

Knit 1 Breathe 1 Shawl/Stole/Scarf

by PrettyKnittyJewelry Designs

Gauge is not important in this project. If you want your piece to be light and airy, use needles at least 2 sizes larger than is recommended for the yarn you choose. Shawls and Scarves have been knit successfully in Fingering-weight yarn on 4mm (6) needles, and Bulky-weight yarn on 12.75mm (17) needles, so pick your favorite yarn and some long, circular needles, and enjoy the knitting!

For a Bottom-Up, Triangle Shawl (or a kerchief, on a smaller scale):

C/O 2 sts, Turn

Row 1: K in the front and back of first stitch (*Kf&b*), Kf&b, turn (*4sts*)

Row 2: Kf&b, K1, Kf&b, K1, turn (*6sts*)

Row 3: Kf&b, K3, Kf&b, K1, turn (*8sts*)

Row 4: Kf&b, K5, Kf&b, K1, turn (*10sts*)

Row 4: Kf&b, K7, Kf&b, K1, turn (*12sts*)

Row 5: Kf&b, K9, Kf&b, K1, turn (*14sts*)

Row 6 = Row 1 of middle lace chart (set-up row, wrong side)

Proceed with rows 2-13 (below), and repeat these rows until shawl is wide enough.

To complete the piece, work 6 rows garter stitch edging, as follows:

Row 1: K3, YO, K to last 3 sts, YO, K3, turn

Rows 2, 4 and 6: Knit, turn

Row 3: K4, YO, K to last 4 sts, YO, K4, turn

Row 5: K5, YO, K to last 5 sts, YO, K5, turn

Bind off and block, if desired.

Add ties to a kerchief with a twisted cord or crochet chain, if desired.

Bottom-Up, Triangle Shawl

13	v	v	v	v	v	v	v	v	-	-	-	-	-	-	-	v	v	v	v	v	v	v	v	v	v	13	
12	v	v	v	v	v	v	v	v	o	v	o	⊠	o	v	v	v	v	o	v	v	v	v	v	v	v	v	12
11		v	v	v	v	v	v	v	-	-	-	-	-	-	-	-	v	v	v	v	v	v	v	v	v	11	
10		v	v	v	v	v	v	v	o	v	v	v	v	o	⊠	o	v	o	v	v	v	v	v	v	v	v	10
9			v	v	v	v	v	v	-	-	-	-	-	-	-	-	v	v	v	v	v	v	v	v	v	9	
8			v	v	v	v	v	v	o	v	o	⊠	o	v	v	v	v	o	v	v	v	v	v	v	v	v	8
7				v	v	v	v	v	-	-	-	-	-	-	-	-	v	v	v	v	v	v	v	v	v	7	
6				v	v	v	v	v	o	v	v	v	v	o	⊠	o	v	o	v	v	v	v	v	v	v	v	6
5					v	v	v	v	-	-	-	-	-	-	-	-	v	v	v	v	v	v	v	v	v	5	
4					v	v	v	v	o	v	o	⊠	o	v	v	v	v	o	v	v	v	v	v	v	v	v	4
3						v	v	v	-	-	-	-	-	-	-	-	v	v	v	v	v	v	v	v	v	3	
2							v	v	o	v	v	v	v	o	⊠	o	v	o	v	v	v	v	v	v	v	v	2
1	set up row																									set up row	1
Repeat																											

Stitch Key:

v	knit
-	purl (center sts on wrong side rows)
o	Yarn Over
☒	s2kp (Slip two stitches knitwise from left to right needle. Knit the next stitch. Pass the slipped stitches over the knit stitch.)

For a Top-Down, Rounded-Bottom Shawl:

Cast on 12

Row 1: K2, YO, K8, YO, K2 (14 sts)

Row 2: K2, YO, K10, YO, K2 (16 sts)

Row 3 = row 1 of top lace chart (set-up row, wrong-side)

Proceed with chart (below), repeating rows 2-5 until wide enough.

Note: There are 4 increases in every right-side row, and 2 increases in every wrong-side row.

The bottom of the shawl will be rounded, and you can add some, evenly-spaced YOs into the last row for more stretchiness and a little ruffling, if you like. Then bind off and block.

<u>Top-Down, Rounded-Bottom Shawl</u>																																																			
5	v	v	v	v	v	v	v	v	v	v	o	-	-	-	-	-	-	-	o	v	v	v	v	v	v	v	v	v	5																						
4		v	v	o	v	v	v	v	v	v	o	v	o	⊠	o	v	v	v	v	o	v	v	v	v	v	v	o	v	v	4																					
3			v	v	v	v	v	v	v	v	o	-	-	-	-	-	-	-	o	v	v	v	v	v	v	v				3																					
2				v	v	o	v	v	v	o	v	v	v	v	o	⊠	o	v	o	v	v	v	o	v	v					2																					
1	set up row			<table><tr><td>v</td><td>v</td><td>v</td><td>v</td><td>o</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>o</td><td>v</td><td>v</td><td>v</td><td>v</td></tr></table>																								v	v	v	v	o	-	-	-	-	-	-	-	-	-	-	o	v	v	v	v	set up row			1
v	v	v	v	o	-	-	-	-	-	-	-	-	-	-	o	v	v	v	v																																
Repeat																																																			

Stitch Key:

v	knit
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o	Yarn Over
⊠	s2kp (Slip two stitches knitwise from left to right needle. Knit the next stitch. Pass the slipped stitches over the knit stitch.)

For Rectangular Scarf or Shawl:

Cast on a Multiple of 6sts.

Knit 6-11 rows (garter stitch edging at both ends)

Follow lace chart (below), maintaining 3 garter sts at each side until piece is as long as you would like.

Knit 6-11 rows (same as beginning garter edging), and Bind off.

<u>Rectangular Stole/Scarf</u>													
4	v	v	v	o	⊠	o	v	v	v	v	v	v	4
3	v	v	v	-	-	-	-	-	-	v	v	v	3
2	v	v	v	v	v	v	o	⊠	o	v	v	v	2
1	v	v	v	-	-	-	-	-	-	v	v	v	1
Repeat													

Stitch Key:

v	knit
-	purl (center sts on wrong side rows)
o	Yarn Over
⊠	s2kp (Slip two stitches knitwise from left to right needle. Knit the next stitch. Pass the slipped stitches over the knit stitch.)