



Brain Fog Blanket

M E A w a r e n e s s W e e k 2 0 1 2

Charlotte
Dunning

Pattern:

Cast on 30 stitches (or any multiple of 3)

Row 1: *K2, P1; repeat from * to end of row.

Repeat this row until piece measures 13cm, then cast off in pattern.



You'll Need:

- DK Yarn
- 5mm Needles

“ This pattern is perfect for when you're 'under the influence' of Brain Fog. Knit it in bed, while watching tv... Anywhere you like! And soon you'll have a beautiful and colourful blanket for you to snuggle up in. ”

Donate...

I have provided this pattern for free, but if you enjoy knitting it please make a donation to AYME.org.uk, the charity that helps and supports young people with M.E and Chronic Fatigue Syndrome. If you're not able to donate, please add your Brain Fog Blanket as a project on Ravelry.com, to help spread the word!

