

Kate's Top-Down Training Sock- Magic Loop Or 2-Circls

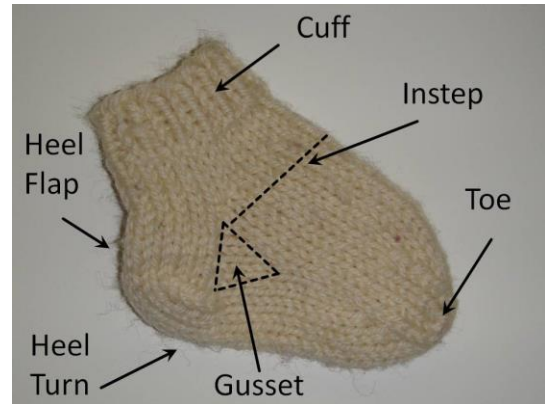
A baby-sized, designed to demonstrate top-down sock knitting techniques. Written for Magic Loop or 2 Circular needles. Instructions assume the knitter is familiar with working in the round in this method.

Materials:

scrap of worsted weight yarn
4mm/US #6 circular needles
– 1 x 32 inch or longer OR 2 x 24 inch
1 stitch marker

1. Cuff

Cast 24 stitches onto a single needle. Divide the stitches half-and-half. Join for working in the round, being careful not to twist.



Notes & Techniques

Tips on joining: <https://www.masondixonknitting.com/techniques-in-depth-joining-in-the-round/>

Ribbing round: (K1, p1) to end.
Repeat *Ribbing round* 5 more times.

Leg round: Knit.
Repeat *Leg round* 5 more times.

2. Heel Flap

Row 1 (RS): K12. These will be the Heel Stitches.
Turn so that WS is facing.

Row 2 (WS): Sl 1 pwise wyif, p11.
Row 3 (RS): Sl 1 pwise wyif, k11.
Repeat *Rows 2 & 3* twice more, and work *Row 2* one more time. (8 rows total.)

3. Heel Turn

RS is facing.

Row 1 (RS): Sl 1 pwise wyib, k7, SKP, turn.
Row 2 (WS): Sl 1 pwise wyif, p4, p2tog, turn.
Row 3 (RS): Sl 1 pwise wyib, k4, SKP, turn.
Row 4 (WS): Sl 1 pwise wyif, p4, p2tog, turn.
Repeat *Rows 3 & 4* once more. 6 sts rem.

Final heel row: Sl 1 pwise wyib, k5.

Notes & Techniques

Sl 1 pwise: put the needle into the stitch as if to purl.

Wyib: With yarn in back; hold the working yarn at the back side.

Wyif: With yarn in back; hold the working yarn on the front side.

Notes & Techniques

SKP: Slip the next stitch knitwise, knit the following stitch, pass the slipped stitch over knit stitch (as if casting off).

You're working only partway across the rows in this section – don't worry if you've got stitches leftover on your needle when you turn.

4. Reestablish the Round & Create the Gusset

With RS facing, using the needle tip you used for working the heel, pick up and knit 6 stitches along the first side of the heel flap, using the loops created by the slipped stitches from step 2. 12 sts now on this needle.

If you're on Magic Loop, pull out the loop here. If you're using 2 circulars, use the second needle for this. Knit across the 12 previously-held sts. These sts form the Instep – the top of the foot.

If you're on Magic Loop, pull out the loop here. If you're using 2 circulars, use the heel needle for this. Pick up and knit 6 stitches across the other side of the heel flap, using the loops created by the slipped stitches from step 2. Using that same needle, knit 3 from the heel stitches.

The start of the round is now at the centre of the heel, in the center of the first needle. You should have 18 sts on the first needle, and the 12 Instep sts on the second.

The instructions below refer to the Instep sts – make sure you know which those are!

5. Decrease the Gusset

Gusset round 1: K3, k6tbl; k12; k6tbl, k3.

Gusset round 2:

K to 3 sts before instep, k2tog, k1; k across instep sts; k1, SSK, k to end of round. 2 sts decreased.

Gusset round 3: Knit

Repeat *Gusset rounds 2 & 3* until you have 24 stitches – 12 each on both needles.

Notes & Techniques:

TBL: Through back loop. Knitting the picked-up stitches through the back loop (k tbl) twists them and makes them tidier and stronger.

SSK: Slip the next st knitwise, slip a second st knitwise, insert left needle, from left to right, into the fronts of these two slipped stitches, and knit them together, wrapping the yarn around the right needle as normal. 1 st decreased.

6. Foot

Foot round: Knit.

Repeat *Foot round* 5 more times.

7. Toe

Toe decrease round 1:

K to 3 sts before instep, k2tog, k1; k1, SSK, k to last 3 instep sts, k2tog, k1; k1, SSK, k to end of round. 4 sts decreased.

Toe decrease round 2: Knit

Repeat *Toe decrease rounds 1 & 2* until you have 8 stitches total, ending with a decrease round.

Leaving an 8-inch tail, cut yarn. Finish by pulling yarn through remaining stitches.