

Cable Leaf Socks

SKPO = SL Knitwise, K1, **Published: July 2009**
Pass Slipped st Over.

M1 = Make one

CN = Cable Needle

PSSO = Pass Over

K = Knit

P = Purl

MS = Mother Stitch

GS = Grandmother Stitch



Needle size: US 1/2.25 mm

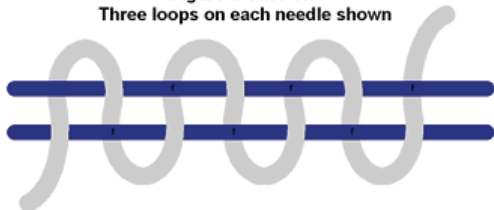
Guage: 8sts per inch

I use a Turkish (Tutorial of how at:

<http://www.youtube.com/watch?v=YnFQVSSx9do>)
or a figure 8 cast on (Illustration Below). I
cast on

16 stitches for each needle For the Adult size.
Making the total on both needles of 32 for
Adult. I knit two socks on two circulars, toe
up.

Figure-8 Cast-On -
Three loops on each needle shown



Increase two stitches per needle every other
row till you get the desired amount of stitches
that you need. I have (32 sts per
needle. 64 total for adult.)

If you like the toe to be more rounded then on
the first two rows that you increase
increase 4 sts per
needle. then continue increasing 2 per needle
every other row.

Knit toe section 2 inches before starting
Cable pattern.

Cable Pattern:

Top-Instep

Rnd 1: K1, * K2, P4, K3, P4, K2* Rep. from *
once, K1

Rnd 2: K1, *K2, P4, SL 1 st on CN hold Front,
K1 P1, K1 from CN, P4, K2* Rep. from *
once, K1

Rnd 3: K1, *K2, P4, K1, P1, K1, P4, K2* Rep.
from * once, K1

Rnd 4: K1, *K2, P3, SL 1st on CN hold Back,
K1,P1 from CN, P1, SL 1st on CN, hold Front,
P1, K1 from CN, P3, K2* Rep. from * once,
K1

Rnd 5: K1, *K2, P3, K1, P3, K1, P3, K2* Rep.
from * once, K1

Rnd 6: K1, *K2, P2, SL 1st on CN hold Back,
K1, P1 from CN, P3, SL 1 st on CN hold Front,
P1, K1 from CN, P2, K2* Rep. from * once,
K1

Rnd 7: K1, *K2, P2, K1, P5, K1, P2, K2* Rep.
from * once, K1

Rnd 8: K1, *K2, P1, SL 1st on CN hold Back, K1, P1 from CN, P2, (K1, YO, K1, YO, K1) in same st (makes 5 sts from 1), P2, SL 1st on CN, hold Front, P1, K1 from CN, P1, K2* Rep. from * once, K1

Rnd 9: K1, *K2, P1, K1, P3, K5, P3, K1, P1, K2* Rep. from * once, K1

Rnd 10: K1, *K2, P1, SL 1 st on CN, hold Front, P1, K1 from CN, P2, K5, P2, SL 1st on CN, hold Back, K1, P1 from CN, P1, K2* Rep. from * once, K1

Rnd 11: K1, *K2, P2, K1, P2, K5, P2, K1, P2, K2* Rep. from * once, K1

Rnd 12: K1, *K2, P2, SL 1st on CN, hold Front, P1, K1 from CN, P1, SKPO, K1, K2tog, (making 3 sts from 5 sts), P1, SL 1st on CN hold Back, K1, P1 from CN, P2, K2* Rep. from * once, K1

Rnd 13: K1, *K2, P3, K1, P1, K3, P1, K1, P3, K2* Rep. from * once, K1

Rnd 14: K1, *K2, P3, SL 1 st on CN, hold Front, P1, K1 from CN, SL 2 sts as to k2tog, K1, PSSO the two sts, SL 1 st on CN, hold Back, K1, P1 from CN, P3, K2* Rep. from * once, K1

Knit across other needle - Bottom of foot. Do pattern until foot is 1-1/2 to 2 inches shorter than your foot. ending with round 2 of pattern. Then work the heel on the back needles.

After working the heel do rnd 3 of the pattern across the front of the sock. Knit across back of sock.

Heel:

You will be working back and forth on one needle to turn the heel.

P2 sts onto stitch holder. P across stitches.

Do the same for the second sock. Turn.

Slip 3 sts on another stitch holder. K across to next stitch holder. Do same for second sock. Now you have 2 Stitch holders on each sock. Turn.

1: sl 1 st onto stitch holder P across to next Stitch Holder. Repeat for Sock #2. Turn.

2: sl 1 st onto stitch holder K across to next Stitch Holder. Repeat for Sock #2. Turn Repeat 1 & 2, till there are 12 sts left on each sock for adult size. (10 sts on each sock for Child size.) If you have a wider heel you can leave more sts on the needles.

Now we start to do the turning of the heel.

K across to the st before holder.

Sl 1 st to right needle pick up purl bump from first st on holder K the slipped st and the purl bump together in back of st. Sl 1 st from holder onto right needle.

Repeat for sock #2 Turn.

1: sl 1 st P across to last st before holder. Sl st to right needle . Pick up Purl bump from next st on holder. P bump and slipped st together. Sl next stitch off of holder to right needle. Repeat for sock #2, Turn.

2: sl 1 st to right needle. K across to last st before holder. Sl 1 st to right needle pick up bump on back of next st on holder. K bump and slipped st together in back of st. Sl next st from holder onto right needle. Repeat for sock #2, Turn.



Above is an example of the heels with the stitch holders holding the stitches.

Repeat 1&2 till there is one stitch on stitch holders. On the purl row follow row 1 to last st on holder pick up purl bump of last st on holder and P with the slipped st just before it. Then P last st off of holder. Repeat for sock #2. P across pattern side of both socks. You will still have one stitch holder at the beginning of the next needle. With left needle pick up purl bump from st on holder then slip last st off holder onto left needle. P1, P bump and next st together. P across sock. Repeat for sock #2. Heel is turned.

Adjusting the pattern for the leg:

Rnd 1: K3, *P3, SL 1st on CN hold Back, K1, P1 from CN, P1, SL 1st on CN, hold Front, P1, K1 from CN, P3, * K1, M1 in MS, K2, M1 in GS, K1, (6 sts between pattern), Rep. between *'s once, K3, K across back needles.

Rnd 2: K3, *P3, K1, P3, K1, P3, * K6 Rep. between *'s once, K3, K across back needles.

Rnd 3: K3, *P2, SL 1st on CN hold Back, K1, P1 from CN, P3, SL 1 st on CN hold Front, P1, K1 from CN, P2, * K1, M1 in MS, K4, M1 in GS, K1, (8 sts between pattern), Rep. between *'s once, K3, K across back needles.

Rnd 4: K3, *P2, K1, P5, K1, P2, * K8 Rep. between *'s once, K3, K across back needles.

Rnd 5: K3, *P1, SL 1st on CN hold Back, K1, P1 from CN, P2, (K1, YO, K1, YO, K1) in same st (makes 5 sts from 1), P2, SL 1st on CN, hold Front, P1, K1 from CN, P1, * K1, M1 in MS, K6, M1 in GS, K1, (10 sts between pattern), Rep. between *'s once, K3, K across back needles.

Rnd 6: K3, *P1, K1, P3, K5, P3, K1, P1, * K10 Rep. between *'s once, K3, K across back needles.

Rnd 7: K3, *P1, SL 1 st on CN, hold Front, P1, K1 from CN, P2, K5, P2, SL 1st on CN, hold Back, K1, P1 from CN, P1, * K1, M1 in MS, K8, M1 in GS, K1, (12 sts between pattern), Rep. between *'s once, K3, K across back needles.

Rnd 8: K3, *P2, K1, P2, K5, P2, K1, P2,* K12
Rep. between *'s once, K3, K across back
needles.

Rnd 9: K3, *P2, SL 1st on CN, hold Front, P1,
K1 from CN, P1, SKPO,K1, K2tog, (making 3
sts from 5 sts), P1, SL 1st on CN hold Back,
K1, P1 from CN, P2,* K1, M1 in MS, K10, M1
in GS, K1, (14 sts between pattern), Rep.
between *'s once, K3, across back K3, K2 tog
K across until last 5 sts, k2 tog, k3.

Rnd 10: K3, *P3, K1, P1, K3, P1, K1, P3,*
K14 Rep. between *'s once, K3, K across back
needles.

Rnd 11: K3, *P3, SL 1 st on CN, hold Front,
P1, K1 from CN, SL 2 sts as to k2tog, K1,
PSSO the two sts, SL 1 st on CN, hold Back,
K1, P1 from CN, P3,* K1, M1 in MS, K12, M1
in GS, K1, (16 sts between pattern), Rep.
between *'s once, K3, across back K3, K2 tog
K across until last 5 sts, K2 tog, K3.

Rnd 12: K3, *P4, K3, P4,* K16
Rep. between *'s once, K3, K across back
needles.

Rnd 13: K3, *P4, SL 1 st on CN hold Front,
K1 P1, K1 from CN, P4,* K1, M1 in MS, K14,
M1 in GS, K1, (18 sts between pattern), Rep.
between *'s once, K3, across back K8, K2 tog
K7, K2 tog, K9.

Rnd 14: K3, *P4, K1, P1, K1, P4,* K18
Rep. between *'s once, K3, K across back
needles.

Rnd 15: K3, *P3, SL 1st on CN hold Back,
K1,P1 from CN, P1, SL 1st on CN, hold Front,
P1, K1 from CN, P3,* K1, M1 in MS, K16,
M1 in GS, K1, (20 sts between pattern), Rep.
between *'s once, K3, across back K8, K2 tog
K6, K2 tog, K8.

Rnd 16: K3, *P3, K1, P3, K1, P3,* K20
Rep. between *'s once, K3, K across back
needles.

Rnd 17: K3, *P2, SL 1st on CN hold Back,
K1, P1 from CN, P3, SL 1 st on CN hold
Front, P1, K1 from CN, P2,* K1, M1 in MS,
K18, M1 in GS, K1, (22 sts between pattern),
Rep. between *'s once, K3, across back K1,
K2 tog K18, K2 tog, K1.

Rnd 18: K3, *P2, K1, P5, K1, P2,* K22
Rep. between *'s once, K3, K across back
needles.

Rnd 19: K3, *P1, SL 1st on CN hold Back,
K1, P1from CN, P2, (K1, YO, K1, YO, K1) in
same st (makes 5 sts from 1), P2, SL 1st on
CN, hold Front, P1, K1from CN, P1,* K11,
M1 in MS, K11, (23 sts between pattern), Rep.
between *'s once, K3, across back K10, K2
tog K10.

Rnd 20: K3, *P1, K1, P3, K5, P3, K1, P1,*
K23, Rep. between *'s once, K3, K across
back needles.

Rnd 21: K3, *P1, SL 1 st on CN, hold Front,
P1, K1 from CN, P2, K5, P2, SL 1st on CN,
hold Back, K1,P1from CN, P1,* K23, Rep.
between *'s once, K3, K across back needles.

Rnd 22: K3, *P2, K1, P2, K5, P2, K1, P2,* K23, Rep. between *'s once, K3, K across back needles.

Rnd 23: K3, *P2, SL 1st on CN, hold Front, P1, K1 from CN, P1, SKPO,K1, K2tog, (making 3 sts from 5 sts), P1, SL 1st on CN hold Back, K1, P1 from CN, P2,* K1, M1 in MS, K21, M1 in GS, K1, (25 sts between pattern), Rep. between *'s once, K3, across back K5, K2 tog K7, K2 tog, K5.

Rnd 24: K3, *P3, K1, P1, K3, P1, K1, P3,* K25, Rep. between *'s once, K3, K across back needles.

Rnd 25: K3, *P3, SL 1 st on CN, hold Front, P1, K1 from CN, SL 2 sts as to k2tog, K1, PSSO the two sts, SL 1 st on CN, hold Back, K1, P1 from CN, P3,* K25, Rep. between *'s once, K3, K across back needles.

Rnd 26: K3, *P4, K3, P4,* K25, Rep. between *'s once, K3, K across back needles.

Rnd 27: K3, *P4, SL 1 st on CN hold Front, K1 P1, K1 from CN, P4,* K25, Rep. between *'s once, K3, Place last 17 sts worked on a Stitch Holder. On second sock put the 17 sts on back needle. K across remaining back sts. On second sock back. Place the sts from Stitch holder on needle then K across remaining back sts. This adjusts the stitches for knitting up the leg. The sock will look a bit twisted.

Leg Portion: Repeat this pattern for both sides of socks.

Rnd 1: K3, P4, K1, P1, K1, P4, K22

Rnd 2: K3, P3, SL 1st on CN hold Back, K1,P1 from CN, P1, SL 1st on CN, hold Front, P1, K1 from CN, P3, K22

Rnd 3: K3, P3, K1, P3, K1, P3, K22

Rnd 4: K3, P2, SL 1st on CN hold Back, K1, P1 from CN, P3, SL 1 st on CN hold Front, P1, K1 from CN, P2, K22

Rnd 5: K3, P2, K1, P5, K1, P2, K22

Rnd 6: K3, P1, SL 1st on CN hold Back, K1, P1from CN, P2, (K1, YO, K1, YO, K1) in same st (makes 5 sts from 1), P2, SL 1st on CN, hold Front, P1, K1from CN, P1, K22

Rnd 7: K3, P1, K1, P3, K5, P3, K1, P1, K22

Rnd 8: K3, P1, SL 1 st on CN, hold Front, P1, K1 from CN, P2, K5, P2, SL 1st on CN, hold Back, K1,P1from CN, P1, K22

Rnd 9: K3, P2, K1, P2, K5, P2, K1, P2, K22

Rnd 10: K3, P2, SL 1st on CN, hold Front, P1, K1 from CN, P1, SKPO,K1, K2tog, (making 3 sts from 5 sts), P1, SL 1st on CN hold Back, K1, P1 from CN, P2, K22

Rnd 11: K3, P3, K1, P1, K3, P1, K1, P3, K22

Rnd 12: K3, P3, SL 1 st on CN, hold Front, P1, K1 from CN, SL 2 sts as to k2tog, K1, PSSO the two sts, SL 1 st on CN, hold Back, K1, P1 from CN, P3, K22

Rnd 13: K3, P4, K3, P4, K22

Rnd 14: K3, P4, SL 1 st on CN hold Front, K1 P1, K1 from CN, P4, K22

Follow the pattern for both sides of the sock until you have the sock about as long as you would like it to be, ending with round 14.

Then Do a K2 P2 rib for 2 inches then bind off. If the top of the sock seems too loose then decrease by 4 to 8 sts around before doing the rib pattern.

Binding Off:

When I bind off a toe up sock I use a knitting needle that is several sizes bigger and bind off loosely. for example, I used a size 9 Knit Picks Options needle tip.

Note: As with all of my patterns, If you knit these and find a mistake in the pattern. Please let me know and I will do my best to correct it and update the pattern.

Thank You and God Bless You!!

