



MOSS

HEADBAND

HERBGARDEN knitwear

DETAILS

MOSS is a super soft and thick headband made from an alpaca blend yarn. The yarn is held double throughout the entire process which creates a very warm fabric. MOSS is the most comfortable headband I own and perfect for cold winter days.

The pattern contains instructions for a headband that fits an adult but both the length and the width can be adjusted to your wishes.

I hope you will like it just as much as I do! Happy knitting!



YARN

2 skeins of Lana Grossa Alta Moda Super Baby Fine (25g, 115m/125yds) in color 19 (green) or any bulky weight yarn



GAUGE

21 sts and 42 rows = 10cm / 4" in Brioche pattern (measured without stretching the fabric)



NEEDLES

6mm (or size to obtain gauge with)



TOOLS

A tapestry needle for closing the headband and weaving in the ends and a removable stitch marker.

NEED HELP?

If you have any question regarding this pattern, you can contact me at any time:

help@herbgardenknitwear.com

I am happy to help you!

DIRECTIONS

This is a double-strand project. The headband is worked holding two strands of the suggested yarn throughout the entire process.

CAST ON

Cast on 21 sts using the Long Tail Cast-On.

Included in the 21 sts are 3 edge sts on each side. So if you want to alter the width of your headband, you can cast on **3 sts + any odd number of sts + 3 sts**.

WORK IN BRIOCHE PATTERN

The first row is a set-up row and a right side row. To not confuse the right side and the wrong side of the work later in the process, I suggest you mark the right side with a removable stitch marker.

Row 1 (RS): k1, sl1 wyif, {k1, yo, sl1 wyib} to last 3 sts, k1, sl1 wyif, k1

After the set-up row start working in Brioche pattern as follows. Whenever you encounter a knit stitch with a yarn over from the last row, you knit them together just as you would do with two knit stitches (k2tog).

Row 2 (WS): sl1 wyif, k1, sl1 wyif, k2tog, {yo, sl1 wyib, k2tog} to last 3 sts, sl1 wyif, k1, sl1 wyif

Row 3 (RS): k1, sl1 wyif, k1, yo, sl1 wyib, {k2tog, yo, sl1 wyib} to last 3 sts, k1, sl1 wyif, k1

Continue working rows 2 and 3 until your headband measures about 42cm / 16.5". I recommend to wrap the headband around your head every once in a while, so that you can adjust the length if you want to.

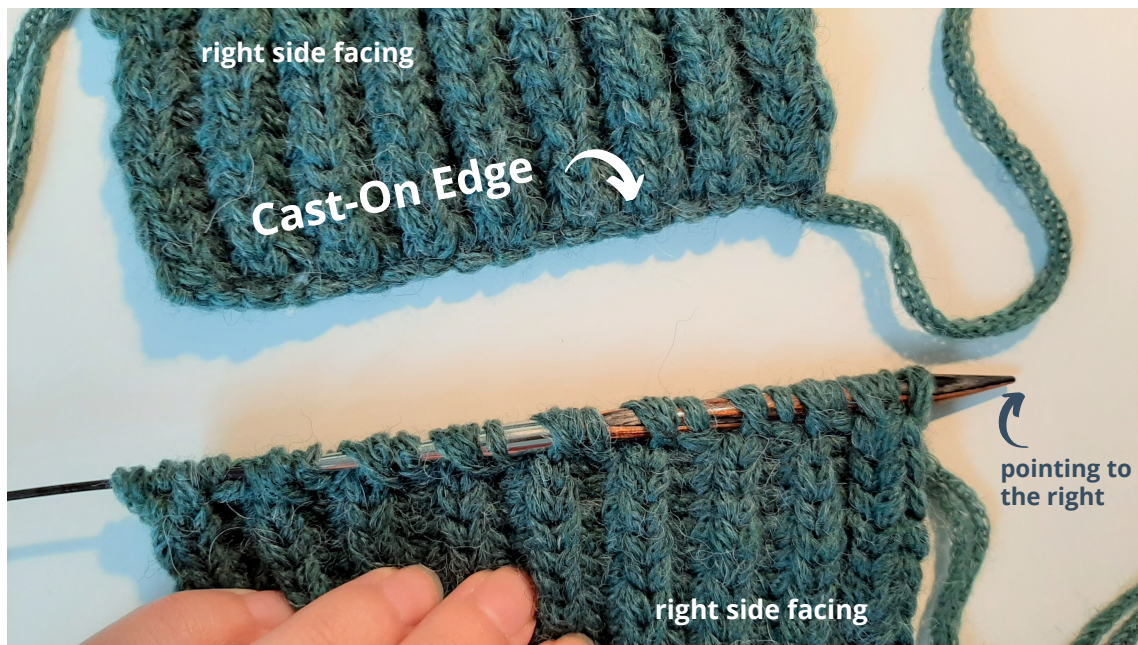
The last row worked should be a wrong side row.

CLOSING THE HEADBAND

You can now break the working yarn leaving a long tail of at least 35cm / 13,5". Thread the end of the yarn onto your tapestry needle and set up your work like this:

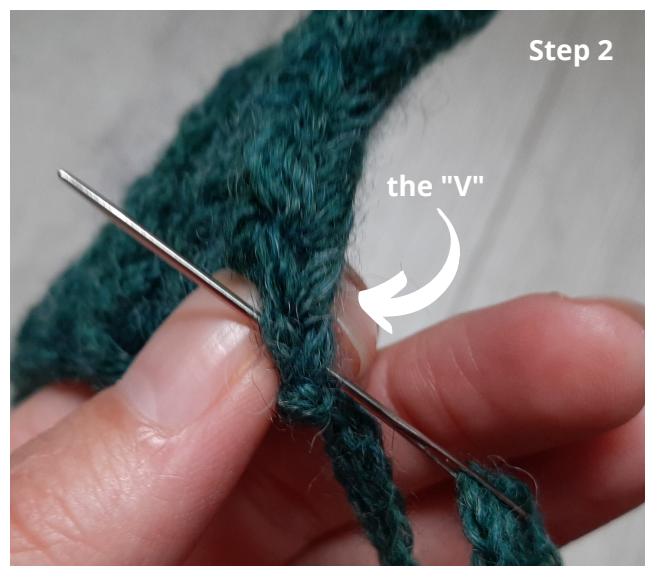
- Fold your headband with the right side facing you and the wrong side facing inwards.
- Folded like that, lay it down on a table in front of you, with the needle tip of your left needle pointing to the right and the Cast-On edge being aligned to the needle.

The picture on the next page might be helpful.



Now the stitches on the left needle are sewn to the Cast-On edge just like you would do with a normal k1, p1 rib. That means: a knit stitch with a yarn over next to it, is treated like a regular knit stitch.

- The first stitch on the left needle is a **knit stitch**. Insert the tapestry needle into this stitch **as if to purl**. Pull the yarn through, but leave the stitch on the knitting needle.
- Find the first knit stitch, that is attached to the Cast-On tail. It looks like a little "V". From right to left insert the tapestry needle under both legs of the "V" (s. image *Step 2*). Pull the yarn through.
- Once again insert the tapestry needle into the first stitch on the left needle, this time **as if to knit**. Pull the yarn through and let the stitch slide off of the knitting needle.
- Now we have a **purl stitch** on the left needle. Insert the tapestry needle **as if to knit**. Pull the yarn through, but leave the stitch on the needle.
- Find the matching purl stitch on the Cast-On edge. If you look at this purl stitch from the wrong side of the work, you can once again see the little "V". From right to left, insert the tapestry needle under both legs of the stitch and pull the yarn through.
- Insert the tapestry needle again into the purl stitch on the left needle, now **as if to purl**. Pull the yarn through and let the stitch slide off of the knitting needle.
- Since the next stitch is a knit stitch again, you can follow step 1 and then attach the stitch on the left needle to the next stitch in the Cast-On edge, just like you did before.



Keep working in that pattern, until you have sewn all stitches to their matches in the Cast-On edge.

Here are some more hints, to make this as easy as possible:

- A **knit** stitch on the left needle is sewn to a **knit** stitch in the Cast-On edge and a **purl** stitch on the left needle is sewn to a **purl** stitch in the Cast-On edge.
- When you push the needle through a stitch of the Cast-On edge, you always want to do it **from the right to the left** and catch **both legs** of the "V".
- Only let a stitch slide off of your knitting needle when you have inserted the tapestry needle into it **twice**.
- When working a **knit stitch**, insert the tapestry needle **purlwise** the first time and **knitwise** the second time.
- When working a **purl stitch**, insert the tapestry needle **knitwise** the first time and **purlwise** the second time.
- When you encounter a **knit stitch with a yarn over**, treat both strands as if they were a **normal knit stitch**.

The result should look like this:



FINISHING

When you have closed your headband, weave in the ends with the tapestry needle. You are done! Wear your headband with pride!

SHOW YOUR WORK!

I would love to see your MOSS headband on Ravelry or on social media. It is always very exciting to see all your beautiful works. So I would be happy if you use this hashtag *#mossknittedheadband* for the headband and tag me *@herbgarden.knitwear!*

ABBREVIATIONS

k	knit
k2tog	knit 2 stitches together (one stitch decrease)
p	purl
RS	right side (row)
sl1 wyib	slip one stitch with yarn in back
sl1 wyif	slip one stitch with yarn in front
st(s)	stitch(es)
WS	wrong side (row)
yo	yarn over (one stitch increased)



THANK YOU FOR BUYING THIS PATTERN!

If you have any questions please do not hesitate to contact me at help@herbgardenknitwear.com