



Mrs. Applebomb

by Nataly Alves

A unisex vest with a simple cable pattern to add some fun and interest. I knit this for my daughter as an addition to her school uniform but could be a great playtime vest too.

Gauge = 4 sts/inch

Needle = US 7, or size needed to obtain gauge

Size 4 (5, 6, 7)

Chest size 22" (23", 24", 25")

Notions:

24 inch size 7 circular needle

Size 7 DPN's

Yarn needle

Abbreviations:

CO cast on

BO bind off

K knit

P purl

C4F= Slip 2 stitches to cable needle and hold in front, P2, K2 from cable needle

C4B= Slip 2 stitches to cable needle and hold in back, K2, P2 from cable needle

SS stockinette stitch

PM place marker

SM slip marker

Instructions:

CO 88 (92, 96, 100) sts, PM and join in round

Round 1 to 5: K2, P2

Round 6: Set up markers: K6 (6, 7, 7), PM, K10, PM, K28 (30, 31, 33), PM, K to beg marker

Round 7: Knit for 15 rounds, slipping markers

Start cable pattern:

Round 22: Knit to first marker, start cable pattern chart to next marker, knit to end, slipping middle marker.

Cable Pattern:

•	•	X	X	•	•	X	X	•	•	7
•	•	•	X	X	X	X	•	•	•	6
•	↘				↗				•	5
•	X	X	•	•	•	•	X	X	•	4
•	X	X	•	•	•	•	X	X	•	3
•	X	X	•	•	•	•	X	X	•	2
•	X	X	•	•	•	•	X	X	•	1

• purl, knit on WS

X knit, purl on WS

↘ C4B

↗ C4F

Repeat these 7 rounds until you have 9 (9.5, 10, 10.5) inches from CO

Divide for Arm Holes:

Next Row: (keeping in cable stitch pattern)

Knit to first marker, row 1 of chart, knit to middle marker and turn work

Divide for V-neck:

(you may find it easier to work the 2 front panels on DPN's)

Right side (without cable)

Next row(WS): Starting at armhole with wrong side facing you, BO 2 sts, P20 (21, 22, 23), turn work

Next row: K2tog, knit to end 19 (20, 21, 22) sts

Next row: purl

Repeat these last 2 rows until 16 stitches remain

Knit in SS for 5 (5.5, 6, 6.5) inches from armhole divide. Leave these 16 live stitches on the needle.

Left side (with cable)

First Row (WS): Starting at the armhole, BO 2 sts, purl to marker, row 2 of the chart, (being sure to work the chart on the WS), purl to end

Next Row (RS): K2 tog, knit to marker, row 3 of chart, knit to end

Next Row (WS): purl to marker, row 4 of chart, purl to end

Next Row (RS): K2tog, knit to marker, row 5 of chart, knit to end

Continue in this way until 16 stitches remain.

After 3rd cable is completed switch to straight SS for 5 (5.5, 6, 6.5) inches from arm hole divide. Leave these 16 live stitches on a spare needle.

Knit Back:

(WS) BO 2 sts, P42 (44, 46, 48)

Next row: BO 2 sts, K40 (42, 44, 46)

Knit in stockinette stitch for 5 (5.5, 6, 6.5) inches from arm hole divide. Leave stitches live on the needle.

Turn work inside out and do a 3 needle bind off with the first shoulder, BO 8 (10, 12, 14) stitches in the middle, leaving 16 stitches to do a 3 needle bind off with other shoulder. Weave in ends.

Trim neck and arms:

For neck:

Starting at middle front point, pick up and knit approx 40 stitches around the edge of the neck. Work back and forth in 2X2 ribbing for 2 rows. BO in pattern. Stitch the middle joint together.

For arms:

Pick up and knit approx 20 stitches around armhole. Knit in 2X2 ribbing for 2 rows. BO in pattern. Repeat for other arm. Weave in ends, block and enjoy!