

Lindale Lace Socks

Shelby Dyas

This sock features a vertical eyelet lace pattern and gusset decreases at the top of the stockinette foot. Striping yarn will result in zigzags of color on the leg.



Materials

420 yards fingering weight yarn such as Lorna's Laces Shepherd Sock

Set of 4 double-pointed needles, size 1.5 (2.5mm) or size needed to obtain gauge

Tapestry needle for weaving in ends

Gauge

8 stitches per inch in stockinette stitch

Size

Women's small (medium)

Abbreviations

K	Knit
yo	Yarn over
s2kp	Slip 2 as if to knit two together, knit 1, pass slipped stitches over
p	Purl
p2tog	Purl two together
ssk	Slip next 2 stitches to right needle one at a time, insert left needle into front of both and knit together through back loop
K2tog	Knit two together

Pattern

Cuff

Cast on 56 (63) stitches.

Divide on to three double-pointed needles:
21,14,21 (21,21,21)

Round 1: p2, *K3, p4,* repeat between*, end p2
Repeat this round for 1.5 inches

Leg

Round 1: Knit

Round 2: *K1, yo, K1, s2kp, K1, yo, K1*, repeat between * to end of round

Repeat these two rounds until sock measures 7 inches or desired leg length from cast on edge, ending with Round 2.

Heel

Heel flap is worked back and forth on 30 (32) stitches.

Set up heel: Knit 3 (2). Turn work. Slip 1, p29 (31).

Row 1 (RS): *Slip 1, K1* 15 (16) times

Row 2 (WS): Slip 1, p29 (31)

Work these 2 Rows 15 (16) times more for a total of 31 (33) rows or to desired flap length

Turn heel

Row 1: Slip 1, K15 (16), ssk, K1, turn work

Row 2: Slip 1, p4 (3), p2tog, p1, turn work

Note the gap that is evident between the unworked stitches on the needle and the last worked stitch in the previous row.

Row 3: Slip 1, K to one stitch before the gap, ssk, K1, turn work

Row 4: Slip 1, P to one stitch before the gap, p2tog, p1, turn work

Repeat Rows 3 and 4 until all heel stitches have been worked. Knit across all stitches.

Foot

Rearrange stitches as follows:

Needle 1: Half of the heel stitches

Needle 2: Instep stitches

Needle 3: Half of the heel stitches

With Needle 1, pick up and knit 16 (17) stitches along the heel flap.

Knit across all stitches on Needle 2.

With free needle, pick up and knit 16 (17) stitches along the heel flap, then knit all stitches on Needle 3.

Foot decreases

Note: The foot decreases for this sock are worked differently than many patterns. Read through directions before continuing.

Round 1:

Needle 1: Knit to end

Needle 2: K13 (14), s2kp, knit to end of needle

Needle 3: Knit to end

Round 2:

Needle 1: Knit to next to last stitch. Slip last stitch to Needle 2.

Needle 2: Knit to end. Knit first stitch from Needle 3 on to Needle 2.

Needle 3: Knit to end.

Repeat these two Rounds until 61 (63) stitches remain, ending with Round 1.

Continue working foot by knitting all stitches until foot is 6.5 (7) inches long or 1.5 inches shorter than desired total length.

Toe

Rearrange stitches as evenly as possible on three needles.

Set up toe:

Small: K19, K2tog, knit to end of round

Medium: *K19, K2tog* three times

Both sizes:

Round 1: *K8, K2tog* six times

Rounds 2 and 3: Knit

Round 4: *K7, K2tog* six times

Rounds 5 and 6: Knit

Round 7: *K6, K2tog* six times

Round 8: Knit

Round 9: *K5, K2tog* six times

Round 10: Knit

Round 11: *K4, K2tog* six times

Round 12: Knit

Round 13: *K3, K2tog* six times

Round 14: Knit

Round 15: *K2, K2tog* six times

Round 16: *K1, K2tog* six times

Round 17: K2tog six times

Finishing

Break yarn. Pull yarn through remaining stitches to inside of sock to close toe. Weave in ends.

Notes

Size can be adjusted by adding or subtracting stitches in multiples of 7. Heel is worked on half of the stitches (if using odd number of cast on stitches, add the extra stitch to the heel for an even number). You may need to adjust the number of knit stitches in the heel setup row to make sure a decrease will be at the center top of the foot.