



Lacanau Sandals

© Sylvie Damey - "chez Plum", 2006. You may sell items made with this pattern

provided you make it yourself & credit my name and pattern, Thanks. :-)

As published in Summer 2006 issue of Knitty.com

Materials:

Plassard Bourette [100% silk; 104yd/95m per 50g skein]
 [MC] #38 Brown, 1 skein ; [CC] #17 Green, 1 skein

1 set US #7/ 4.5mm double-point needles ; 1 set US #7 4.5mm straight needles ; 1 size G/4mm crochet hook
 Safety pins ; Tapestry needle ; Leather, suede or synthetic equivalent, for making soles
 Sharp, strong sewing needle ; Strong sewing thread

Level of difficulty: Easy challenge

Gauge: 16 sts/26 rows = 10 cm / 4 inches in stockinette stitch

Abbreviations and stitches used:

CO= cast on	BO= bind off	st= stitch	Dpn= double pointed needles
yo= yarn over	k2tog= knit 2 stitches together	p2tog=purl 2 together	**= repeat sequence between stars
k=knit p=purl	sl=slip	RS= right side of work	WS= wrong side of work

m1= make 1 stitch:= insert left needle, from front to back, under strand of yarn which runs between last stitch on left needle and first stitch on right needle; knit this stitch through back loop. (1 stitch increased)
 SSK= slip 2 stitches as if to knit, then knit those 2 stitches together
 Sl1f= Slip 1 st purlwise, with yarn held to front of work. Patt= pattern

Instructions : Sandal [make 2]

Sole :

Note: Sole is worked from Toe to Heel.

Using straight needles and MC, CO 6 sts.

K 1 row.

Next Row [RS]: P1, m1, k to last st, m1, p1. 2 sts increased.

Next Row [WS]: K1, p to last st, k1.

Repeat these 2 rows 4 times more. 16 sts.

Cont in patt as set, working in stockinette st and keeping edge sts in reverse stockinette st, until work measures 5 inches, ending with a WS row.

Next Row [RS]: P1, ssk, k to last 3 sts, k2tog, p1. 14 sts.

Cont in patt as set until work measures 2 inches less than desired length, ending with a WS row.

Shape Heel:

Row 1 [RS]: Sl 1, k12. Turn work.

Row 2 [WS]: P12.

Turn work.

Row 3 [RS]: Sl 1, k10. Turn work.

Row 4 [WS]: P10. Turn work.

Row 5 [RS]: Sl 1, k8. Turn work.

Row 6 [WS]: P8. Turn work.

Row 7 [RS]: Sl 1, k6. Turn work.

Row 8 [WS]: P6. Turn work.

Row 9 [RS]: Sl 1, k4. Turn work.

Row 10 [WS]: P4. Turn work.

Row 11 [RS]: Sl 1, k2. Turn work.

Row 12 [WS]: P to end.

Row 13: K all sts. From this point to end of heel flap, this will be the WS of the work.

Row 14 [RS]: P1, k to last st, p1.

Row 15 [WS]: K1, p to last st, k1.

Row 16-21: Work as for Rows 14 & 15. Row 22 [RS]: P1, ssk, k8, k2tog, p1. 12 sts.

Odd-numbered Rows 23-31 [WS]: K1, p to last st, k1.

Row 24 [RS]: P1, ssk, k6, k2tog, p1. 10 sts.

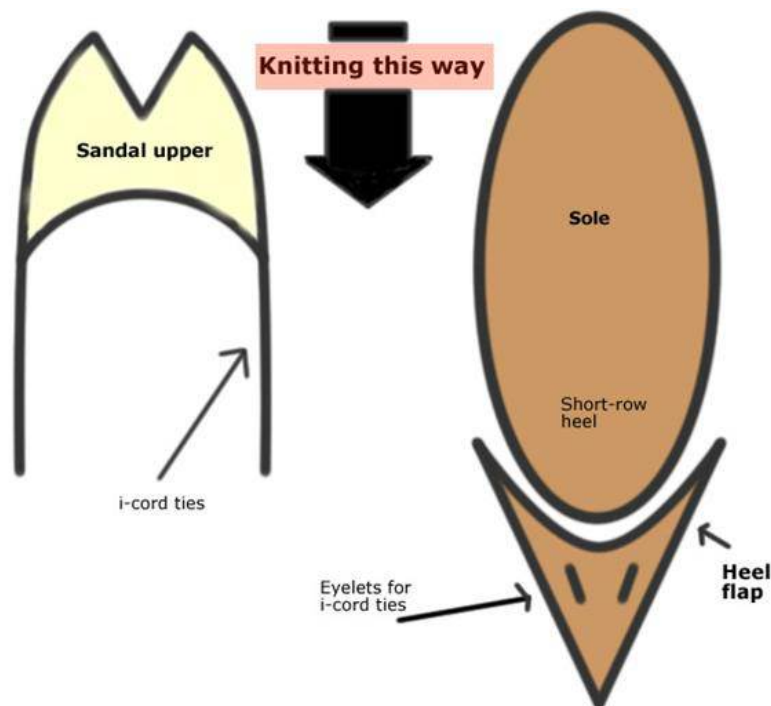
Row 26 [RS]: P1, [ssk, yo, k2tog] twice, p1. 8 sts.

Row 28 [RS]: P1, ssk, k2, k2tog, p1. 6 sts.

Row 30 [RS]: P1, ssk, k2tog, p1. 4 sts.

Row 32 [RS]: Ssk, k2tog. 2 sts.

Row 33 [WS]: P2tog. Break yarn, draw through last st and pull tight.



Sandal Uppers:

The toe portions of the sandal uppers are worked in two pieces, which are sewn together during finishing. After the first few inches, the toe pieces are joined, and the sandal uppers are worked in one piece, until they are divided again and the ties are worked.

Left Toe Piece:

Using straight needles and CC, CO 1 st.

Row 1 [WS]: Kfb. 2 sts.

Row 2 [RS]: K1, kfb. 3 sts.

Odd-numbered Rows 3-13 [WS]: P all sts.

Row 4 [RS]: [K1, m1] twice, k1. 5 sts.

Row 6 [RS]: K1, m1, k1, sl1f, k1, m1. 7 sts.

Row 8 [RS]: K1, [k1, sl1f] twice, k2.

Row 10 [RS]: [K1, sl1f] 3 times, k1.

Row 12 [RS]: K1, [k1, sl1f] twice, k1, m1, k1. 8 sts.

Row 14 [RS]: [K1, sl1f] 3 times, k1, m1, k1. 9 sts.

Row 15 [WS]: P all sts. Break yarn. Place all sts on hold on double-point needle.

Right Toe Piece:

Work Rows 1-5 as for Left Toe Piece.

Row 6 [RS]: K1, m1, sl1f, k1, sl1f, m1, k1. 7 sts.

Row 8 [RS]: [K1, sl1f] 3 times, k1.

Row 10 [RS]: K1, [k1, sl1f] twice, k2.

Row 12 [RS]: K1, m1, [sl1f, k1] 3 times. 8 sts.

Row 14 [RS]: K1, m1, [sl1f, k1] 3 times, k1. 9 sts.

Row 15 [WS]: P all sts.

Join Toe Pieces:

Row 16 [RS]: K1, [sl1f, k1] 4 times; working across held sts of Left Toe piece, [[sl1f, k1] 4 times, k1. 18 sts on needle.

Odd-numbered Rows 17-31 [WS]: P all sts.

Row 18 [RS]: K2, [sl1f, k1] 8 times.
 Row 20 [RS]: [K1, sl1f] 8 times, k2.
 Row 22 [RS]: K1, m1, [k1, sl1f] 8 times, m1, k1. 20 sts.
 Row 24 [RS]: K2, [sl1f, k1] 9 times.
 Row 26 [RS]: [K1, sl1f] 9 times, k2.
 Row 28 [RS]: K2, [sl1f, k1] 9 times.
 Row 30 [RS]: K1, m1, [sl1f, k1] 9 times, m1, k1. 22 sts.
 Row 32 [RS]: [K1, sl1f] 10 times, k2.
 Row 33 [WS]: P all sts.

Divide For Ties:

Row 34 [RS]: K2, [sl1f, k1] 4 times, place 10 sts just worked on hold on double-point needle; BO 2 sts (1 st remains on right needle), [k1, sl1f] 4 times, k1. 10 sts on needle.
 Odd-numbered Rows 35-47 [WS]: P all sts.
 Row 36 [RS]: Ssk, [k1 sl1f] 3 times, k2. 9 sts.
 Row 38 [RS]: Ssk, [k1 sl1f] 3 times, k1. 8 sts.
 Row 40 [RS]: [K1, sl1f] 3 times, k2.
 Row 42 [RS]: Ssk, [sl1f, k1] 3 times. 7 sts.
 Row 44 [RS]: K1, [k1, sl1f] twice, k2tog. 6 sts. Place safety pin in last st of this row.
 Row 46 [RS]: [K1, sl1f] twice, k2.
 Row 48 [RS]: K2, sl1f, k1, k2tog. 5 sts.
 Row 49 [WS]: P2tog, p3. 4 sts.
 Row 50 [RS]: K2, k2tog. 3 sts. Using double-point needles, work 8 inches in I-Cord. BO rem sts.

Rejoin yarn to held sts with WS facing, and begin working from Row 35, below:

Odd-numbered Rows 35-47 [WS]: P all sts.
 Row 36 [RS]: [K1, sl1f] 4 times, k2tog. 9 sts.
 Row 38 [RS]: K1, [k1, sl1f] 3 times, k2tog. 8 sts.
 Row 40 [RS]: [K1, sl1f] 3 times, k2.
 Row 42 [RS]: K2, [sl1f, k1] twice, k2tog. 7 sts.
 Row 44 [RS]: Ssk, [k1, sl1f] twice, k1. 6 sts. Place safety pin in first st of this row.
 Row 46 [RS]: [K1, sl1f] twice, k2.
 Row 48 [RS]: Ssk, [sl1f, k1] twice. 5 sts.
 Row 49 [WS]: P3, p2tog. 4 sts.
 Row 50 [RS]: K2tog, k2. 3 sts. Using double-point needles, work 8 inches in I-Cord. BO rem sts.

FINISHING

Using MC, sew together the inner edges of the toe pieces, using photos as guides.

Pin sandal upper to sole, so that WS of upper faces RS of sole. Using MC, work a row of single crochet through both layers, beginning and ending this crocheted seam at the safety pin on each side of the sandal upper. (crocheted seam tutorial at <http://chezplum.com>)

Embroider sandals as desired. The sandals shown incorporate small flower-shaped beads; add whatever embellishment takes your fancy!

Weave in ends and block sandals as desired.

Trace each foot onto sole material and cut out soles, making each sole slightly smaller than the foot outline. (Use pinking shears to cut out the soles, if you have them.) Sew soles to bottoms of sandals.



The Vroomies
 Materials: Worsted weight yarn (100% cotton, 100% acrylic) - color of your choice, and the amount of yarn needed for the pattern.
 Gauge: 10 stitches by 10 rows = 4 inches (10 cm) square.
 Size: Fits a child's foot (ages 4-6).
 Pattern: Available at <http://chezplum.com>.



Cactus Mittenettes
 Materials: Worsted weight yarn (100% cotton, 100% acrylic) - color of your choice, and the amount of yarn needed for the pattern.
 Gauge: 10 stitches by 10 rows = 4 inches (10 cm) square.
 Size: Fits a child's hand (ages 4-6).
 Pattern: Available at <http://chezplum.com>.

Find more great patterns from Chez Plum at <http://chezplum.com> :

© Sylvie Damey / "chez Plum" 2006. You may sell items made with this pattern provided you make it yourself & credit my name and pattern, Thanks. :-)
<http://chezplum.com>