



# TANIS FIBER ARTS

## GRAMMY'S MITTS AND HAT

by Tanis Lavallée via Grammy MacIntyre



Grammy's Hats and Mitts. I've worn them my entire life. This is a super simple, super fun, basic mitt and hat pattern. Passed down to me by my Grammy, these are my go-to patterns for functional, comfy, cozy winter gear.

### HAT:

#### Materials:

Needle: 4.5mm 16" circular and set of 4.5mm DPNs

Yarn: TFA Green Label Aran Weight yarn or any worsted weight yarn, perfect project for using scraps. One adult sized hat uses approximately 80g or 160yds.

Stitch marker

Tapestry needle

#### Directions:

I am going to write out the pattern for an adult size hat. I'll add instructions on how to modify it for a child at the end.

CO 88 stitches. Place marker and join for working in the round. Work in k2, p2 ribbing for 2". Switch to k6, p2 ribbing and work for another 6.5" (measured from beginning of 6x2 rib.)

Begin decreases as follows:

Row 1: \*k6, k2tog\* repeat to end of round.

Row 2, 4, 6, 8 and 10: k 1 round even.

Row 3: \*k5, k2tog\* repeat to end of round.

Row 5: \*k4, k2tog\* repeat to end of round.

Row 7: \*k3, k2tog\* repeat to end of round.

Row 9: \*k2, k2tog\* repeat to end of round.

Row 11: \* k1, k2tog\* repeat to end of round.

Row 12: \*k2tog\* repeat to end of round.

Cut yarn leaving a 6 inch tail, thread tail through remaining stitches and pull to tighten. Weave in ends, add enjoy!

This is a great project for using up leftover yarns by making fun stripy hats. Grammy's hats were almost always striped and always had a pom-pom on top. I love the pom-pom! The key to this pattern is to CO a multiple of 8 stitches. For a young toddler hat I would CO 64 stitches and work exactly as instructed for the adult size but only work the k2,p2 ribbing for 1" then start decreasing after 4.5" of k6, p2 ribbing. For a child sized hat CO 72 stitches, work in k2, p2 ribbing for 1.5" and start decreases after 5" of k6, p2.





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continued

### MITTS:

**Materials:** Same as for hat.

Needle: 4mm DPNs

I'm going to write out this pattern in a standard adult lady size, since not all hands are the same size you may have to do a bit of trial and error to find out exactly how big you like your mitts, once you've figured it out, you'll have perfect mitts every time. These mitts are meant to fit a bit snugly, they are not big cushy mitts, they are a bit trimmer and are meant to allow the wearer plenty of dexterity.

### Directions:

CO 36 stitches, divide evenly between 3 DPN's (12 sts per needle). Join for working in the round, use the CO tail to visually reference the beginning of the round. Work in k1, p1 ribbing for 2". Switch to stockinette stitch and knit for another 2.5".

Afterthought thumb: Using a piece of waste yarn of about 12" long in a contrasting colour, k6 stitches. Slip the 6 sts just worked back onto the left hand needle and knit them with your working yarn. Continue knitting plain for another 3.5" (measured from afterthought thumb). This is where you would measure your own hand, start the decreases when your mitten reaches the tip of your pinky.

Decrease row: k1, k2tog, k to 3 sts before end of needle, k2tog, k1.  
Knit 1 round even.

Repeat these two rounds until there are 12 sts left, k2tog all around.

Cut yarn leaving a 6 inch tail, thread tail through remaining 6 sts and pull to tighten

### Thumb:

Carefully remove waste yarn and using 2 DPN's pick up live stitches that are revealed (6 on bottom and 5 on top). Join yarn and begin working in the round. On 1st round pick up 2 stitches on each side of the thumb to eliminate the gap. On 2nd round knit the two picked up sts on each side together. If you need to pick up more or less stitches to make a smooth thumb with no gaps, go ahead, these are just guidelines. Work in the round until thumb is long enough (about 2", measure your own thumb or try the mitt on.)

Decrease quickly in 3 consecutive rounds:

Round 1: work a k2tog wherever needed to result in 4 sts per DPN.

Round 2: work k2tog for entire round, 2 sts per DPN.

Round 3: work k2tog 3 times. Cut yarn leaving a 6 inch tail, thread tail through remaining 6 stitches and pull to tighten.

Repeat exactly the same for second mitten.

*\*If the afterthought thumb is a bit tricky, a quick Google search will result in plenty of tutorials and YouTube video's that should help simplify things.*

Weave in ends, block gently with a steam iron, or with a damp towel placed over the mittens and a very light ironing with a medium-hot iron to set the mittens flat. Somehow, by doing this just once your right hand and left hand mittens, though exactly the same will always fit well, even after washing!

