Danube Cowl

This cabled cowl is knitted flat with a provisional cast-on. The ends are grafted to form a long loop suitable for wrapping around the neck. Knit in a wool-silk blend, this cowl is warm, cozy, and super soft.

Materials

Yarn
1 skein Manos del Uruguay Silk Blend (DK weight, 70% Merino, 30% Silk. 300 yards / 270 m per 100g)

Note: this yarn is also sold in 50g skeins – two of these smaller skeins would be required for this project.

Needles
4.5 mm (US 7) needles, or size needed to obtain gauge.

Other
Scrap yarn
Tapestry needle
Cable needle

Notes

Gauge
19 sts and 30 rows = 4 in / 10 cm in stockinette stitch.
Gauge is not crucial for this project but will affect the finished size.

Finished Measurements
Width: approx. 4 in / 10 cm
Circumference: approx. 50 in / 125 cm

Abbreviations
T4B – Twist 4 Back: slip 2 stitches to cable needle and hold in back, k2, p2 from cable needle.
T4F – Twist 4 Forward: slip 2 stitches to cable needle and hold in front, p2, k2 from cable needle.

Directions

<u>Note:</u> On each row, slip the first stitch purlwise, follow the directions for the cable pattern until one stitch remains, and then knit the last stitch.

Using scrap yarn and a provisional cast-on method, CO 38.

Repeat rows 1-12 of cable pattern 26 times or until scarf is desired length, ending with row 12.

Cable Pattern
Row 1 (RS): p4, k2, *p3, k2 * repeat to end of row.
Row 2 and every WS row: knit the knits and purl the purls as they appear.
Row 3: p2, T4B, *p1, T4B * repeat to end of row.
Row 5: *T4B, p1 * repeat until one stitch remains, p1.
Row 7: knit the knits and purl the purls.
Row 9: *T4F, p1 * repeat until one stitch remains, p1.
Row 11: p2, T4F, *p1, T4F * repeat to end of row.
Row 12: knit the knits and purl the purls as they appear.

Finishing
Undo provisional cast-on and place live stitches on a second needle. Graft live stitches together using kitchener stitch or preferred grafting method. Weave in ends and block to desired measurements.