Simple Mitten Recipe
By Tara Bogh

Gauge:

- 7.5 stitches and 10.5 rows per inch in double-knitted stockinette

Size:

- 8.5" hand circumference

Materials needed:

- Fingering weight yarn; two colours (50 g each), plus a small quantity in black or grey.
- Knitting needle in size needed to obtain gauge ( $2.25 \mathrm{~mm}-2.5 \mathrm{~mm}$ suggested).
- 3 stitch markers, for marking beginning of round and thumb gusset.
- Cable needle, for rearranging stitches (before decrease and after increases).


## Glossary:

Western Knit: Wrapping the yarn counter-clockwise, knit into the front of the stitch
Eastern Purl: Wrapping the yarn clockwise, purl into the back of the stitch.
KFB: Knit into the stitch through the front; do not slip off needle. Knit into the same stitch through the back; slip off needle.
PBF: Purl into the stitch through the back; do not slip off needle. Purl into the same stitch through the front; slip off needle.

IncR: On front layer, lift right leg of stitch below next stitch and knit it through the front; slip next stitch. On back layer, lift corresponding leg of the other st of the pair and purl it through the back, then slip the st. On the following row, re-position sts in alternating fashion to resume double-knitting.

IncL: On front layer, slip next st; lift left leg of st below the slipped st and knit it through the back. On back layer, slip next st; lift corresponding leg of the other st of the pair, then purl the lifted leg through the front. On the following row, re-position sts in alternating fashion to resume double-knitting.

K2tog: Reposition stitches so that two front stitches lay next to one another on the lh needle, followed by two back stitches; k2tog on front sts, p2tog tbl on back sts.

SSK: Reposition stitches so that two front stitches lay next to one another on the lh needle, followed by two back stitches; ssk on front sts, p2tog on back sts.

## Additional abbreviations used in pattern:

| MC: | main colour | PM: | place marker | sts: | stitches |
| :--- | :--- | :--- | :--- | :--- | :--- |
| CC: | contrast colour | SM: | slip marker | K / P: | knit / purl |

With MC, cast on 60 sts using 2.25 mm needle.
Work K1, P1 ribbing for 32 rounds, beginning with knit on left mitten; purl on right mitten.

## Begin working in double knitting:

Set up: Switching to 2.5 mm needle, ${ }^{*}$ KFB* to end. 120 stitches on needle.
Beginning to work from the hand chart on pages 3-4, Western Knit all front sts in colour indicated; Eastern Purl all back sts with opposite colour (going forward, the Eastern Purl will be referred to as simply 'purl').

Note: where the chart indicates a black square, $K$ the front stitch in MC and $P$ the back stitch in CC. Duplicate stitch the front st in black once the mitten is finished.

Work thumb gusset simultaneously as follows:
Round 1: Work to thumb placement, PM, work 1 pair of sts, PM, work to end of round.
Increase rounds (indicated by numbering on the thumb chart on page 5): Work to first gusset marker, SM, IncR, work to one pair of sts before second gusset marker, IncL, SM, work to end of round.
All other rounds: Work as indicated by chart, repositioning sts on the rounds following increases in order to maintain alternating order for double-knitting.

Round 31: Work to thumb stitches; without working them, place on waste yarn. Increase one pair of sts to close gap (KFB on the front layer and PBF on the back layer); 60 hand sts. Continue working hand sts to end of round.

Round 32: At the point of the thumb join, your increase stitches will sit on the needle as two front sts, two back sts. Reposition the stitches to maintain alternating order for double-knitting and continue working in pattern as charted.

Beginning on Round 67, work shaping for top of hand on every round (as indicated by chart), as follows:
K1, SSK, K to 3 sts before middle of the round (edge of hand); K2tog, K1. Repeat for the second half of the round.

Round 75: Work all sts with MC, using a separate strand of yarn for the back layer and continuing to shaping for top of hand as indicated.

Next round (not indicated by chart): With MC, SSK all front sts with their corresponding back sts (do not reposition any sts). The back sts have been eliminated.

K all stitches for one round. Turn mitt inside out; close top with three needle bind-off.
Complete Thumb: Place thumb stitches back on needle; continue working with MC on the front layer and CC on the back layer, increasing one pair of sts to close gap (KFB on the front layer and PBF on the back layer); 24 thumb sts. Work until mitten thumb almost measures the tip of your thumb, using MC for front and back sts on the last round before the next step.

Next round: With MC, SSK all front sts with their corresponding back sts. The back sts have been eliminated. Next round: Knit all sts.

Next round: K2tog all the way around; 12 sts remain. Repeat the decrease round, then break yarn; thread tail through remaining sts and pull tight.

Weave in ends and block as desired.

## Hand Chart (spans two pages; start at Row 1 on page 4)

For right hand, work chart from right to left; for left hand, work chart from left to right



Thumb Chart (for right hand, work chart from right to left; for left hand, work chart from left to right)


