

Simple Sevens Gauntlets

Jessica Meredith, Designer
MC&M Designs
One Skein, Super Simple



These mid-forearm gauntlets are the perfect quick knit and one skein project. There should even be enough yarn left for a simple skinny scarf or a Calorimetry. Gauntlets can be worn with top edge folded back for more finger freedom.

This pattern is very easy to size up or down since it is knit on the Elizabeth Zimmerman principle of 7's. Simply take the measurement of your lower forearm and multiply by seven (7) for your cast on number.

OPTION #1

Seven (7) stitches per inch on size 4 needles, Stockinette stitch. Pattern is written for 8 inch forearm.

Supplies:

4 (four) ounces Aran or Heavy Worsted weight yarn

Size 4 Double-pointed needles (set of 4)

Size 6 Double-pointed needles (set of 4)

Scrap yarn of a contrasting color

Finishing needle (upholstery or other)

Abbreviations:

DPN – Double-pointed needles

CO – Cast on

K - Knit

P - Purl

About the Author: Jessica is an avid knitter, hiker and mom to two rowdy boys. Now a full-time student again, Jessica has cut back on knitting giant projects and has taken to quick and easy one skein projects that offer a bit of instant gratification and are easily crammed into her messenger bag. As with all offered patterns, questions can be directed to Jessica via email at Meredith_mob@yahoo.com

K2tog – Knit two together

PU – Pick Up

BO – Bind Off

Pattern:

On size 4 DPNs, CO fifty-six (56) stitches. Join, being careful not to twist.

K2P2 for four (4) rounds

K for two (2) rounds

K2P2 for four (4) rounds

Switch to size 6 DPNs, K for thirty-six (36) rounds

*K7 K2tog, repeat from * to end of round

K for sixteen (16) rounds

K first nine (9) stitches onto scrap yarn, move back to left needle and knit round normally.

K for twenty (20) rounds (if number of stitches is an odd number K in front and back of last stitch to make even...it does happen, trust me!)

K2P2 for four (4) rounds

Thumb:

Carefully remove scrap yarn. Place loose (should be 18) stitches on size 6 DPNs. PU six (6) stitches on outer edges of thumb.

K eight (8) rounds

K2P2 for two (2) rounds.

BO in K2P2 rib. Weave in loose ends.

Knit second gauntlet to match.

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OPTION #2

This option is best for light or regular worsted weight yarns. The knit is tighter but still stretchy enough to be comfortable. This option is my personal favorite for everyday wear because there is little to no slippage of the gauntlets while I'm out and about.

Seven (7) stitches per inch on size 5 needles, stockinette stitch.

Pattern is written for 8 inch forearm.

Supplies:

4 (four) ounces Light or Regular Worsted weight yarn
Size 4 Double-pointed needles (set of 4)
Size 5 Double-pointed needles (set of 4)
Scrap yarn of a contrasting color
Finishing needle (upholstery or other)

Abbreviations:

DPN – Double-pointed needles
CO – Cast on
K - Knit
P - Purl
K2tog – Knit two together
PU – Pick Up
BO – Bind Off

Pattern:

On size 4 DPNs, CO fifty-six (56) stitches. Join, being careful not to twist.

K2P2 for six (6) rounds

K for two (2) rounds

K2P2 for four (4) rounds

Switch to size 5 DPNs, K for forty-two (42) rounds

*K7 K2tog, repeat from * to end of round

K for twenty-one (21) rounds

K first nine (9) stitches onto scrap yarn, move back to left needle and knit round normally.

K for twenty-eight (28) rounds (if number of stitches is an odd number K in front and back of last stitch to make even...it does happen, trust me!)

K2P2 for six (6) rounds

Thumb:

Carefully remove scrap yarn. Place loose (should be 18) stitches on size 5 DPNs.

PU six (6) stitches on outer edges of thumb.

K eight (8) rounds

K2P2 for two (2) rounds.

BO in K2P2 rib.

Weave in loose ends.

Knit second gauntlet to match.

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