4: p2, k4, p2, SKP, k5, k2tog, p2, k4, p2.

Row 5: p2, Cable Twist, p2, k7, p2, Cable Twist, p2.

Placing beads:

Note: a video on how to add beads using a tiny crochet hook can be found in the Visual Glossary section of the Aha Moment Knits website.

Beading body of mittens: If you want to add beads as shown in photos, use the following instructions for Pattern Row 4: p2, k4, p2, SKP, place bead, k1, place bead, k1, place bead, k2tog, p2, k4, p2.

Beading top shaping of mittens:

Pattern Row 4: ssk, k4, p2, SKP, place bead, k1, place bead, k1, place bead, k2tog, p2, k4, k2tog.

Pattern Row 9: ssk, p1, SKP, place bead, k1, place bead, k1, place bead, k2tog, p1, k2tog.

Let's Get Started

Right Mitten

With larger needles, CO 56 sts and

for dpns: divide onto 3 needles: 20 sts each on first and second needles and 16 sts on third needle;

for two circs: divide sts, 28 sts on each needle.

Join in the round, being careful not to twist your work.

Rnd 1: knit

Rnd 2: purl

Rnd 3: purl

Rnd 4: knit.

Change to smaller needles.

Rnd 5: k2, p2 ribbing for 2 1/2".

Begin Lace and Cable stitch pattern and thumb gusset:

For dpns: sl 3 sts from second needle to first needle -- there are now 23 sts on first needle, 17 sts on second needle, and 16 sts on third needle.

For two circs: sl 5 sts from front needle to back needle -- there are 23 sts on front needle and 33 sts on back needle.

Note: thumb gusset increases are in **bold-face** type.

Set-up rnds:

Rnd 1: Row 1 of Lace & Cable panel for back of hand, k3, pm, **yo, k1, yo** for thumb gusset, pm, k to end of rnd for palm.

Rnd 2: Row 2 of Lace & Cable panel, k to end of rnd.

Rnd 3: Row 3 of Lace & Cable panel, k to end of rnd.

Rnd 4: Row 4 of Lace & Cable panel, k3, pm, **yo, k3, yo**, pm, k to end of rnd.

Rnd 5: Row 5 of Lace & Cable panel, k 5.

Note: from this point, Row directions refer to Lace & Cable panel pattern Rows 1-5 and spell out thumb increase instructions worked between markers.

Rnd 6: work pattern Row 1, k3, sm, k5, sm, k to end of rnd = 29 sts on needles.

Rnd 7: work pattern Row 2, k3, sm, **yo, k5, yo**, sm, k to end of rnd.

Rnd 8: work pattern Row 3, k3, sm, k7 to next m, sm, k to end of rnd.

Rnd 9: work pattern Row 4, k3, sm, k7, sm, k to end of rnd.

Rnd 10: work pattern Row 5, k3, sm, **yo, k7, yo**, sm, k to end of rnd.

Rnd 11: work pattern Row 1, k3, sm, k9, sm, k to end of rnd.

Rnd 12: work pattern Row 2, k3, sm, k9, sm, k to end of rnd.

Rnd 13: work pattern Row 3, k3, sm, **yo, k9, yo**, sm, k to end of rnd.

Rnd 14: work pattern Row 4, k3, sm, k11, sm, k to end of rnd.

Rnd 15: work pattern Row 5, k3, sm, k11, sm, k to end of rnd.

Rnd 16: work pattern Row 1, k3, sm, **yo, k11, yo**, sm, k to end of rnd.

Rnd 17: work pattern Row 2, k3, sm, k13, sm, k to end of rnd.

Rnd 18: work pattern Row 3, k3, sm, k13, sm, k to end of rnd.

Rnd 19: work pattern Row 4, k3, sm, **yo, k13, yo**, sm, k to end of rnd.

Rnd 20: work pattern Row 5, k3, sm, k15, sm, k to end of rnd.

Rnd 21: work pattern Row 1, k3, sm, k15, sm, k to end of rnd.

Rnd 22: work pattern Row 2, k3, sm, **yo, k15, yo**, sm, k to end of rnd.

Rnd 23: work pattern Row 3, k3, sm, k17, sm, k to end of rnd.

Rnd 24: work pattern Row 4, k3, sm, k17, sm, k to end of rnd.

Rnd 25: work pattern Row 5, k3, sm, **yo, k17, yo**, sm, k to end of rnd.

Rnd 26: work pattern Row 1, k3, sm, k19, sm, k to end of rnd.

Rnd 27: work pattern Row 2, k3, sm, k19, sm, k to end of rnd.

Rnd 28: work pattern Row 3, k3, sm, **yo, k19, yo**, sm, k to end of rnd.

Rnd 29: work pattern Row 4, k3, sm, k21, sm, k to end of rnd.

Rnd 30: work pattern Row 5, k3, sm, k21, sm, k to end of rnd.

Rnd 31: work pattern Row 1, k3, sm, **yo, k21, yo**, sm, k to end of rnd.

Rnd 32: work pattern Row 2, k3, sm, k23, sm, k to end of rnd.

Rnd 33: work pattern Row 3, k3, sm, k23, sm, k to end of rnd.

Rnd 34: work pattern Row 4, k3, sm, k23, sm, k to end of rnd.

The next rnd moves the markers into place for the second gusset, the thumb-join gusset, and puts thumb sts on hold:

Rnd 35: work pattern Row 5, k2, pm, k1, **sl 23 thumb sts to holder, CO 9 sts using e-wrap technique**, pm, k to end of rnd = 64 sts on needles.

Aha moment: when and why to use the e-wrap cast-on.

I'm not really fond of the e-wrap CO because it offers the least stability. But you know the cliché about "the exception proves the rule"? For these mittens, the e-wrap CO works best for the thumb-join gusset. Since there's only one set of yarn loops, it gives a smooth transition when you pick up sts for the thumb. That smoothness translates into comfortable wear for the lucky recipients of these mittens.

Right mitten thumb join gusset:

Rnd 36: work pattern Row 1, k2, sm, k9, sm, k to end of rnd.

Rnd 37: work pattern Row 2, k2, sm, ssk, k6, k2tog, sm, k to end of rnd.

Rnd 38: work pattern Row 3, k2, sm, k8, sm, k to end of rnd.

Rnd 39: work pattern Row 4, k2, sm, ssk, k4, k2tog, sm, k to end of rnd.

Rnd 40: work pattern Row 5, k2, sm, k6, sm, k to end of rnd.

Rnd 41: work pattern Row 1, k2, sm, ssk, k2, k2tog, sm, k to end of rnd.

Rnd 42: work pattern Row 2, k2, sm, k4, sm, k to end of rnd.

Rnd 43: work pattern Row 3, k2, sm, ssk, k2tog, sm, k to end of rnd.
Rnd 44: work pattern Row 4, k2, remove markers,, k to end of rnd.
Rnd 45: work pattern Row 5, k to end of rnd = 56 sts on needles, the same number you began with when you CO at the wrist.

**Mitten body between gussets and decreasing for top:
Pattern Row 1 for back of mitten, k 33 sts for palm.
Pattern Row 2 for back, k 33 sts for palm.
Pattern Row 3 for back, k 33 sts for palm.
Pattern Row 4 for back, k 33 sts for palm.
Pattern Row 5 for back, k 33 sts for palm.

Keep track of the number of rounds worked so that you can knit the left mitten to the same length. Knit 9" or to desired length. End mitten body by knitting to the last 3 sts of a Rnd 5 rpt.

Shaping top of mitten:

On last rnd, you knit to the last 3 sts. Now, to set up for shaping:

For dpns: sl these 3 sts from the third needle onto the first needle, then slip the 3 sts at the beg of the second needle onto the first needle as well. There are now 29 sts on first needle, 14 sts on second needle and 13 sts on third needle.

For two circs: sl 3 sts from each end of back needle onto front needle. The front needle now holds 29 sts and the back needle holds 27 sts.

Begin top shaping:

Rnd 1: ssk, k1, p2, k4, p2, (k1, yo) 6 times, k1, p2, k4, p2, k1, k2tog, ssk, k23, k2tog.

Rnd 2: ssk, p2, k4, p2, SKP, k9, k2tog, p2, k4, p2, k2tog, ssk, k21, k2tog.

Rnd 3: ssk, p1, k4, p2, SKP, k7, k2tog, p2, k4, p2, k2tog, ssk, k19, k2tog.

Rnd 4: ssk, k4, p2, SKP, k5, k2tog, p2, k4, p1, k2tog, ssk, k17, k2tog.

Rnd 5: ssk, k3, p2, k7, p2, k3, k2tog, ssk, k15, k2tog.

Rnd 6: ssk, k2, p2, (k1, yo) 6 times, k1, p2, k2, k2tog, ssk, k13, k2tog.

Rnd 7: ssk, k1, p2, SKP, k9, k2tog, p2, k1, k2tog, ssk, k11, k2tog.

Rnd 8: ssk, p2, SKP, k7, k2tog, p2, k2tog, ssk, k9, k2tog.

Rnd 9: ssk, p1, SKP, k5, k2tog, p1, k2tog, ssk, k7, k2tog.

Rnd 10: ssk, k7, k2tog, ssk, k5, k2tog.

Rnd 11: ssk, k5, k2tog, ssk, k3, k2tog.

Rnd 12: ssk, k3, k2tog, k to end of rnd.

Break yarn, thread tapestry needle and draw through remaining 5 sts, fasten off.

Thumb and thumb-join gusset

Sl 23 sts from holder onto needle, pick up 1 st before the e-wrap CO sts, 9 sts from the base of the 9 e-wrap CO sts, and 1 st after the 9 CO sts = 34 sts on needles.

For dpns: divide sts first needle 11 / second needle 11 / third needle 12.

For two circs: 11 picked-up sts are on front needle and 23 thumb sts on back needle is.

Rnd 1: after 11 pick-up and knit sts, k rem 23 thumb sts.

Rnd 1: k 10, pm, k to end of rnd.

Thumb-join gusset decreases

Rnd 1: ssk, k6, k2tog, sm, k to end of rnd.

Rnd 2: k8, sm, k to end of rnd.

Rnd 3: ssk, k4, k2tog, sm, k to end of rnd.

Rnd 4: k6, sm, k to end of rnd.

Rnd 5: ssk, k2, k2tog, sm, k to end of rnd.

Rnd 6: k4, sm, k to end of rnd.

Rnd 7: ssk, k2tog, k to end of rnd.

You now have 26 sts rem. Divide evenly on needles, removing marker.
Work plain for 2" or desired length from picked-up row. There will be more decrease rows -- allow for them when measuring desired length. Again, keep count of the rnds you knit here so that you will be able to match the left-hand thumb.

Decrease rnds:

Rnd 1: k2tog, k7, pm, k2tog, k6, pm, k2tog, k7.

Rnd 2: k2tog, k6, sm, k2tog, k5, sm, k2tog, k6.

Rnd 3: k2tog, k5, sm, ktog, k4, sm, k2tog, k5.

Rnd 4: k2tog, k4 sm, k2tog, k3 sm, k2tog, k4.

Rnd 5: k2tog, k3, sm, k2tog, k2, sm, k2tog, k3.

Rnd 6: k2tog, k2, sm, k2tog, k1, sm, k2tog, k2.

Rnd 7: removing markers, k2tog, k2, k2tog, k1.

= 5 sts rem. Cut yarn, leaving enough of a tail to thread tapestry needle and in turn thread needle through rem sts. Pull tight. Weave in ends.**

Right mitten completed.

Left mitten

Needle set-up is the same as right mitten from the beginning through the cuff. But to make sure you don't make two right-hand mittens, as Julie did first time around, here's row-by-row instructions for the left mitten.

You'll be working the pattern rows and yo increase rnds the same as the right mitten, but the stitch markers will be in different places. Thumb increases are once again noted in **bold**.

Rnd 1: work pattern Row 1 (23 sts), k29, **pm, yo, k1, yo, pm**, k3.

Rnd 2: work pattern Row 2, k29, sm, k3, sm, k3.

Rnd 3: work pattern Row 3, k29, sm, k3, sm, k3.

Rnd 4: work pattern Row 4, k29, sm, **yo, k3, yo**, sm, k3.

Rnd 5: work pattern Row 5, k29, sm, k5, sm, k3.

Rnd 6: work pattern Row 1, k29, sm, k5, sm, k3.

Rnd 7: work pattern Row 2, k29, sm, **yo, k5, yo**, sm, k3.

Rnd 8: work pattern Row 3, k29, sm, k7, sm, k3.

Rnd 9: work pattern Row 4, k29, sm, k7, sm, k3.

Rnd 10: work pattern Row 5, k29, sm, **yo, k7, yo**, sm, k3.

Rnd 11: work pattern Row 1, k29, sm, k9, sm, k3.

Rnd 12: work pattern Row 2, k29, sm, k9, sm, k3.

Rnd 13: work pattern Row 3, k29, sm, **yo, k9, yo**, sm, k3.

Rnd 14: work pattern Row 4, k29, sm, k11, sm, k3.

Rnd 15: work pattern Row 5, k29, sm, k11, sm, k3.

Rnd 16: work pattern Row 1, k29, sm, **yo, k11, yo**, sm, k3.

Rnd 17: work pattern Row 2, k29, sm, k13, sm, k3.

Rnd 18: work pattern Row 3, k29, sm, k13, sm, k3.

Rnd 19: work pattern Row 4, k29, sm, **yo, k13, yo**, sm, k3.

Rnd 20: work pattern Row 5, k29, sm, k15, sm, k3.

Rnd 21: work pattern Row 1, k29, sm, k15, sm, k3.

Rnd 22: work pattern Row 2, k29, sm, **yo, k15, yo**, sm, k3.

Rnd 23: work pattern Row 3, k29, sm, k17, sm, k3.

Rnd 24: work pattern Row 4, k29, sm, k17, sm, k3.

Rnd 25: work pattern Row 5, k29, sm, **yo, k17, yo**, sm, k3.

Rnd 26: work pattern Row 1, k29, sm, k19, sm, k3.

Rnd 27: work pattern Row 2, k29, sm, k19, sm, k3.

Rnd 28: work pattern Row 3, k29, sm, **yo, k19, yo**, sm, k3.

Rnd 29: work pattern Row 4, k29, sm, k21, sm, k3.

Rnd 30: work pattern Row 5, k29, sm, k21, sm, k3.

Rnd 31: work pattern Row 1, k29, sm, **yo, k21, yo**, sm, k3.

Rnd 32: work pattern Row 2, k29, sm, k23, sm, k3.

Rnd 33: work pattern Row 3, k29, sm, k23, sm, k3.

Rnd 34: work pattern Row 4, k29, sm k23, sm, k3.

Rnd 35: work pattern Row 5, k29, **sl 23 thumb sts to holder, pm, CO 9 sts using e-wrap technique**, k1, pm, k2 = 64 sts on needles.

Left mitten thumb-join gusset

Rnd 36: work pattern Row 1, k to end of rnd, slipping markers as you go.

Rnd 37: work pattern Row 2, k29, sm, ssk, k6, k2tog, sm, k2.

Rnd 38: work pattern Row 3, k29, sm, k8, sm, k2.

Rnd 39: work pattern Row 4, k29, sm, ssk, k4, k2tog, sm, k2.

Rnd 40: work pattern Row 5, k29, sm, k6, sm, k2.

Rnd 41: work pattern Row 1, k29, sm, ssk, k2, k2tog, sm, k2.

Rnd 42: work pattern Row 2, k29, sm, k4, sm, k2.

Rnd 43: work pattern Row 3, k29, sm, ssk, k2tog, sm, k2.

Rnd 44: work pattern Row 4, k29, sm, k2, sm, k2.

Rnd 45: work pattern Row 5, k29, k to end of rnd, removing markers.

From this point, left mitten is worked same as right mitten:

Rpt from ** to ** (found in Right Mitten instructions, pages 3-5).

Scarf

Knit Notes

C3F cable: sl3 sts to cable needle and hold to front, k3, k3 from cable needle.

Placing beads:

If you wish to work the beaded scarf shown in the photo, add beads on Row 5 of Scarf Lace & Cables pattern as follows:

Row 5: sl 1, k1, sm, k1, p3, k6, p3, sm, SKP, (place bead, k1) 5 times, place bead, k2tog, sm, p3, k6, p3, k1, sm, k2.

Begin every row by slipping 1 st purlwise wyif.

With scarf needles (model used U.S. 4), CO 42 sts.

Bottom Border pattern

Row 1 (WS): sl 1, k1, pm, p to last 2 sts, pm, k2.

Row 2 (RS): sl 1, k1, sm, p to marker, sm, k2.

Row 3: sl 1, k1, sm, k to end, slipping marker.

Row 4: sl 1, k1, sm, k to end, slipping marker.

Ribbing:

Row 1 (WS): sl 1, k1, (p2, k2) 9 times, p2, sm, k2.

Row 2 (RS): sl 1, k1, (k2, p2) 9 times, k2, sm, k2.

Rpt Rows 1 and 2 three more times, then rpt Row 1 once more = 9 rows of ribbing, ending with a WS row.

Second Border

Row 1 (RS): sl 1, k1, sm, k to end.

Row 2 (WS): sl 1, k1, sm, k to end.

Row 3: sl 1, k1, sm, p to marker, sm, k2.

Row 4: sl 1, k1, sm, p to last 4 sts, p2tog, sm, k2 = 41 sts on needles.

Scarf Lace & Cables pattern

Set-up rows:

Row 1: sl 1, k1, pm, k1, p3, k6, p3, pm, (k1, yo) 10 times, k1, pm, p3, k6, p3, k1, pm, k2.
Row 2: sl 1, k1, sm, p1, k3, p6, k3, sm, p2tog, p17, p2tog tbl, sm, k3, p6, k3, p1, sm, k2.
Row 3: sl 1, k1, sm, k1, p3, k6, p3, sm, SKP, k15, k2tog, sm, p3, k6, p3, k1, sm, k2.
Row 4: sl 1, k1, sm, p1, k3, p6, k3, sm, p2tog, p13, p2tog tbl, sm, k3, p6, k3, p1, sm, k2.
Row 5: sl 1, k1, sm, k1, p3, k6, p3, sm, SKP, k11, k2tog, sm, p3, k6, p3, k1, sm, k2.
Row 6: sl 1, k1, sm, p1, k3, p6, k3, sm, p2tog, p9, p2tog tbl, sm, k3, p6, k3, p1, sm, k2.

Aha moment: an easier way to p2tog tbl:

Since the Scarf Lace & Cables pattern directs you to p2tog tbl on Rows 2, 4, and 6, you might want to try it a slightly different way. When you work a stitch through back of loop, you're twisting it on purpose. You can also twist the stitches before working them by changing their orientation by flipping the right leg of stitch that usually sits on front of needle to the back and putting the left leg of stitch onto the front of needle. Then work your p2tog tbl as a regular p2tog. This avoids that pretzel-like twist of your wrist necessary when making p2tog tbl the usual way.

Now work Scarf Lace & Cables pattern as follows to complete body of scarf:

Row 1: sl 1, k1, sm, k1, p3, C3F, p3, sm, (k1, yo) 10 times, k1, sm, p3, C3F, p3, k1, sm, k2.
Row 2: sl 1, k1, sm, p1, k3, p6, k3, sm, p2tog, p17, p2tog tbl, sm, k3, p6, k3, p1, sm, k2.
Row 3: sl 1, k1, sm, k1, p3, k6, p3, sm, SKP, k15, k2tog, sm, p3, k6, p3, k1, sm, k2.
Row 4: sl 1, k1, sm, p1, k3, p6, k3, sm, p2tog, p13, p2tog tbl, sm, k3, p6, k3, p1, sm, k2.
Row 5: sl 1, k1, sm, k1, p3, k6, p3, sm, SKP, k11, k2tog, sm, p3, k6, p3, k1, sm, k2.
Row 6: sl 1, k1, sm, p1, k3, p6, k3, sm, p2tog, p9, p2tog tbl, sm, k3, p6, k3, p1, sm, k2.

Rpt Rows 1-6 until desired length, leaving at least 16 yards of yarn for final border/ribbing/border pattern.

Border pattern

Row 1 (RS): sl 1, k2, sm, m1, k to last marker and remove two center markers, sm, k2 = 42 sts.
Row 2 (WS): sl 1, k1, sm, k to marker, sm, k2.
Row 3: sl 1, k1, sm, p to marker, sm, k2.
Row 4: sl 1, k1, sm, p to marker, sm, k2.

Ribbing

Row 1 (RS): sl 1, k1, (k2, p2) 9 times, k2, sm, k2.
Row 2 (WS): sl 1, k1, (p2, k2) 9 times, p2, sm, k2.
Rpt Rows 1 and 2 three more times, then rpt Row 1 once more = a total of 9 rows of ribbing, ending with a RS row.

Final Border:

Row 1 (WS): sl 1, k1, sm, p to marker, sm, k2.
Row 2 (RS): sl 1, k1, sm, p to marker, sm, k2.
Row 3: sl 1, k1, sm, k to marker, sm, k2.
Row 4: sl 1, k1, sm, k to marker, sm, k2.
BO.

Finishing:

Weave in ends. Block.

Abbreviations

k	= knit
k2tog	= knit 2 stitches together decrease
p	= purl
pm	= place marker
rem	= remain/remaining

rm = remove marker
rpt = repeat
SKP = slip 1 st purlwise, k1, pass slipped st over knitted st and off end of needle; left-slanting decrease
sl = slip
sm = slip marker
ssk = slip slip knit left-slanting decrease: slip 1 st knitwise, slip 2nd st knitwise, place hand needle point into front of both sts and work as you would a k2tog.
left-st/sts = stitch/stitches
yo = yarnover