



Purple Pansy Designs

By Denise Bein Kroll

Slow Flowing Mitts

By Denise Bein Kroll

Water caresses
Everything it touches
As it flows downstream



Photo by Glenda Scobba

This pattern features a simple cable ribbed cuff that flows into a lace pattern and back into the cable as it hugs your hand. The pattern is opposed on the left and right hands.

- 💧 Instructions are given for each hand separately.
- 💧 The Waterfall lace pattern has an inconsistent stitch count.
- 💧 Charts will show a "no stitch" square to represent the change in stitch count. Follow as written.
- 💧 Both charts and written instructions are provided for ease in knitting.

Intermediate

Size: women's medium (9")
approximately 7" circumference.

Gauge: 26 st and 36 rows = 4"

Yarn requirements: 1 skein (130 yards) DK or sport weight. Shown in: Grey - Rowan Wool Cotton (DK / 8 ply 50% Merino, 50% Cotton, 123 yards / 50 grams) and White - Classic Elite Wool Bamboo (discontinued DK / 8 ply, 50% Wool, 50% Bamboo, 118 yards / 50 grams)

Needles: US 3 (3.25mm) 32" circular or dpns (or size needed to obtain gauge)

Notions: stitch markers, stitch holder and darning needle

Abbreviations and terms:

Kf/b - knit into front loop of stitch, then back loop of stitch before moving to right needle
Ktbl - knit stitch through the back loop
M1 - pick up loop between stitches, place on left needle, Ktbl
PM - place marker
SM - slip marker

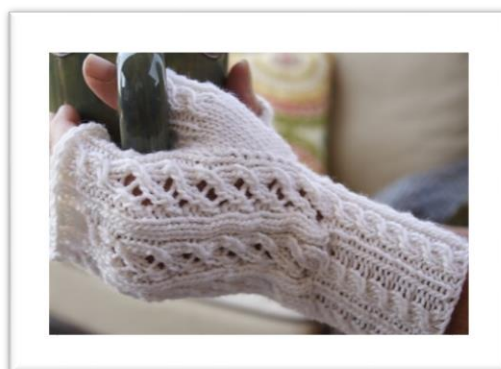


Photo by Heidi Hough

Pattern stitches used / Key

Key



Knit
k



Purl
p



Yarn Over
yo



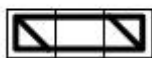
No Stitch
x



Knit 2 stitches together
k2tog

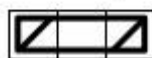


slip, slip, knit slipped sts together
ssk



2/1 Left Cross
21lc

Sl 2 to front, k1, k2 from cn



2/1 Right Cross
21rc

Sl 1 to back, k2, k1 from cn

Pattern instructions

Left Mitt: Using the long tail cast on, cast on 42 stitches, join to work in round (taking care not to twist), Work **Left Cable rib** pattern over all stitches until 24 rounds have been completed (6 complete rounds).

Left cable rib pattern

6	5	4	3	2	1	
						4
						3
						2
						1

Left cable rib pattern

Round 1: *p1, k1, p1, k3, repeat from *

Round 2: *p1, k1, p1, k3, repeat from *

Round 3: *p1, k1, p1, k3, repeat from *

Round 4: * p1, k1, p1, cross 1 stitch over 2 right, repeat from *

Increase round: [P1, Kf/b, P1, K3] 3 times [P1, K1, P1, K3] 2 times, P1, Kf/b, P1, K3, P1, Kf/b, P1, K2, Kf/b (48 st)

K26, PM, work **left hand chart** (Waterfall Pattern) over next 22 stitches. *(The first 26 stitches of each row will be knit unless directed otherwise.)*

Work 1 repeat of Waterfall Pattern chart (rows 1-6) then begin gusset shaping.

Waterfall Pattern (**left hand chart**)

25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	6
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	5
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	4
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	3
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	2
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1

After completing 1 repeat of chart (6 rounds), begin Gusset shaping. (Continue working chart).

Gusset Shaping:

Set up to position gusset at center of round: K23, PM Kf/b twice, K1, SM, complete pattern round 1 over remaining stitches (2 stitches increased). Work a second round in established pattern without increasing.

The gusset increase rounds are as follows:

Round 1: Knit to marker, SM, M1, work to 1 stitch before next marker, M1, K1, SM, work chart round.

Round 2: Work in established pattern without increasing slipping markers.

Work gusset rounds until there are 21 stitches between markers (ending with a 2nd gusset round / 6th round of the chart). Continue to end of round.

K23, slip 20 stitches to holder, cast on 2 stitches, K1, work in pattern to end.

Continue working on hand/palm stitches in established pattern until you reach round 5 of the 5th pattern repeat.

Next round (pattern round 6): Dec 6 stitches as follows: K1, K2tog, [K5, K2tog] twice, K10, P1, K1, P1, [K3, P1, K2tog, P1] twice, K2, K2tog (42st)

Work 2 repeats of the **left cable rib pattern**, bind off loosely.

Thumb instructions: Place thumb (gusset) stitches from holder onto needles, join yarn and pick up 4 stitches at base of thumb (24 st), working in the round, work 2 repeats of the **left cable rib pattern**, bind off loosely.

Waterfall Pattern Left hand

(22 stitches with increases to 25 stitches)

Round 1: k1, p1, k1, p1, k3, yo, p1, k2, p1, k3, yo, p1, k2, p1, k3, yo, p1 (25 st)

Round 2: k1, p1, k1, p1, k4, p1, k2, p1, k4, p1, k2, p1, k4, p1 (25 st)

Round 3: k1, p1, k1, p1, k1, k2tog, yo, k1, p1, k2, p1, k1, k2tog, yo, k1, p1, k2, p1, k1, k2tog, yo, k1, p1 (25 st)

Round 4: k1, p1, k1, p1, k2tog, k2, p1, k2, p1, k2tog, k2, p1, k2, p1, k2tog, k2, p1 (22 st)

Round 5: k1, p1, k1, p1, k1, yo, k2tog, p1, k2, p1, k1, yo, k2tog, p1, k2, p1, k1, yo, k2tog, p1 (22 st)

Round 6: k1, p1, k1, p1, k3, p1, k2, p1, k3, p1, k2, p1, k3, p1 (22 st)

Right Mitt:

Cast on 42 stitches, join to work in round, work **right cable rib** pattern over all stitches until 24 rounds have been completed (6 complete repeats)

Right Cable Rib

6	5	4	3	2	1	
			—		—	4
			—		—	3
			—		—	2
			—		—	1

Right Cable Rib pattern

Round 1: * p1, k1, p1, k3, repeat from *

Round 2: * p1, k1, p1, k3, repeat from *

Round 3: * p1, k1, p1, k3, repeat from *

Round 4: *p1, k1, p1, cross 1 stitch over two left, repeat from *

Increase round: P1, K1, P1, K3 [P1, Kf/b, P1, K3] 6 times (48 st) Pattern (chart) will be worked at the *beginning* of the round for the right mitt (last 26 stitches will be knit unless otherwise specified).

Work reverse Waterfall pattern (**right hand chart**) PM, work stockinette stitch over remaining 26 stitches. As with the left hand, work 1 chart repeat, then begin gusset shaping.

Reverse Waterfall Pattern (right hand chart)

25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	6
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	5
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	4
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	3
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	2
—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1

Gusset shaping:

Work in pattern established to marker, SM, K1, Kf/b twice, (gusset increase is at center of round), PM, knit to end. Work a second round in established pattern without increasing.

The gusset increase rounds are as follows:

Round 1: work charted stitches to marker, SM, K1, M1, K to marker, M1, SM, K to end

Round 2: work in established pattern without increasing

Work these two rounds, continuing in pattern as established until you have 21 stitches between markers (ending with a 2nd gusset round / 6th round of the chart). On the next round, work pattern stitches to marker, K1, move gusset stitches to holder, increase two stitches over gap, knit to end.

**Reverse Waterfall Pattern
Right hand**

(22 stitches with
increases to 25 stitches)

Round 1: p1, k1, p1, yo, k3, p1, k2, p1, yo, k3, p1, k2, p1, yo, k3, p1, k1 (25 st)

Round 2: p1, k1, p1, k4, p1, k2, p1, k4, p1, k1 (25st)

Round 3: p1, k1, p1, k1, yo, ssk, k1, p1, k2, p1, k1, yo, ssk, k1, p1, k2, p1, k1, yo, ssk, k1, p1, k1 (25 st)

Round 4: p1, k1, p1, k2, ssk, p1, k2, p1, k2, ssk, p1, k2, p1, k2, ssk, p1, k1 (22st)

Round 5: p1, k1, p1, ssk, yo, k1, p1, k2, p1, ssk, yo, k1, k1, p1, k2, p1, ssk, yo, k1, p1, k1 (22st)

Round 6: p1, k1, p1, k3, p1, k2, p1, k3, p1, k2, p1, k3, p1, k1 (22 st)

Continue working on hand/palm stitches in established pattern until you reach round 5 of the 5th pattern repeat.

Next round (pattern round 6): Decrease 6 stitches as follows: P1, K1, P1 [K3, P1, K2tog, P1] three times, K4, K2tog, [K5, K2tog] twice, K4 (42 st)

Work two repeats of **right cable rib** pattern, bind off loosely.

Thumb instructions: Place thumb (gusset) stitches from holder onto needles, join yarn and pick up 4 stitches at base of thumb, working in the round, work 2 repeats of the **right cable rib pattern**, bind off loosely.

Finishing: weave in ends, block lightly if needed.