



Insidious

h. e. wintermute

This design features an entwined cable motif on the outer side of each sock. The remainder of the sock utilizes ribbing with small cables (taken from the main motif). The cable and rib combination is ideal: most of the knitting will be easy and straightforward, but the entwined cables add just the right touch of complexity and interest and won't slow down the knitter too much.

This design also features the Strong Heel (Knitters 72, Fall 2003) and the Wide Toe (Knitting Vintage Socks, Interweave Press, 2005). The socks will seem skinny, but are quite stretchy due to the ribbing.

DIFFICULTY

Intermediate

SIZE

To fit foot circumference of 9"/23 cm

FINISHED MEASUREMENTS

Foot circumference 6" (15 cm), unstretched

MATERIALS

SouthWest Trading Company TOFutsies Power Stripe {50% superwash wool, 25% SOYSILK, 22.5% cotton, 2.5% chitin; 465 yds/425m; 3.5oz/100g}, color 931, 1 skein

(Also shown in non-Power Stripe color 731 Ten Foot Tall)

One set US 2/2.75mm dpns (or size needed to achieve gauge). Circular needles can be used, if preferred (e.g. for magic loop or two circulars technique).

Stitch marker

Two cable ndls, recommended (toothpicks or short dpns may work)

Row counter or marker, optional

GAUGE

32 sts/50 rnds = 4"/10 cm in circular St st
(8 sts/12.5 rnds = 1"/2.5 cm)



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NOTES

- Any instructions listed below that do not appear in a table (with Left/Right Sock columns) applies to both socks.
- There is a honkin' big cable cross (see below) in Rnd 4 of the Left/Right Insidious Patt. It may seem scary, but is not difficult to execute. Try to focus on one step at a time, and also to be mindful of wrapping the yarn around the correct ndl.
- 4/2/4 LPC = sl 4 k sts onto cn in front of work; sl 2 p sts onto cn in back of work; k4, p2 from cn behind work, and k4 from front cn.
- 2/2 LC = sl 2 sts onto cn in front of work; k2, k2 from cn.
- 2/2 RC = sl 2 sts onto cn in back of work; k2, k2 from cn.

INSTRUCTIONS

Cuff

Loosely CO 66 sts and distribute them onto ndl(s) using chart at right as reference. Join to work in the round, being careful not to twist, and pm for beg of rnd.

Rnd 1: [k4, p2] to end

Work this rnd until cuff is 1.5"/3.8 cm long, unstretched.

4 dpns	5 dpns
1: 18, 2: 24, 3: 24	1: 12, 2: 18, 3: 18, 4: 18
Magic Loop	2 Circulars
1: 30, 2: 36	1: 30, 2: 36

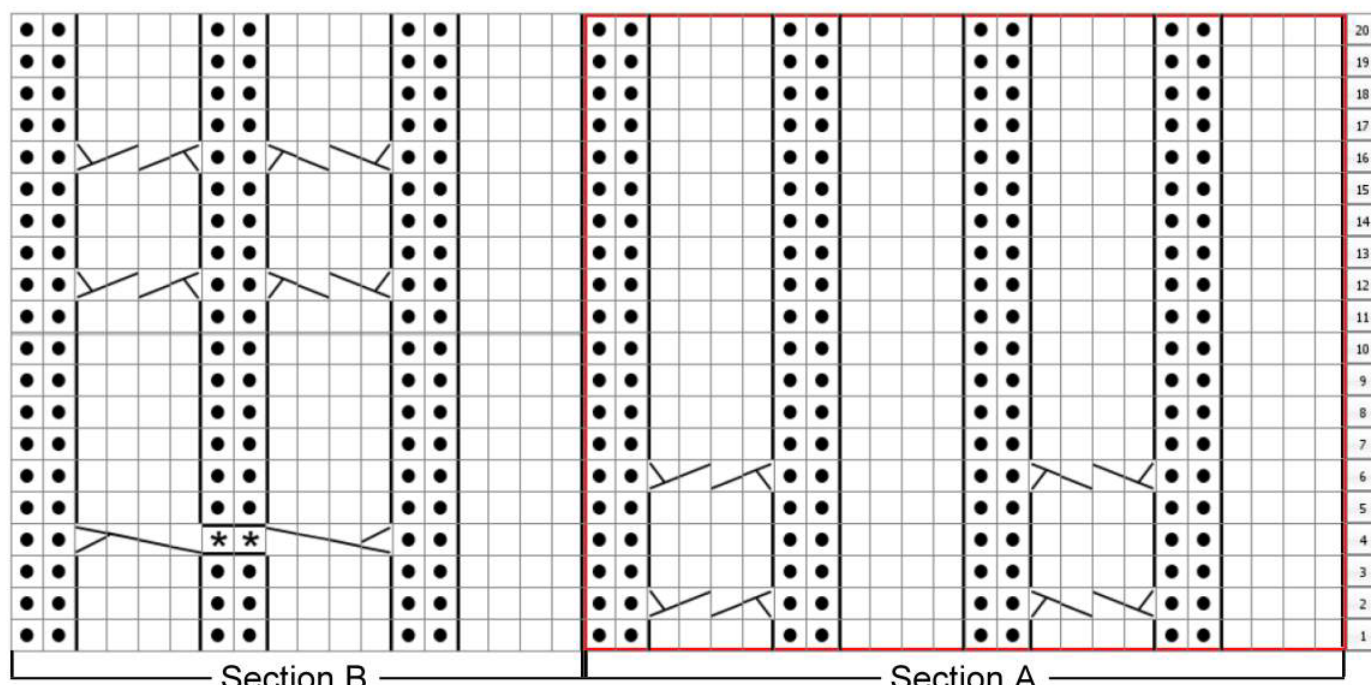
Leg

Left Sock	Right Sock
<p>Work Left Insidious Patt (Chart A) twice, then work rnds 1-10 one more time.</p> <p>Left Insidious Patt</p> <p>Rnd 1 (Plain Rnd): [k4, p2] to end</p> <p>Rnd 2: **k4, p2, 2/2 LC, p2, k4, p2, 2/2 RC, p2, ** [k4, p2] three times, and rep from ** to ** one more time</p> <p>Rnd 3: work Plain Rnd</p> <p>Rnd 4: [k4, p2] five times, 4/2/4 LPC, p2, [k4, p2] four times</p> <p>Rnd 5: work Plain Rnd</p> <p>Rnd 6: rep rnd 2</p> <p>Rnds 7-11: work Plain Rnd</p> <p>Rnd 12: [k4, p2] five times, 2/2 LC, p2, 2/2 RC, p2, [k4, p2] four times</p> <p>Rnds 13-15: work Plain Rnd</p> <p>Rnd 16: rep rnd 12</p> <p>Rnds 17-20: work Plain Rnd</p>	<p>Work Right Insidious Patt (Chart B) twice, then work rnds 1-10 one more time.</p> <p>Right Insidious Patt</p> <p>Rnd 1 (Plain Rnd): [k4, p2] to end</p> <p>Rnd 2: [k4, p2] two times, [k4, p2, 2/2 RC, p2, k4, p2, 2/2 LC, p2] twice, k4, p2</p> <p>Rnd 3: work Plain Rnd</p> <p>Rnd 4: 4/2/4 LPC, p2, [k4, p2] to end</p> <p>Rnd 5: work Plain Rnd</p> <p>Rnd 6: rep rnd 2</p> <p>Rnds 7-11: work Plain Rnd</p> <p>Rnd 12: 2/2 RC, p2, 2/2 LC, p2, [k4, p2] to end</p> <p>Rnds 13-15: work Plain Rnd</p> <p>Rnd 16: rep rnd 12</p> <p>Rnds 17-20: work Plain Rnd</p>

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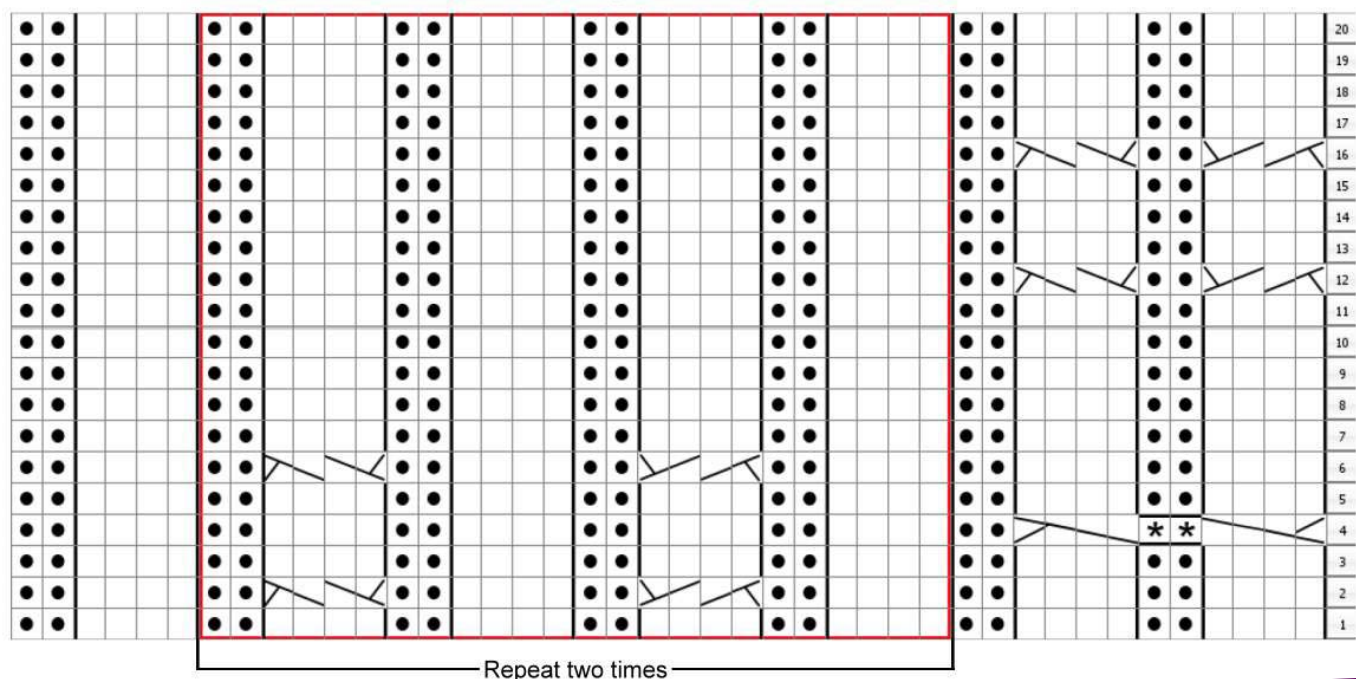
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Chart A: Left Insidious Pattern



Work Section A once, then Section B once, and Section A one more time

Chart B: Right Insidious Pattern



Repeat two times

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Chart Key



k



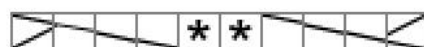
p



2/2 RC



2/2 LC



4/2/4 LPC



Chart C: Instep Pattern

●					●	●					●	●				●	●				●	20		
●					●	●					●	●				●	●				●	19		
●					●	●					●	●				●	●				●	18		
●					●	●					●	●				●	●				●	17		
●	↘		↘		●	●		↘		↘	●	●		↘		↘	●	●		↘		↘	●	16
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●					●	●					●	●				●	●				●	1		

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Heel

Setup: k4, p1, and pm to indicate new beg of rnd.

Left Sock	Right Sock
Beg of rnd will be at center between the 2 purl sts of 4 k columns before Insidious cable, and 5 k columns after Insidious cable.	Beg of rnd will be at center between the two halves of the Insidious cable.
Next 30 sts will be instep sts, and previous 36 sts will be heel sts. Rearrange sts on ndl(s) if needed. (Double-check that half of the Insidious cable will be going with the instep sts, and the other half with the heel sts.)	Next 30 sts will be instep sts, and previous 36 sts will be heel sts. Rearrange sts on ndl(s) if needed.

Instep Patt

Rnd 1 (Plain Rnd): p1, [k4, p2] four times, k4, p1

Rnds 2-11: work Plain Rnd

Rnd 12: p1, 2/2 LC, p2, k4, p2, 2/2 RC, p2, k4, p2, 2/2 LC, p1

Rnds 13-15: work Plain Rnd

Rnd 16: rep rnd 12

Rnds 17-20: work Plain Rnd

Shape Heel:

Rnd 1: Work first rnd of Instep Patt (Chart C), p1, m1p, [k4, p2] five times, k4, m1p, p1

Rnd 2: Work next rnd of Instep Patt, p to first k column, [k4, p2] five times, k4, p to end

Rnd 3: Work next rnd of Instep Patt, p1, m1p, p to first k column, [k4, p2] five times, k4, p to last st, m1p, p1

Repeat rnds 2 & 3 until there are 64 heel sts (heel section will begin and end with 15 p sts).

Last Rnd: Work next rnd of Instep Patt, p15, k34, p to end.

Setup for Heel Turn:

Work instep sts in patt, but do not work heel sts.

Turn Heel:

During this section, work only the heel sts.

(Optional: Drop main yarn, and use strand from other end of ball (or second ball). It is ideal, but not necessary, that the color stripe

section match. Changing yarns will help maintain the stripe pattern on the instep.)

Row 1 (RS): p15, k18, ssk, k1, turn.

Row 2: sl 1, p3, p2tog, p1, turn.

Row 3: sl 1, k to last st before gap, ssk (this closes the gap), k1, turn.

Row 4: sl 1, p to last st before gap, p2tog (to close gap), p1, turn.

Rep rows 3 & 4 until all heel sts have been worked. 34 heel sts rem, 64 sts total.

(If using option above, drop strand from other end of ball (or second ball), and use main yarn to continue.)

Last row: k34 to return to beg of rnd.

Foot

Resume working in the round.

Work even—30 instep sts in patt and 34 sole sts in St st—until foot measures 7.25"/18.4 cm, or until approx 2.5"/6.4 cm less than desired length. *(It is ideal, but not required, to stop before or after rnds 12-16.)*

Work in St st until foot measures 7.75"/19.7 cm or until approx 2"/5 cm less than desired length.

Setup for Toe:

Undo last st worked, rearrange sts on ndls so that there are 32 instep sts and 32 sole sts.

K48 to arrive at center of sole sts; pm to indicate new beg of rnd.

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Toe

Work the four rnds below once.

Rnd 1: k to last 4 sole sts,
k2tog, k2; k first 2 instep sts,
ssk, k to last 4 instep sts,
k2tog, k2; k first 2 sole sts,
ssk, k to end of rnd.

Rnds 2-4: k

Repeat rnds 1-3 three times.

Work rnds 1-2 until 16 sts rem.

Redistribute sts onto two ndls so
that one ndl holds second half
of sole sts adjacent to first half
of instep sts, and another ndl

holds second half of instep sts
next to first half of sole sts.

*(The toe will be closed vertically
instead of horizontally.)*

Graft toe closed.

Finishing

Weave in all ends.



ABBREVIATIONS

[] work instructions within brackets
as many times as directed

** ** repeat instructions following
the asterisks as directed

" inch(es)

approx • approximately

beg • begin/beginning

cm • centimeter(s)

cn • cable needle

CO • cast on

dpn(s) • double pointed needle(s)

g • gram(s)

k • knit

k2tog • knit 2 stitches together

m • meter(s)

m1p • make one purl stitch

mm • millimeter(s)

oz • ounce(s)

p • purl

patt • pattern

pm • place marker

p2tog • purl 2 stitches together

rem • remain/remaining

rep • repeat(s)

rnd(s) • round(s)

RS • right side

sl • slip

ssk • slip, slip, knit these 2 stitches
together—a decrease

st(s) • stitch(es)

St st • stockinette stitch/stocking
stitch

yd(s) • yard(s)

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