

This wee heart is knit in the round with 3 double pointed needles. Each side of the heart is on one needle, and the third is used as the working needle. (See picture on next page for the knitting in action)

It is knit at a dense gauge to give the heart structure, and so the stuffing doesn't show! Adding beads is optional... they are definitely fun, but not necessary!



# LIL' HEARTS

BY LAURA NELKIN

## MATERIALS

Little bits of fingering and sport weight yarn  
Three Size 1[2.25] double pointed needles  
16 Size 6 glass seed beads  
1 piece SUPER floss OR  
small crochet hook that fits through center of bead  
Small bit of stuffing  
Tapestry needle

## APPROX. FINISHED SIZE

1.5 inches wide x 1.5 inches tall

## BEADING NOTES

The beading technique used on the heart is explained in a video tutorial at <http://www.nelkindesigns.com/PlacingABead>

It quite simple to place a bead on a knit stitch and the video will take you through each step of the process!

## HEART

Cast on 6 sts with circular cast on.

[Great video tutorial for casting on a small number of sts in the round at <http://www.nelkindesigns.com/CircularCastOn>]

Place marker and join into the round.

**Set Up Rnd: Ndl1:** K3; **Ndl2:** K3.

**Rnd 1:** [K1, m1R, k1, m1L, k1] across each needle; [10 sts]

**Rnd 2:** Knit one round.

**Rnd 3:** [K1, m1R, k3, m1L, k1] across each needle; [14 sts]

**Rnd 4:** Knit one round.

**Rnd 5:** [K1, m1R, k5, m1L, k1] across each needle; [18 sts]

**Rnd 6: Ndl1:** K4, pb, k4; **Ndl2:** Knit across.

**Rnd 7: Ndl1:** K1, m1R, k2, pb, k1, pb, k2, m1L, k1; **Ndl2:** K1, m1R, k7, m1L, k1; [22 sts]

**Rnd 8: Ndl1:** K3, pb, k3, pb, k3; **Ndl2:** Knit across.

**Rnd 9: Ndl1:** K2, pb, k5, pb, k2; **Ndl2:** Knit across.

**Rnd 10: Ndl1:** K2, pb, k2, pb, k2, pb, k2; **Ndl2:** Knit across.

**Rnd 11: Ndl1:** K2, pb, k1, pb, k1, pb, k1, pb, k2; **Ndl2:** Knit across.

**Rnd 12: Ndl1:** K3, pb, k3, pb, k3; **Ndl2:** Knit across.

### Split for top as follows:

K4, k2tog, place last 5 sts on Ndl1 and first 6 sts of Ndl2 onto holder or scrap yarn, k5. [10 sts total on needles]

[Ssk, k1, k2tog] across each needle; [6 sts]

**Ndl1:** Ssk, k1; **Ndl2:** K1, k2tog; [4 sts]

Cut yarn and draw through remaining sts.

If you want to lightly stuff your heart do it now before closing up the other side.

Place remaining 11 sts back on needles, reattach yarn at front of heart and work as follows:

K9, k2tog. [10 sts]

[Ssk, k1, k2tog] twice. [6 sts]

**Ndl1:** K1, k2tog; **Ndl2:** Ssk, k1; [4 sts]

Cut yarn and draw through two remaining sts.

## FINISHING

Sew up hole at top of heart with tail.

You don't have to weave in any ends: Just hide the ends inside.

Use a tapestry needle to poke through to the other side of the heart. Pull the yarn taut, and cut it near the fabric. The end will disappear into the heart.

## ABBREVIATIONS

k- knit

k2tog- knit 2 together

M1R (make one right)- with left ndl tip lift strand between ndls from back to front, k lifted loop through the front

M1L (make one left)- with left ndl tip lift strand between ndls from front to back, k lifted loop through the back

ndl(s)- needle(s)

pb- place bead: with crochet hook or dental floss place a bead on the next st on the left hand ndl, then place this st back onto the left hand ndl and knit the stitch

ssk- slip, slip, knit

sts- stitches

