

BETTY

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A minisweater in the Roman Stripe stitch pattern with set-in cap sleeves.
Experience level: Advanced Beginner

SIZES

Women's XS (S, M, L, XL, 2XL, 3XL, 4XL)

Finished bust measurements:

28" (32", 36", 40", 44", 48", 52", 56")

The sweater is shown in size S with about ½" of negative ease.

GUAGE

16 stitches x 30 rows = 4" in Roman Stripe

MATERIALS

- 2 (2, 3, 3, 3, 4, 4) skeins of Cascade 220 in Christmas Green, or 385 (440, 495, 550, 605, 660, 715, 770) yards of a similar worsted weight yarn
- US 6 (4mm) straight needles, or size needed to get gauge
- 4 Stitch holders or scrap yarn
- Tapestry Needle
- 12 (12, 13, 13, 13, 13, 13) .25" diameter buttons
- needle and thread

ABBREVIATIONS

BO	bind off
CO	cast on
cont	continue
dec	decrease
k	knit
k2(3)tog	knit 2(3) stitches together
p	purl
RS	right side - in stockinette, the knit side
ss(s)k together	slip 2(3) sts as if to k, then knit them together
st(s)	stitch(es)
WS	wrong side - in stockinette, the purl side
yo	yarn over

ROMAN STRIPE PATTERN

Over an even number of stitches:

Row 1: k1, *yo, k1; repeat from * to last st, k1

Row 2: k1, purl to last st, k1

Row 3: k1, *k2tog; rep from * to last st, k1

Rows 4 & 5: k1, *yo, k2tog; rep from * to last st, k1

Row 6: k all sts

INSTRUCTIONS FOR DECREASING & BINDING OFF IN ROMAN STRIPE

Please reference this section whenever you come to a dec or BO in the pattern.

Single decreases:

Row	Dec on right side of needle	Dec on left side of needle
1 (RS)	k1, yo, ssk, cont. in pattern from *	Work in pattern to last 3 sts, yo, k2tog, k1
2 (WS)	<i>ssk, k1, cont in pattern from *</i>	<i>Work in pattern to last 3 sts, k1, k2tog</i>
3	sssk, cont in pattern from *	Work in pattern to last 3 sts, k3tog
4/5	k1, k2tog, work in pattern from *	Work in pattern to last 3 sts, k2tog, k1
6	k1, ssk, work in pattern from *	Work in pattern to last 3 sts, k2tog, k1

Bind offs for armscyes and sleeve caps:

Row	To Bind off 2 (4) sts	To Bind off 3 sts
1	k2, pull 1 st st over 2 nd and off needle (as regular bind off), *k1, pull 1 st over 2 nd , rep from * 1 (3) x cont in pattern	<i>k2, pull 1st st over 2nd (as regular BO), *k1, pull 1st st on needle over 2nd, rep from * 1x, k1, cont in pattern</i>
2	k1, *p2tog, pull 1 st over 2 nd , rep from * 1 (3) x, cont in pattern	k1, *p2tog, pull 1 st over 2 nd , rep from * 2x, cont in pattern
3	k1, *k2tog, pull 1 st over 2 nd , rep from * 1 (3) x, cont in pattern	k1, *k2tog, pull 1 st over 2 nd , rep from * 2x, cont in pattern
4	Same as Row 1	Same as Row 1
5	Same as Row 1	<i>If starting BO's on row 5: Same as 3 st Row 1 If following BO's on row 4: Same as 2 (4) st Row 1</i>
6	Same as Row 1	<i>If starting BO's on row 6: Same as 3 st Row 1 If following BO's on row 5: Same as 2 (4) st Row 1</i>

IMPORTANT: The Roman Stripe pattern requires an even number of stitches, so be aware that working a single decrease or binding off 3 sts (or any other odd number) will reduce the piece to an odd number. Because of how the Roman Stitch pattern works, this may not be immediately apparent and the pattern may not be interrupted on the next row. If the instructions are italicized above, it means that the dec or BO worked will reduce the number of sts to an odd number on the next row. Therefore, you will need to knit an extra st at the beginning of the row instead of starting the pattern right after you have finished decreasing. So on the rows immediately following the italicized decreases/bind offs, you will need to keep in mind that you have 2 knit selvege stitches at the beginning and/or end of the row (depending on what dec/BO you have performed) instead of just 1. If you must decrease again, ignore the instructions above and simply ssk (if the decrease is on the right side of your needle) then continue in pattern, or work in pattern to last 2 sts and k2tog (if the decrease is on the left side of your needle). If you must bind off again, bind off the first st as usual (i.e. k2, pull 1st st over 2nd and off needle), then follow the directions for binding off as if you were binding off 2 sts (left column, above). If the odd number decrease directions are not italicized, this means that there may still be an even number of sts on the row following the decrease row and you will need to knit an extra selvege st on the row after that. I know this is confusing! Just try to be mindful of whether you have an even or odd number of sts while you're decreasing, and knit an extra selvege st if necessary.

Bind offs for front collars: (Directions for back collar bindoffs are within pattern)

To bind off for the front collar, follow the bind off chart above, and note the italicized directions. If you will be binding off an even number of stitches, follow the directions for the 2 (4) st bind-off and repeat until you have bound off the correct number of sts. If you will be binding off an odd number of stitches, do likewise with the 3 st bind-off directions.

BACK

CO 56 (64, 72, 80, 88, 96, 104, 112) sts.

Starting with Row 1, work in Roman Stripe pattern for 54 (50, 54, 50, 48, 42, 44, 40) rows. (Equal to 9 (8 and 2 rows, 9, 8 and 2 rows, 8, 7, 7 and 2 rows, 6 and 4 rows) pattern repeats).

BO 2 (2, 3, 3, 4, 4, 4, 4) sts at the beginning of the next 2 rows.

Dec 1 st at each side of next row, then work one row in pattern as set.

Repeat the last two rows 1 (3, 4, 6, 7, 9, 11, 13) times more. Total sts: 48 (52, 56, 60, 64, 68, 72, 76).

Work in pattern for 35 (35, 35, 35, 35, 37, 37, 37) more rows.

On next row (WS), work in pattern for 12 (13, 14, 15, 16, 17, 18, 19) sts, then BO 24 (26, 28, 30, 32, 34, 36, 38) sts, then work remaining 12 (13, 14, 15, 16, 17, 18, 19) sts to end.

Bindoffs for all sizes take place on row 6 of the Roman Stripe pattern (k all), so bind off as if you were working in Stockinette or Garter st.

Leave sts of left shoulder on the needle or place them on a st holder or scrap yarn and work the *right shoulder only*.

Right shoulder: Dec 1 at end of every RS row 3 times. NOTE for sizes S, L, 2XL, and 4XL: You will begin with an odd number of stitches. On the first row, which is a decrease row, k1, *yo, k1; repeat from * to last 2 sts, k2tog.

Total sts remaining: 9 (10, 11, 12, 13, 14, 15, 16).

After last dec row, work across the next WS row in pattern as set (Row 6), break yarn, and put all sts on a st holder or scrap yarn.

You will have completed a total of 102 (102, 108, 108, 108, 108, 114, 114) rows, or 17 (17, 18, 18, 18, 18, 19, 19) full pattern repeats.

Rejoin yarn and work the left shoulder.

Dec 1 at *beginning* of every RS row 3 times. NOTE for sizes S, L, 2XL, and 4XL: You will begin with an odd number of stitches. On the first row, which is a decrease row, ssk, *yo, k1; repeat from * to last st, k1.

Total sts remaining: 9 (10, 11, 12, 13, 14, 15, 16). After last dec row, work across the next WS row in pattern as set (Row 6), break yarn, and put all sts on a st holder or scrap yarn.

LEFT FRONT

Note: For both fronts, you will be knitting a 3 stitch button band in garter stitch at the cardigan opening. One of those stitches is the k1 “selvege” of the Roman Stripe pattern.

CO 28 (32, 36, 40, 44, 48, 52, 56) sts.

Knitting the last 3 sts each RS row and the first 3 sts each WS row (remember, 1 of those 3 is either the first or last stitch of the Roman Stripe pattern), work in the Roman Stripe pattern for 54 (50, 54, 50, 48, 42, 44, 40) rows.



BO 2 (2, 3, 3, 4, 4, 4, 4) sts at the beginning of the next RS row, then work across next row (WS) in pattern.

Dec 1 st at beg of next row (RS), then work one row in Roman Stripe pattern as set.

Repeat the last two rows 1 (3, 4, 6, 7, 9, 11, 13) times more. Total sts: 24 (26, 28, 30, 32, 34, 36, 38).

Work in pattern for 25 (25, 25, 25, 25, 27, 23, 23) more rows.

On next WS row, BO 7 (8, 9, 10, 11, 12, 11, 12) sts, then work to the end of the row.

Next, dec 1 at the end of every RS row 8 (8, 8, 8, 8, 8, 10, 10) times. Total sts remaining: 9 (10, 11, 12, 13, 14, 15, 16).

Work across next WS row (Row 6), break yarn, and put all sts on a st holder or scrap yarn. You will have completed a total of 102 (102, 108, 108, 108, 108, 114, 114) rows, or 17 (17, 18, 18, 18, 18, 19, 19) full pattern repeats.

RIGHT FRONT

CO 28 (32, 36, 40, 44, 48, 52, 56) sts.

Knitting the first 3 sts each RS row and the last 3 sts each WS row (remember, 1 of those 3 is either the first or last stitch of the Roman Stripe pattern), work in the Roman Stripe pattern

for 55 (51, 55, 51, 49, 43, 45, 41) rows. *At the same time*, place button holes (k1, yo, k2tog) in the garter st button band on the 3rd and every following 8 rows.

BO 2 (2, 3, 3, 4, 4, 4, 4) sts at the beginning of the next WS row.

Dec 1 st at end of next row (RS), then work one row in Roman Stripe pattern as set.

Repeat the last two rows 1 (3, 4, 6, 7, 9, 11, 13) times more. Total sts: 24 (26, 28, 30, 32, 34, 36, 38).

Work in pattern for 24 (24, 24, 24, 24, 26, 22, 22) more rows.

On next RS row, BO 7 (8, 9, 10, 11, 12, 11, 12) sts, then work to the end of the row.

Next, dec 1 at the beginning of every RS row 8 (8, 8, 8, 8, 8, 10, 10) times. Total sts remaining: 9 (10, 11, 12, 13, 14, 15, 16).

Work across next WS row (Row 6), break yarn, and put all sts on a st holder or scrap yarn. You will have completed a total of 102 (102, 108, 108, 108, 108, 114, 114) rows, or 17 (17, 18, 18, 18, 18, 19, 19) full pattern repeats.

SLEEVES (MAKE 2)

CO 38 (42, 46, 52, 56, 62, 66, 70) sts.

Work in Roman Stripe pattern for 8 (8, 10, 14, 16, 18, 20, 22) rows.

BO 2 (2, 3, 3, 4, 4, 4, 4) sts at the beginning of the next 2 rows.

On next row (RS), dec 1 st at the beginning and end of row.
Work 3 rows in Roman Stripe pattern as set.

Repeat the last 4 rows 6 (6, 8, 6, 7, 8, 8, 8) times more.

On next row (RS), dec 1 at the beginning and end of row.
Work one row in Roman Stripe pattern as set.

Repeat the last 2 rows 3 (3, 0, 5, 5, 5, 7, 9) times more.

BO 2 (2, 2, 2, 2, 3, 3, 3) sts at the beginning of the next 2 rows a total of 1 (1, 2, 2, 2, 2, 2, 2) times.

BO 8 (12, 12, 12, 12, 12, 12, 12) remaining sts. A total of 48 (48, 54, 60, 66, 72, 78, 84) rows or 8 (8, 9, 10, 11, 12, 13, 14) full pattern repeats will have been completed.

FINISHING

Graft the held sts of the front and back pieces together at shoulders (a great grafting tutorial can be found here: <http://knitty.com/ISSUEsummer04/FEATtheresasum04.html>).

Starting at the right front edge, pick up and knit stitches all around the collar (the exact number of picked up sts is not important), k 3 rows, and BO.

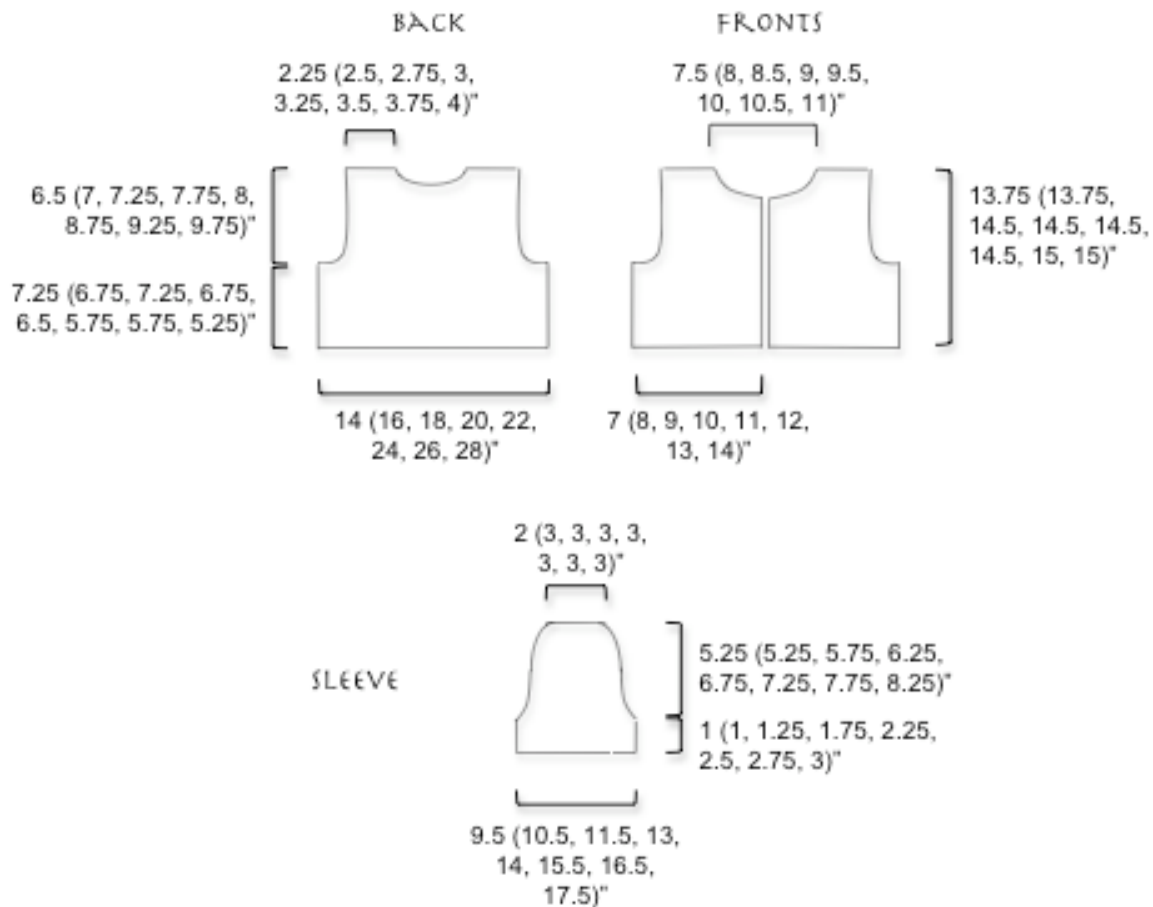
Wash and block all pieces, pinning them out at the correct dimensions.

With tapestry needle and leftover yarn, sew side seams and sleeve seams, then sew sleeve caps into armscyes.

Sew buttons to left front button band at same intervals as button holes.

Weave in all ends and enjoy!

SCHEMATIC



If you have any trouble with this pattern whatsoever or encounter any errors, please email me at xilary@gmail.com. Thank you for downloading Betty!