



## Pinstriped Legwarmers

by Katrina McNerney

### Materials:

3 different colored skeins of worsted weight yarn

Size 9 DP knitting needles

Size 7 16" circular knitting needle

Size 7 DP knitting needles

Gauge: 18 stitches x 26 rows

measures 4" x 4"



These leg warmers fit many leg sizes since they are stretchy and meant to be scrunched.

Unstretched, the top cuff has an inner circumference of about 9-10", this easily stretches to between 15-18". The ankle cuff has a circumference of about 7-8" and easily stretches up to 14". To customize them smaller or larger, you can increase or decrease the number of stitches you cast on, also increasing or decreasing the number of stitches in the body of the legwarmer. Try to maintain a stitch total that is a multiple of 3 in the body of the legwarmer, as this makes the helix knitting technique easier when knitting with 3 colors.

### Starting at top with the larger leg cuff

Cast on 53 stitches with size 9 DP needles in color#1– I use an extra-stretchy cast on:

<http://www.knittinghelp.com/video/play/german-twisted-cast-on>

K2tog to join in the round (52 stitches)

Rounds 1-20: Knit 1x1 rib stitch (K1P1\* repeat) to end of round. Continue in 1x1 rib stitch for a total of 20 rounds.

Round 21: Knit 1 round increasing in every 7th stitch by knitting first in that stitch, then knitting one stitch through the stitch below the stitch your previous stitch was knitted in (60 stitches) changing to size 7 circular needle in process. PM (place marker) to mark end of round.

Round 22: Knit 20 stitches, PM, pick up color#2, knit 20 stitches, PM, pick up color#3, knit 20 stitches to complete round, SM (slip marker) then continue 20 more stitches in color#3. Now you have reached the point where the yarn of color#1 can be picked up, without crossing the yarns, SM, knit 20 stitches to point where color#2 can be picked up, SM, knit 20 stitches to end of round, SM, then continue another 20 stitches to color#3. Continue in helix knitting technique for approximately 22" (see Youtube tutorial for helix knitting: <https://www.youtube.com/watch?v=yMvRafcvTvM>) End with one complete round in color#1

### Ankle cuff

Round 1: Decrease every 4th stitch by: K1, P1, K2tog, P1, K1, P2tog\* repeat to end of round (45 stitches) changing to size 7 DP needles in process. Continue in 1x1 rib knit for 19 additional rows.



Finishing: Bind off using Jeny's Surprisingly Stretchy Bind Off  
(<https://www.youtube.com/watch?v=abBhe-JYmgl>)  
Secure loose ends from other colors and weave into inside of work

Abbreviations used:

PM- place marker

SM- slip marker

K2tog- Knit 2 stitches together

P2tog- Purl 2 stitches together

DP- double pointed