FEUILLE CABLEE SOCKS

O BY STEFANINA, MARCH 2009



MATERIAL

Yarn Regia Mosaik Color (420m/100g) 1 skein Needles dpns 2.25 mm / US 1 size

SIZE

To fit a 38.5 /39 size foot (European Medium) This stitch pattern is very stretchy.

GAUGE

30 st / 42 rows = 10 cm / 4" over stockinette stitch

ABBREVIATION

k: knit p: p

st: stitch

ssk: slip one st, slip one st, k2tog through back loop

k2tog: knit 2 st together

rnd: round

LEG

Cast on 64 st, divide the st. evenly on 4 dpns (16 st per needles), join for working in the round, and be careful not to twist the st.

Ribbing set-up row:

Work in (1p, 8k, 4p, 2k, 1ktbl, 2k, 4p, 8k, 2p) 2 times around for 8 rounds.

Then begin chart Feuille Cablée socks leg pattern.

Work 3 pattern repeat (from rnd 1 to 16) 48 rounds worked. You can knit more pattern repeat if you desire a longer length for your leg, but be sure to finish with row 16 or 2.

HEEL

The heel flap will be worked on the next 31 st, back and forth following Feuille Cablée socks heel pattern, and the other 33 st will be the instep st.

After completing the heel flap you have worked 28 rows.

Now you can turn the heel as follow:

Row 1 (RS): slip 1 as if to purl with yarn in

front, k19, ssk, k1, turn

Row 2 (WS): p 11, p2tog, p1, turn

Row 3 (RS): k 12, ssk, k1, turn

Row 4 (WS): p 13, p2tog, p1, turn

Row 5 (RS): k 14, ssk, k1, turn

Row 6 (WS): p 15, p2tog, p1, turn

Row 7 (RS): k 16, ssk, k1, turn

Row 8 (WS): p 17, p2tog, p1, turn

Row 9 (RS): k 18, ssk, k1, turn

Row 10 (WS): slip 1 as if to purl with yarn

in front, p 18, p2tog, p1, turn

Row 11 (RS): slip 1 as if to knit with yarn in

back, k20



Now you are ready to pick-up stitches for gusset.

Pick-up and knit 15 st along left side of the heel flap, purl the first instep st.(this added st. will always be purled, so you have 2 purled st. at the begin and the end of the pattern) work the next 32 instep st in pattern (here row 1 of the Feuille Cablée socks leg pattern), pick-up and knit 15 st along right side of the heel flap, knit the first 10 st of the heel, this is the new beginning of the round.

GUSSET

Decreasing gusset:

Rnd 1: knit 23 st, k2tog, k1, work 33 instep st following chart Feuille Cablée socks leg pattern (don't forget the first purled st.), k1, ssk, k 22.

Rnd 2: knit sole and gusset st, work instep following charted pattern.

Continue working these 2 rounds decreasing 2 st every other rnd, until you reach 31 st for the sole stitches, the number of instep stitches vary depending on the row you are on.

FOOT

Continue working in this manner until you reach 6cm (2.5 inch) less than total desired foot length.

TOE

Set-up row:

Knit one rnd transferring 1 st. from the instep to the sole. You have now 16 st on each needle (32 instep st and 32 sole st). Knit to the end of the sole st, the begin of the rnd is now at the begin of the instep stitches.

Rnd 1 (on instep st): k1, ssk, k to last 3 st (26 st), k2tog, k1; on sole st k1, ssk, knit to 3 last st (26 st), k2tog, k1.

Rnd 2: knit

Repeat these 2 rnd decreasing 4 st every other rnd until it remains 32 st (8 st on each needle), then repeat rnd 1 every rnd until it remains 8 st (2 st on each needle).

FINISHING

Break yarn, with a sewing needle pull through the 8 remaining stitches 2 times and weave in ends.

Et voilà.

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Feuille cablée socks leg chart

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38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22 2	1 20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
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Leaend:

Legend	i.
•	purl purl stitch
	knit knit stitch
YX	Right Twist Skip the first stitch, knit into 2nd stitch, then knit skipped stitch. Slip both stitches from needle together OR k2tog leaving sts on LH needle, then k first st again, sl both sts off needle.
	No Stitch Placeholder - No stitch made.
В	knit tbl Knit stitch through back loop
XX	Left Twist sl1 to CN, hold in front. k1, k1 from CN
1	k:3tog Knit three stitches together as one
0	yo Yarn Over
N	k:3tog tbl Knit three stitches together through back loops
Z	p2tog Purl 2 stitches together
	p2tog tbl Purl two stitches together in back loops, inserting needle from the left, behind and into the backs of the 2nd & 1st stitches in that order
MR	make one right Place a firm backward loop over the right needle, so that the yarn end goes towards the back
	ssk Slip one stitch as if to knit, Slip another stitch as if to knit. Insert left-hand needle into front of these 2 stitches and knit them together
Z	k2tog Knit two stitches together as one stitch
M	make one left Place a firm backward loop over the right needle, so that the yarn end goes towards the front
У	sl1 k2tog psso slip 1, k2tog, pass slip stitch over k2tog

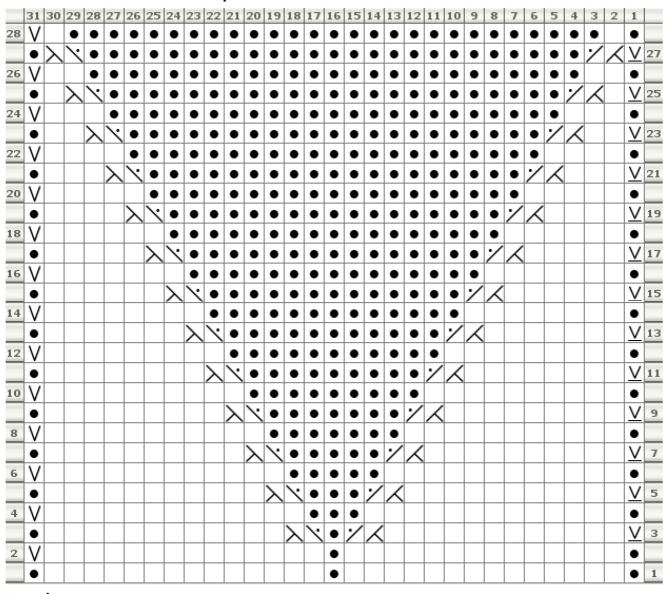
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Notes:

The stitches increased on rnd 3, will be decreased on rnd 9.

The p2tog tbl, can be changed in a simply p2tog.

Feuille cablée socks heel pattern



Legend:

•	purl RS: purl stitch WS: knit stitch
	knit RS: knit stitch WS: purl stitch
V	slip RS: Slip stitch as if to purl, holding yarn in back WS: Slip stitch as if to purl, holding yarn in front
V	slip wyif RS: Slip stitch as if to purl, with yarn in front WS: Slip stitch as if to purl, with yarn in back
//	Right Twist, purl bg RS: sl1 to CN, hold in back. k1, p1 from CN WS: Right Twist Purl
X	Left Twist, purl bg RS: sl1 to CN, hold in front. p1. k1 from CN WS: Left Twist Purl

Created in KnitVisualizer (www.knitfoundry.com)

Notes: