

Follow the Leader Socks

By: Sarah Jane Dunlop



SUPPLIES:

2.5mm dpns (or whichever size you need to achieve gauge)
50g fingering weight sock yarn (I used Vesper in the Astro colourway)
Darning needle

GAUGE: 15 stitches and 20 rows = 2" square in stocking stitch

TWISTED RIB PATTERN

k1 tbl, purl 1 repeat to end of round

ZIG ZAG LACE PATTERN (from knitting on the net)

Row 1 and all odd rows: Knit

Rows 2, 4, and 6: Knit 2, *yo, k2tog; rep from *, knit 2

Rows 8, 10, and 12: Knit 2, *sl1, k1, pssso, yo; rep from *, knit 2

Setup:

Cast on 64 stitches, divide onto 4 needles. Join in round and work 4 rounds of twisted rib

Heel flap:

1st row - Slip 1st stitch of next round, knit 31, leave remaining 32 stitches on spare needle and just work back and forth on the 32 stitches just worked.

Next row - *sl 1, p1* repeat to end

Repeat these two rows for a total of 30 rows.

Turn heel :

Row 1: K17, ssk, k1, turn work.

Row 2: Sl1, p3, p2tog, p1, turn work.

Row 3: Sl1, k4, ssk, k1, turn work.

Row 4: Sl1, p5, p2tog, p1, turn work.

Row 5: Sl1, k6, ssk, k1, turn work.

Row 6: Sl1, p7, p2tog, p1, turn work.

Row 7: Sl1, k8, ssk, k1, turn work.

Row 8: Sl1, p9, p2tog, p1, turn work.

Row 9: Sl1, k10, ssk, k1, turn work.

Row 10: Sl1, p11, p2tog, p1, turn work.

Row 11: Sl1, k12, ssk, k1, turn work.

Row 12: Sl1, p13, p2tog, p1, turn work.

Row 13: Sl1, k14, ssk, k1, turn work.

Row 14: Sl1, p15, p2tog, p1, turn work. 18 sts remain.

Row 15: K9.

Gusset:

Round 1: Using Needle 1, knit remaining 9 sts of heel flap, pick up and knit 15 sts along side edge of heel flap using Needles 2 and 3 complete row one of zig zag lace pattern, using Needle 4, pick up and knit 15 along side edge of heel flap, knit remaining 9 sts of heel flap.

Round 2: K9, k15 tbl; work Round 2 of Lace Pattern over sts on Needles 2 and 3; k15 tbl, k9.

Round 3: K to end of Needle 1; work next round of lace pattern over sts on Needles 2 and 3; k to end of Needle 4.

Round 4: K to last 2 sts of Needle 1, k2tog; work next round of lace pattern over sts on Needles 2 and 3; ssk, k to end of Needle 4.

Repeat Rounds 3 and 4 until there are 64 stitches remaining.

Foot:

Continue foot by knitting all stitches on needle 1 and 4 and following the zig zag lace pattern as set on needles 2 and 3 until foot measures 1 1/2" from desired finished length.

Toe:Round 1:

Needle 1: knit to 2 stitches before the end, k2 tog

Needle 2: ssk, knit to end

Needle 3: same as needle 1

Needle 4 : same as needle 2

Round 2:

Knit all stitches.

Repeat these two rows until 20 stitches remain, knit next five stitches, place stitches on two needles and graft together.

There are lots of great tutorials and videos on the Internet that provide instructions on how to graft (kitchener stitch). My favourite is from Knitty's Summer 2004 "Techniques with Theresa" article, which can be found at <http://knitty.com/ISSUEsummer04/FEATtheresasum04.html>.

Darn in ends. Sit back and admire your handy work!

