

# ANOBLECOWL

August 2008



## A Noble Cowl

By Emily Kausalik

This cowl combines two of my favorite elements: openwork/lacy patterning and a cotton blend yarn. Rowan Wool Cotton is great for showing off stitch definition without being scratchy. The stitch pattern is comprised of a shield surrounded with openwork, providing an interesting lacy design with a feminine touch.

### Finished size:

28cm/11" from cast-on to bind-off edges

### Yarn:

Rowan Wool Cotton (50% Merino Wool/50% Cotton; 113m [123yd]/50g): 2 balls.  
Color shown: SH900.

### Needle(s):

4mm (US6) 16" circular needle or dpns.

### Notions:

Stitch marker (m), tapestry needle

### Gauge:

22 sts/30 rows = 4"/10cm in St st.

**Skill Level:** Intermediate.

**Note:** I tend to make cowls large and droopy because I love pinning them. The stitch pattern is in groups of 15 sts, so feel free to cast on less if you want a smaller circumference cowl.

### Pattern:

Cast on 120 stitches. Join in the round and place marker. Purl (p) 2 rounds.

*Begin Shield Pattern.*

**1:** \* k2tog, k3, yo, k2tog, yo, k1, yo, K2tog, yo, k3, k2tog; rep from \* around.

**2 and all even rounds:** k

**3:** \* k2tog, k3, yo, k2tog, yo, k1, yo, k2tog, yo, k3, k2tog; rep from \* around.

**5:** \* k2tog, k2, yo, k2tog, yo, k3, yo, k2tog, yo, k2, k2tog; rep from \* around.

**7:** \* k2tog, k1, yo, k2tog, yo, k5, yo, k2tog, yo, k1, k2tog; rep from \* around.

**9:** \* k2tog, yo, k2tog, yo, k7, yo, k2tog, yo, k2tog; rep from \* around.

**11:** \* k1, yo, k2tog, yo, k3, k2tog, k4, yo, k2tog, yo, k1; rep from \* around.

**13:** \* k1, yo, k2tog, yo, k3, k2tog, ssk, k3, yo, k2tog, yo, k1; rep from \* around.

**15 and 17:** Same as Round 13.

**19:** \* k2, yo, k2tog, yo, k2, k2tog, ssk, k2, yo, k2tog, yo, k2; rep from \* around.

**21:** \* k3, yo, k2tog, yo, k1, k2tog, ssk, k1, yo, k2tog, yo, k3; rep from \* around.

**23:** \* k4, yo, k2tog, yo, k2tog, ssk, yo, k2tog, yo, k4; rep from \* around.

**25:** \* k2tog, k3, yo, k2tog, yo, k2tog, yo, k2tog, yo, k3, k2tog; rep from \* around.

**27:** \* ssk, k3, yo, k2tog, yo, k1, yo, k2tog, yo, k3, k2tog; rep from \* around.

**Next:** Repeat rounds 1 through 28.

**Then:** Repeat rounds 1 through 14. The end result should be 2.5 passes of the Shield Pattern (1 that establishes, and 1.5 repetitions).

Purl (p) 2 rounds, then bind off loosely. Weave in ends and block flat.

### Abbreviations:

**k2tog** - knit two stitches together; **yo** - yarn over; **ssk** - slip two stitches as if to knit, then insert left needle through the front loops and knit together.

*For further help with knitting techniques refer to [www.knittinghelp.com](http://www.knittinghelp.com).*