

Cabled Hand-warmers



To fit average sized hand.

Materials:

4mm knitting needles
50g ball of Debbie Bliss Baby Cashmerino
Darning needle
Cable needle

Gauge:

5 sts and 9 rows to 1 inch

Both hand-warmers start and finish the same, with separate instructions for the centre cable pattern for both right and left hands to get them in the right position.

Glossary:

st - stitch; st-st - stocking stitch; k - knit; p - purl; 2 x 2 rib - (k2, p2) to end; c5f - slip 3 sts on to cable needle at front, k2, slip p st back on to LH needle and p it, k2 from cable needle; c5b - slip 3 sts on to cable needle at back, k2, slip p st back on to LH needle and p it, k2 from cable needle

Pattern:

Cast on 40 sts.
Work 6 rows in 2 x 2 rib.
Work 10 rows in st-st.

Work for Left Hand:

Row 1: K2, P2, (K2, P1) 5 times, P1, K20
Row 2: P20, K2, (P2, K1) 5 times, K1
Row 3: K2, P2, (P2, c5f) twice, P2, K20
Row 4: as row 2
Row 5: K2, P2, (c5b, P1) twice, K2, P2, K20
Row 6: as row 2

Repeat these 6 rows twice more (18 rows in total)

Work for Right Hand:

Row 1: K20, P2, (K2, P1) 5 times, P1, K2
Row 2: P2, K2, (P2, K1) 5 times, K1, P20
Row 3: K20, P2, K2, (P1, c5f) twice, P2, K2
Row 4: as row 2
Row 5: K20, P2, (c5b, P1) twice, K2, P2, K2
Row 6: as row 2

Repeat these 6 rows twice more (18 rows in total).

Finish Top of Pattern: (for both right and left hand)

Work 4 rows in st-st, starting with a K row.
Work 4 rows in 2 x 2 rib.
Cast off loosely in rib.

Make Up:

The hand-warmer should be around 5 inches long. Fold in half to join the row ends. Sew together the first inch from the cast off edge and the bottom 3 inches, from the cast on edge. You should have a hole about 1 inch near the top of the hand warmer to put your thumb through.