



Qina Eye Pillow

By Ann McClure

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traveling ann designs

Size: 3 1/2" wide x 9 1/4" long

Materials:

Yarn: Mirasol Qina 1 Skein (80% Baby Alpaca, 20% Bamboo.
50g/83m/91yds)

Needle: US 4 dpn (or size needed to obtain gauge)

Stuffing: Mix of flax seeds and lavender buds

Gauge: 6 sts and 7 rows = 1 inch

Abbreviations:

CO—Cast on

Dec—Decrease

Inc—Increase

K—Knit

KFB—Knit into the front and
back of the next st

K2tog—Knit next 2 sts
together

SSK—Slip, Slip, Knit (Slip next
2sts individually knitwise,
insert tip of left needle into
slipped sts and K2tog

St(s)—Stitches

St st—Stockinette stitch

Pattern:

CO 20 sts using Judy's Magic Cast On (10 sts each needle)

Row 1: Knit

Row 2 (Increase row):

Needle 1: K1, KFB, K to end

Needle 2: K to last 2 sts, KFB, K1

Needle 3: K1, KFB, K to end

Needle 4: K to last 2 sts, KFB, K1 (4 sts increased)

Repeat these two rows (K row, Inc row) until there are 44 sts total (11 sts each needle).

Knit one row even. Clip a marker to this row.

Continue knitting even in stockinette stitch until piece measures 6" from marker (approximately 7 1/2" from CO).

Row 1 (Decrease row):

Needle 1: K1, K2tog, K to end

Needle 2: K to last 3 sts, SSK, K1

Needle 3: K1, K2tog, K to end

Needle 4: K to last 3 sts, SSK, K1

Row 2: Knit

Repeat these two rows (Dec row, K row) until 20 sts remain (5 sts each needle).

Finishing:

Stuff the pillow to desired firmness.

Use Kitchener stitch to close open end.

