



# HARPA SOCKS

By Natalie Jacobs

*The Harpa sea shell is a natural beauty, with gentle lines and curves. The shell's ornamental ribbing is suggestive of the strings on a harp, hence it's name. Capture it's essence with these lace ankle socks.*

## Yarn:

Sublime: Fingering by Squoosh Fiberarts

<http://squoosh.etsy.com>

"Shell" [420 yards (384 m); Superwash Merino Wool]

## Other Materials:

Set of 5 DPNs (2.5mm/1.5 US), Stitch marker (if desired), Tapestry needle

## Gauge:

8 stitches / 10 rows = 1 inch

*NOTE: The lace pattern will make the sock seem narrow until it is placed on the foot, which will open up the lace and expand the sock!*

## Zig Zag Lace (instep):

Row 1 and all odd rows: p2, \*k2, p2\* repeat

Rows 2, 4, and 6: p2, \*yo, k2tog, p2\* repeat

Rows 8, 10, and 12: p2, \*sl1, k1, psso, yo, p2\* repeat

## INSTRUCTIONS:

### Cuff:

Cast on 60 stitches and divide evenly between 4 needles (15 stitches on each needle). Join in the round being careful not to twist. Place stitch marker to indicate the beginning of the round, if desired.

1. Work k2, p2 ribbing for 6 rows

*NOTE: This design is for an ankle sock. If you wish to make a longer sock, do additional rows of ribbing until the cuff is the desired length.*

### Heel Flap:

Work next 30 stitches all onto one needle for the heel flap in Braided Rib. The remaining 30 stitches are not used and will later become the instep of the sock.

2. With RS facing - Sl1, k1, p2, \*skip first stitch, second stitch ktbl keeping stitch on left needle, k skipped stitch, slide both stitches off left needle, p2\*, [repeat from \* to \* 6 times] k2
3. With WS facing - Sl1, p1, k2, \*skip first stitch, second stitch p keeping stitch on left needle, then p skipped stitch, k2\*, [repeat from \* to \* 6 times] p2
4. Repeat steps 2 & 3 until heel flap is 20 rows (or is approx 2 inches long), then repeat step 2 once more to end with a RS row.

*NOTE: If you wish to accommodate a larger instep, do additional repeats to create a longer heel flap. You will then need to do pick up additional stitches for the gusset and add more decrease rounds later.*

**Turn heel:**

5. With WS facing - SI1, P16, P2tog, P1 turn
6. SI1, K5, K2tog, K1 turn
7. SI1, P6, P2tog, P1 turn
8. SI1, K7, K2tog, K1 turn
9. SI1, P8, P2tog, P1 turn
10. SI1, K9, K2tog, K1 turn
11. SI1, P10, P2tog, P1 turn
12. SI1, K11, K2tog, K1 turn
13. SI1, P12, P2tog, P1 turn
14. SI1, K13, K2tog, K1 turn
15. SI1, P14, P2tog, P1 turn
16. SI1, K15, K2tog, K1

There should be 18 stitches left on the heel needle.

**Gusset:**

Needles 1, 2, 3 & 4 will now be designated.

17. *Needle 1* - Using needle holding the heel stitches, pick up and knit one stitch in each loop along the heel flap, and an extra stitch in the space between the heel flap and the instep (11 stitches picked up total)
18. *Needles 2 & 3* - Work across instep (30 stitches) with Row 1 of Zig Zag Lace pattern
19. *Needle 4* - Using spare needle, pick up and knit an extra stitch in the space between the heel and the rest of the sock, and one stitch in each loop along the other side of the heel flap (11 stitches total). Knit across first 9 stitches of heel flap

The center of the heel stitches will now be the beginning of the round. Place stitch marker if desired.

**Decreases:**

20. Knit to last 3 stitches of *Needle 1*, K2tog, K1; *Needles 2 & 3*, continue with Zig Zag Lace pattern stitch across instep; *Needle 4*, K1, SSK, knit to end (2 stitches decreased)
21. Knit one round with no decreases, continuing with pattern stitch across instep.

Repeat steps 20 & 21 until there are 60 stitches total (30 across bottom of sock, 30 across instep)

**Body Of Sock:**

22. Continue knitting all stitches for the bottom of the sock each round (stockinette), but using the Zig Zag Lace stitch for the 30 stitches on the top of the sock until sock is about 2 inches shorter than desired length. End on row 6 or 12 of the pattern stitch.

**Toe Decreases:**

23. Knit to last 3 stitches of *Needle 1*, K2tog, K1; *Needle 2*, K1, SSK, work across by knitting the knit stitches and purling the purl stitches to create 2x2 ribbing until the last 3 stitches of *Needle 3*, K2tog, K1; *Needle 4*, K1, SSK, knit to end (4 stitches decreased).
24. Knit one round with no decreases maintaining the ribbing across the instep stitches.

Repeat steps 23 & 24 until there are 20 stitches remaining. Move the stitches from the top of the sock onto one needle (10 stitches) and from the bottom onto one needle (10 stitches). Weave in with Kitchener stitch or other preferred method for finishing sock toe. Weave in all ends.