

Dream Twister Socks by Mona Schmidt

Inspired by the intricate patterns in "Bäuerliches Stricken" I combined two designs of twisted stitches to make one beautiful sock.

Pattern is for personal use only.



SIZE

To fit woman's US shoe size 9-10

Yarn

Black Bunny Fiber Sock yarn (75% wool, 25% nylon), colourway "Dreamy";
400+ yds per 4 oz.

Needles

One set of five double-pointed needles (dpn) size US 1 (2.25 mm)
Change needle size if necessary to obtain correct gauge.

Notions

Yarn needle

Gauge

32 sts and 40 rows = 4" (10 cm) in Stockinette st (St st)

Notes: Knit all knit stitches of patterns into back loop; on sole of foot and toe knit regular

Dream Twister Socks Chart A

	8	7	6	5	4	3	2	1	
		•	•		•	•	•		20
		•	•	↘	↘	•	•		19
		•	•	•	↘	↘	•		18
		↘	↘	•	•	↘	↘		17
		•	↘	↘	•	•	•		16
		•	•	↘	↘	•	•		15
		↘	↘	•	↘	↘	•		14
		•	↘	↘	•	↘	↘		13
		•	•	↘	↘	•	•		12
		•	•	•		•	•		11
		•	•	•		•	•		10
		•	•	↘	↘	•	•		9
		•	↘	↘	•	↘	↘		8
		↘	↘	•	↘	↘	•		7
		•	•	↘	↘	•	•		6
		•	↘	↘	•	•	•		5
		↘	↘	•	↘	↘	↘		4
		•	•	•	↘	↘	•		3
		•	•	↘	↘	•	•		2
		•	•		•	•	•		1

Legend:

□ knit
knit stitch

• purl
purl stitch

↘↘ Right Twist, purl bg
sl1 to CN, hold in back. k1, p1 from CN

↘↘ Left Twist, purl bg
sl1 to CN, hold in front. p1. k1 from CN

Created in Knit Visualizer (www.knitfoundry.com)

Notes:

Dream Twister Socks chart B

	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
30	•	•	•			•	•	•	•			•	•	•	•			•	•	•	
29	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	
28	•	•	•			•	•	•	•			•	•	•	•			•	•	•	
27	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	
26	•	•	•	✗	✗	•	•	•	•			•	•	•	•	✗	✗	•	•	•	
25	•	•		•	•		•	•	•	✗	✗	•	•	•	•	•	•		•	•	
24	•	•	✗	•	•	✗	•	•	•			•	•	•	✗	✗	•	✗	✗	•	
23	•	•	✗	B	B	✗	•	•	•	✗	✗	•	•	•	✗	B	B	✗	•	•	
22	•		•	✗	✗	•		•	•			•	•		•	•	✗	•		•	
21	•	✗	•	•	•	✗	•	•	•	✗	✗	•	•	✗	•	•	•	✗	•	•	
20	✗	✗	✗	•	•	✗	✗	✗	•			•	•	✗	•	•	✗	✗	✗	✗	
19		•	•	✗	✗	•	•	•	•	✗	✗	•	•	✗	•	•	✗	•	•	•	
18	✗	✗	✗	•	•	✗	✗	✗	•			•	✗	•	•	✗	✗	•	•	•	
17	•	✗	✗	•	•	✗	✗	✗	•	✗	✗	•	•	✗	•	•	✗	•	•	•	
16	•	•	✗	•	•	✗	•	•	•			•	•	•	✗	✗	•	•	•	•	
15	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	•			•	•	•	
14	•	•	•			•	•	•	•	✗	✗	•	•	•	•			•	•	•	
13	•	•	•	✗	✗	•	•	•	•			•	•		•	✗	✗	•	•	•	
12	•	•	•			•	•	•	✗	✗	•	•	•	•	•			•	•	•	
11	•	•	•	✗	✗	•	•	•	✗	B	B	✗	•	•	•	✗	✗	•	•	•	
10	•	•	•			•	•	•	•	✗	✗	•	•	•	•			•	•	•	
9	•	•	•	✗	✗	•	•	✗	✗	•	✗	✗	•	•	•	✗	✗	•	•	•	
8	•	•	•			•	•	✗	✗	•	✗	✗	•	•	•			•	•	•	
7	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	
6	•	•	•			•	✗	✗	✗	✗	✗	•	•	•	•			•	•	•	
5	•	•	•	✗	✗	•	•	✗	✗	•	✗	•	•	•	•	✗	✗	•	•	•	
4	•	•	•			•	•	•	✗	✗	•	•	•	•	•			•	•	•	
3	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	
2	•	•	•			•	•	•	•			•	•	•	•			•	•	•	
1	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	•	✗	✗	•	•	•	

Legend:

• purl
purl stitch

✗ Right Twist
Skip the first stitch, knit into 2nd stitch, then knit skipped stitch. Slip both stitches from needle together OR k2tog leaving sts on LH needle, then k first st again, sl both sts off needle.

□ knit
knit stitch

✗ Right Twist, purl bg
sl1 to CN, hold in back. k1, p1 from CN

✗ Left Twist, purl bg
sl1 to CN, hold in front. p1, k1 from CN

✗ Left Twist
sl1 to CN, hold in front. k1, k1 from CN

B knit tbl
Knit stitch through back loop

Created in Knit Visualizer (www.knitfoundry.com)

Notes:

For all charts: Knit stitches are knit into the back loop.

Dream Twister Socks chart C

	8	7	6	5	4	3	2	1	
		●	●	●		●	●		20
		●	●	↘	↘	●	●		19
		●	↘	↘	●	●	●		18
		↘	↘	●	●	↘	↘		17
		●	●	●	↘	↘	●		16
		●	●	↘	↘	●	●		15
		●	↘	↘	●	↘	↘		14
		↘	↘	●	↘	↘	●		13
		●	●	↘	↘	●	●		12
		●	●		●	●	●		11
		●	●		●	●	●		10
		●	●	↘	↘	●	●		9
		↘	↘	●	↘	↘	●		8
		●	↘	↘	●	↘	↘		7
		●	●	↘	↘	●	●		6
		●	●	●	↘	↘	●		5
		↘	↘	●	●	↘	↘		4
		●	↘	↘	●	●	●		3
		●	●	↘	↘	●	●		2
		●	●	●		●	●		1

Legend:

□ knit
knit stitch

● purl
purl stitch

↘ Left Twist, purl bg
sl1 to CN, hold in front. p1. k1 from CN

↙ Right Twist, purl bg
sl1 to CN, hold in back. k1, p1 from CN

Created in Knit Visualizer (www.knitfoundry.com)

Notes:

All knit stitches are knit into the back loop.

Dream Twister Socks chart D

	8	7	6	5	4	3	2	1	
		●	●	●	●	⧻	⧻		4
		●	●	●	⧻	⧻	●		3
		●	●	⧻	⧻	●	●		2
		●	●		●	●	●		1

Legend:



knit
knit stitch



purl
purl stitch



Right Twist, purl bg
sl1 to CN, hold in back. k1, p1 from CN

Created in Knit Visualizer (www.knitfoundry.com)

Dream Twister Socks chart E

	8	7	6	5	4	3	2	1	
		⧻	⧻	●	●	●	●		4
		●	⧻	⧻	●	●	●		3
		●	●	⧻	⧻	●	●		2
		●	●	●		●	●		1

Legend:



knit
knit stitch



purl
purl stitch



Left Twist, purl bg
sl1 to CN, hold in front. p1. k1 from CN

Created in Knit Visualizer (www.knitfoundry.com)

Sock (make 2)

Leg

CO 72 sts. Arrange on 4 needles – 18 sts each. Join for working in the rnd, being careful not to twist sts.

Rnd 1 and 2: k1, *p2, k2; rep from * to last st, k1

Rnd 3: start twisted rib: Beg with k1, twist this st with last st of rnd.

p1, *skip the first knit sts, knit into second st, then knit skipped stitch, p2; rep from * to last st, p1. Rnd 4: rep rnd 1.

Rep rnds [3 and 4] 3 times more.

Next rnd: beg working charts. Set up as follows: Work chart A, chart B , chart C, repeat.

Work evenly until 3 height repeats of charts A and C and 2 height repeats of chart B are worked.

Heel flap: Slip sts from second needle to first needle. Working back and forth on these sts only, knit heel flap as follows:

Row 1: sl1, *k1, sl1 kwise wyib, rep from * to last st, k1

Row 2: sl 1, purl across

Rep rows [1 and 2] 14 times more—30 rows completed.

Turn heel:

Row 1 (RS): Sl1, k19, k2tog tbl, k1, turn.

Row 2: Slip 1, p5, p2tog, p1, turn.

Row 3: Slip 1, k6, k2tog tbl, k1, turn.

Cont working in this manner, working 1 additional st before the decrease on each row, until 20 sts rem, ending with a WS row.

Shape Gusset:

Pickup rnd: With N1, slip 1, k19 across heel flap, then pick up and knit 15 sts along the side of the heel, N2 and N3: K18 on each needle in est patt; N4: pick up 15 sts along the side of the heel, then knit the first 10 sts on N1 - 86 stitches arranged 25-18-18-25. K 1 Rnd. Next Rnd 1st dec Rnd:

Rnd 1: N1: Knit to last 2 sts, k2tog, N2 and 3: knit in est patt; N4: ssk, knit to end.

Rnd 2: Knit around.

Rep [Rnds 1 and 2] 8 more times—70 sts rem (17 sts on needle 1 and 4, 18 sts on needle 2 and 3).

Foot:

Work even until 4 pattern repeats of chart B are worked from cast-on, then work chart D and E once. Beg shape toe in next rnd.

Shape Toe:

Work in reverse St st on top of foot (in pattern as est; i.e. reverse St st and 1 knit st tbl) and St st on underside from here.

Rnd 1: *N1: Knit to last 3 sts, k2tog, k1; N2: k1, ssk, knit to end; N3 and 4: rep from *—68 sts rem.

Rnd 2: Knit around.

Rep [Rnds 1 and 2] 6 more times—38 sts rem.

Rep Rnd 1 once more - 34 sts.

Next (dec) rnd: knit sts from N1, N2: k1, ssk, knit to end; N3: k1, k2tog, knit to end, N4: knit - 32 sts

Rep [Rnd 1] 4 times more—16 sts rem.

Break yarn, leaving an 8" tail.

Finishing:

Knit sts from N4 to N1, slip sts from N2 to N3. Holding N1 and N3 parallel, graft sts using Kitchener st. Weave in ends on inside of sock.