

Cockleshell Camisole *By Kai Mistry*



With summer approaching and the call of the beach, what better way to celebrate than to create the patterns in your knitting. I remember collecting shells from the beach and playing in the tides and when we got home, arranging the shells on my windowsill and remembering the fun time we had. This camisole is a remembrance of the collected shells and the patterns left in the sand from the tides.

SIZE

Sizes: XS[S, M, L, XL, 2X, 3X, 4X, 5X, 6X]

To fit chest/bust: 32[34, 36, 38, 40, 42, 44, 46, 48, 50] inches

Shown in size 34 inches

SUGGESTED YARN

Yarn: 4 (4, 4, 5, 5, 5, 5, 6, 6, 6) skeins RYC Cashsoft 4 Ply (180m/50g) in colour: SH421 Old Rose

Meters: 627 (664, 704, 742, 781, 821, 860, 898, 938, 977) meters

Yards: 685 (726, 769, 811, 854, 940, 982, 1025, 1068) yards

NEEDLES

3.25mm (US 3) circulars to fit body

3.5mm (US 4) circulars to fit body

NOTIONS

Stitch Markers

TENSION

24 sts and 32 rows = 10cm/4inches in stocking stitch on 3.5mm (US 4)

28 sts and 36 rows = 10cm/4inches in stocking stitch on 3.25mm (US 3)

PATTERN NOTES

The cockleshell pattern is a repeat of 19 stitches. If you find that the CO is either too much, or too little then increase/decrease by a multiple of 19 stitches.

ABBREVIATIONS

k – knit

p – purl

k2tog – knit the next two sts together

ssk – slip 2 sts knitwise and the knit both together through the back loops

slm – slip marker

m1 – make a new st.

All other stitches are charted and explained below.

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INSTRUCTIONS

Using 3.25mm Circular

CO 228 (247, 247, 266, 285, 304, 304, 323, 342, 342)

Join in the round. Place a marker at beginning of round.

For each round follow the chart/written pattern until the end of the round.

COCKLESHELL LACE CHART

25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	12
●	●	●	●	●	▽	▽	▽	▽	▽	▽	▽	▽	▽	▽	▽	▽	▽	▽	▽	●	●	●	●	●	11
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	10
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	9
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	8
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	7
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	6
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	5
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	4
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	3
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	2
●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	1

Legend:

⊗	No Stitch Placeholder - No stitch made.
□	knit knit stitch
●	purl purl stitch
⊙	yo twice Yarn Over Twice
▽	p2tog tbl Purl two stitches together in back loops, inserting needle from the left, behind and into the backs of the 2nd & 1st stitches in that order
∕	p2tog Purl 2 stitches together
▽	Purl With Wraps Purl stitch and wrap yarn around needle three times before pulling through. So 1 stitch becomes 3.
△	Purl 15 Together Purl the next 15 stitches together. Move the 15 stitches onto RH needles and drop the extra wraps as you go. Move 15 stitches back to LH needle and purl together.

Created in Knit Visualizer (www.knitfoundry.com)

Notes:

<p>Pattern: R1 (RS): k19 R2: p19 R3: k1, yo twice, p2tog tbl, k13, p2tog, yo twice, k1 R4: p2, k1, p15, k1, p2 R5: k21 R6: p21 R7: k1, yo twice, p2tog tbl, yo twice, p2tog tbl, k11, p2tog, yo twice, p2tog, yo twice, k1 R8: p2, k1, p2, k1, p13, k1, p2, k1, p2 R9: k25 R10: p5, p3w 15 times, p5 R11: k1, yo twice, p2tog tbl, yo twice, p2tog tbl, yo twice, p15tog, yo twice, p2tog, yo twice, p2tog, yo twice, k1 R12: p1, k1, p2, k1, p2, k5, p2, k1, p2, k1, p1</p>

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Repeat rnds 1-12 one more time for all sizes. This will give you rows of cockleshells as a lace trim.



N.B. Please read the next set of instructions as a whole, before continuing

Knit 1 round and place marker at halfway point.
Purl 1 round, slipping marker as you pass it.

AT THE SAME TIME: If the number of stitches you have is not divisible by 5, then decrease evenly in the two rows above.

Body

Stitches: 225 (245, 245, 265, 285, 300, 300, 320, 340, 340)

Switch to 3.5mm Circular

Rnd 1: *K3, P2. Repeat from * till end of round

Rnd 2: Knit

BODY – WAIST SHAPING

Rnd 1: * K3, P2. Repeat from * till end of round

Rnd 2: K1, K2tog, Knit to 3 stitches before half way marker, ssk, K1, slm, k1, K2tog, knit to 3 stitches before end of round, ssk, k1.

Rnd 3: Follow ribbing pattern, accommodating for decreases.

Rnd 4: Knit

Rnd 5: Same as rnd 3. Repeat rnds 2 – 5 for a total of 18 (18, 18, 18, 18, 20, 18, 18, 20, 18) Times. This should decrease a total of 6 inches around.

N.B. Remember to try on the vest during the decreasing stage to make sure that the number of decreases actually works for you. Also blocking will lengthen your vest as well.

Stitches: 153 (173, 173, 193, 213, 220, 228, 248, 260, 268)

Continue in rib for a further inch, slipping all markers as you come to them.

This should bring you to just under your bust. If it doesn't, then carry on in rib until you have reached a point that works for you.

Switch to stocking stitch and knit for a further inch, slipping all markers as you come to them.

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BUST – INCREASE

Rnd 1: K1, m1, knit to 1 st before halfway marker and m1, k1, slm, k1, m1, knit to 1 st before end of round and m1, k1.

Rnd 2: Knit

Rnd 3: Knit

Repeat these 3 rounds for a further 5 (5, 6, 7, 7, 8, 8, 9, 9, 10) times.



Knit in st st for a further 2 ½ inches. This should bring you to a point just under your arms.

You will now need to decide where your vest straps should be placed. I divided the front in 3 and the minus 8 stitches to give me the number of stitches to work on either side of the straps (from underarms). The strap is worked across 11 sts on either side.

Rnd 1: *K3, P2 for 21 (24, 25, 30, 32, 34, 35, 39, 41, 44) sts. For strap, P3, K5, P3 *. K23 (27, 27, 29, 35, 36, 38, 42, 44, 48). K3, P2 for 21 (24, 25, 30, 32, 34, 35, 39, 41, 44) sts. Repeat from * to * until end of round.

Rnd 2: Knit.

N.B. For sizes 32, 34, 36, 38 & 40, as you started with an odd number of stitches, you will need to make a stitch before the end of the round. Also, if you prefer your straps to be further apart, then cast off less stitches before the first strap and more stitches between the first and second strap (neckline).

Keeping strap stitches as they are set, work ribbing for a total of 2”.

Next Rnd: *Cast off 21 (24, 25, 30, 32, 34, 35, 39, 41, 44) sts. Work next 11 sts in strap pattern as set. Cast off 23 (27, 27, 29, 35, 36, 38, 42, 44, 48) sts. Work next 11 sts in strap pattern as set. Work 21 sts in ribbing. Remove marker and repeat from * for back.

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STRAPS

Join yarn to first strap. Keeping the first 3 and last 3 sts in garter st and the middle 5 sts in stocking st, work the strap until you hit the top of your shoulder. Graft the front strap and the back strap using kitchener stitch and do the same for the other 2 straps.

FINISHING

Weave in all ends and block. Wear to the beach, or at a BBQ, or team it with a sexy skirt and shawl and wear out to dinner. ☺

