

Warm Heart, Warm Hands

Fingerless Mitts

Inspired by Susan's Yarn Garden "Cascading Hearts Shawl", cold hands will be kept warm with these lacy, heart motif fingerless mitts.



Suggested Yarn:	Woolen Rabbit Kashmir or any light fingering weight yarn that meets gauge
Finished Size:	6.25 inches in circumference and 7 inches in length to fit hands measuring up to 7.5 inches around. The pattern allows these mitts to stretch to larger circumferences. Size can be modified by adjusting needle size. However, additional yarn may be needed.
Yarn Requirements:	150 yards.
Gauge:	36 sts and 52 rows = 4 inches in stockinette stitch
Needles:	Double pointed needles (DPNs) size 1 US (2.25 mm) or size to obtain correct gauge
Misc. Materials	2 stitch markers Scrap yarn or stitch holder Tapestry needle

Note: There is a difference between right and left mitt instructions. Please read through the entire pattern before you start to knit.

Left-hand Mitt:

Setup:

CO 58 sts and divide over 3 DPNs in multiples of 2 sts. Join to begin working in the round by moving the first stitch cast on Needle 1 to Needle 3. Pass the last stitch cast on Needle 3 over this stitch and onto Needle 1. The first and last stitches have been switched. Prepare to begin to work in the round working the cuff as follows:

R1: [k1, p1] repeat for entire round. Repeat this rnd until cuff measures 2 inches. Reorganize the stitches so that there are 29 sts on Needle 1, 15 sts on Needle 2, and 14 sts on Needle 3.

The patterned panel is a 29 st/14 row repeat which uses all the stitches on Needle 1 and is worked continuously between the cuff ribbing and the finishing rib at the top of the mitt. Please see page 3 for charted and written instructions.

k = knit	s1 = slip 1	yo = yarn over
p = purl	psso = pass slip stitch over	k(p)2tog – knit(purl) 2 together as one
m1 = make 1	PM = place marker	st(s) = stitch(es)

Begin hand and thumb gusset shaping:

Next rnd (inc rnd) Work patterned panel over Needle 1, starting with Row 1; knit across Needle 2; on Needle 3, k6, PM, m1, k2, m1, PM, k6. [4 thumb sts between markers]

The position of the thumb gusset has been established. Continue increasing every 4 rounds as follows:

R1, R2, R3: work next row of patterned panel over Needle 1, knit across Needles 2 and 3.

R4 (inc rnd): Work patterned panel over Needle 1; knit across Needle 2, on Needle 3, k6, slip marker, m1, knit to next marker, m1, slip marker, k6. [6 thumb sts between markers].

Repeat these four rnds 8 times more, then continue in pattern for five more rows. [78 sts total; 22 thumb sts]

Next rnd: Continue working patterned panel over Needle 1; knit across Needle 2; on Needle 3, k6, slip 22 thumb sts to a piece of scrap yarn or stitch holder, CO 2 sts using the backward loop method, k6. [58 sts total; thumb sts are held aside to be worked later]

Next rnd: Continue working patterned panel over Needle 1; knit across Needles 2 and 3. Repeat this round until mitt measures approximately 1.5 inches from thumb opening (or to desired length, minus 0.5 inches), ending on the nearest R6 or R14 of the patterned panel.

Top Rib:

R1: [k1, p1] repeat for entire round. Repeat this rnd until rib measures 0.5 inches. Bind off neatly in rib on next round.

Thumb:

Place 22 sts from yarn hold onto needles as follows: Place the first and last stitch from holder onto Needle 1, so that the “gap” is between them; dividing the remaining sts onto Needles 2 and 3.

Next rnd: on Needle 1, k1, pick up and knit 2 sts in the “gap”, k1; knit the remaining sts around. [24 sts]

Knit 6 rnds, then work top edge in ribbing as for hand above.

Right-Hand Mitt:

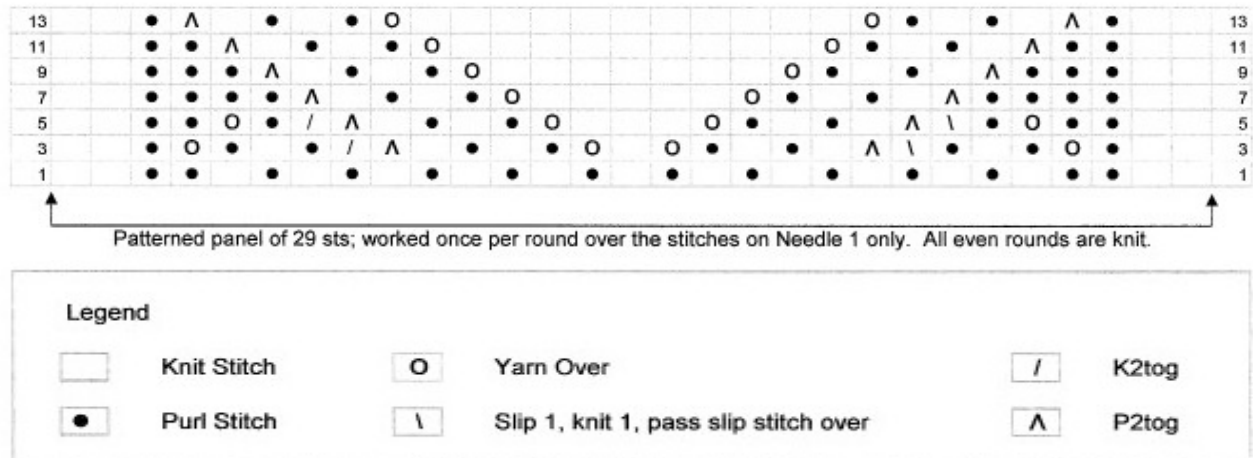
Work the same as the left-hand mitt, adjusting the thumb gusset position as follows: Reorganize the stitches so that there are 29 sts on Needle 1, 14 sts on Needle 2, and 15 sts on Needle 3. The gusset increases will then be worked on Needle 2 instead of Needle 3, and Needle 3 will be worked straight.

Finishing:

Weave in all loose ends on WS of fabric. Soak pieces in lukewarm water with wool soap. Squeeze out excess moisture and lay flat to dry without stretching.

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m1 = make 1	PM = place marker	st(s) = stitch(es)

Charted Pattern Panel for Mitts



Written Pattern Panel for Mitts (worked over the 29 stitches on Needle 1 only)

- R1: k2, p2, (k1, p1) 10 times, k1, p2, k2
- R2: Knit
- R3: k2, p1, yo, p1, k1, p1, s1 k1 pssso, p2tog, k1, p1, k1, p1, yo, k1, yo, p1, k1, p1, k1, p2tog, k2tog, p1, k1, p1, yo, p1, k2
- R4: Knit
- R5: k2, p2, yo, p1, s1 k1 pssso, p2tog, k1, p1, k1, p1, yo, k3, yo, p1, k1, p1, k1, p2tog, k2tog, p1, yo, p2, k2
- R6: Knit
- R7: k2, p4, p2tog, k1, p1, k1, p1, yo, k5, yo, p1, k1, p1, k1, p2tog, p4, k2
- R8: Knit
- R9: k2, p3, p2tog, k1, p1, k1, p1, yo, k7, yo, p1, k1, p1, k1, p2tog, p3, k2
- R10: Knit
- R11: k2, p2, p2tog, k1, p1, k1, p1, yo, k9, yo, p1, k1, p1, k1, p2tog, p2, k2
- R12: Knit
- R13: k2, p1, p2tog, k1, p1, k1, p1, yo, k11, yo, p1, k1, p1, k1, p2tog, p1, k2
- R14: Knit

Chart Notes:

- Begin chart after reading notes and completing setup for mitts on pages 1 -2
- Work each chart round from right to left once over the stitches on Needle 1 only
- Repeat these 14 chart rows as needed between cuff and top rib edge of mitts as per measurements in the pattern notes.

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