Easy Kids Hand Warmers

By Samantha Goodin

This is a quick basic knit pattern to fit 1 - 5 year olds and can be easily adapted to ones uniqueness with addition of different colour yarns, cables, increasing ribbing / stocking stitch length, embellishments or addition of different stitches. It can either be knit in the round or flat then seamed and what better way to use up extra bits of yarn, or keep the kids that extra bit warm in winter.

This is the first pattern that I have put together so all feedback is appreciated, Thanks



k = Knit

p = Purl

sts = Stitches

sm = Stitch Marker

Needle Size: 4mm Yarn: 20 grams 8 ply

1 Stitch Marker required when

knitting in the round

Gauge: 5.5 stitches and 7 rows = 1 inch in Stocking Stitch





Instructions for knitting in the Round:

On either DPN's or Magic Loop

Cast on 28 sts (Cable or Long Tail cast on) (in contrast colour)

Place stitch marker, Join in round

Row 1: [k 2, p 2] continue in pattern to sm

Row 2 - 7: Repeat row 1 to establish ribbing band

Row 8: p all sts

Row 9 - 13: k all sts (in main colour)

Row 14: k to sm. turn work

Row 15: p back across row to sm (to make thumb gap)

Row 16: k to sm, turn work

Row 17: p back across row to sm

Row 18: k all sts

Row 19: k all sts(this row closes the thumb gap)

Row 20: k all sts (in contrast colour)

Row 21: p all sts

Row 22: [k 2, p 2] continue in pattern to sm

Row 23 - 26: Repeat row 22 to establish ribbing band

Row 27: Cast off in pattern

Tie in ends

Then repeat for 2nd Hand Warmer

Instructions for Knitting Flat:

Then seam to create Hand Warmer

Cast on 28 sts (Cable or Long Tail cast on) (in contrast colour)

Row 1: [k 2, p 2] continue in pattern to end

Row 2 - 8: repeat row 1

Row 9: k all sts

Row 10: k all sts (in main colour)

Row 11: p all sts

Row 12 - 20: repeat rows 10 & 11 (using contrast

colour on row 20) Row 21: k all sts

Row 22: [k 2, p2] continue in pattern to end

Row 23 - 26: repeat row 22 Row 27: Cast off in pattern

Use tail yarns to sew edge seam, leaving a 6 row gap

for the thumb between rows 12 - 17

Tie in ends

Then repeat for 2nd Hand Warmer



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