

Royal Lattice Cowl

Kristen TenDyke Designs

www.kristentendyke.com

Finished Measurements:

6¾" wide and 17½" circumference

Yarn:

Shown in Lhasa by Lisa Souza (100% superfine cashmere; 2 oz hank = approx 100 yards) 1 hank; or approx 85 yards in a comparable yarn.

Shown in color Forbidden City

Knitting Needles:

One pair size US 9 (5.5 mm)
or size to obtain gauge.

Notions:

One crochet hook, size US H/9 (5.5 mm)
and waste yarn for provisional cast on; cable
needle; a third needle for three-needle BO
or a tapestry needle for grafting.

Gauge:

17 sts and 20 rows = 4" in Lattice Pattern.
Take time to save time, check your gauge.



Abbreviations

approx: approximately

BO: bind off

cn: cable needle

CO: cast on

k: knit

k2tog: knit 2 sts together

kwise: as if to knit

LH: left hand

LPT: slip 1 st to cn, hold in front; p1; k1
from cn

LT: slip 1 st to cn, hold in front; k1; k1
from cn

M1L: insert LH needle under horizontal
strand between st just worked and next
st from the front to the back, knit through
the back loop

M1P: insert LH needle under horizontal
strand between st just worked and next st,
from the back to the front, purl

M1R: insert LH needle under horizontal
strand between st just worked and next st
from the back to the front, knit

p: purl

pwise: as if to purl

RH: right hand

rep: repeat

RPT: slip 1 st to cn, hold in back; k1; p1
from cn

RS: right side

RT: slip 1 st to cn, hold in back; k1; k1
from cn

sl: slip

ssk: sl 2 sts, 1 at a time, kwise to the RH
needle; return sts to LH needle in turned
position and knit them together through the
back loops

st(s): stitch(es)

WS: wrong side

wyb: with yarn in back

wyf: with yarn in front

Royal Lattice Cowl

Kristen TenDyke Designs

www.kristentendyke.com

Cowl:

Use the provisional method to CO 28 sts. Begin working the Lattice Pattern by following chart or written instructions for rows 1–40 twice then rows 1–8. Do not break yarn.

Lattice Pattern

Rows 1 and 3 (WS): Sl 1 pwise wyf, [k2, p1, k3, p2, k3, p1] 2 times, k2, sl 1 pwise wyf.

Row 2: K1, [p2, k1, p3, LT, p3, k1] 2 times, p2, k1.

Row 4: Ssk, [RPT, p2, RPT, LPT, p2, LPT] 2 times, k2tog — 26 sts.

Rows 5 and 7: Sl 1 pwise wyf, [p1, k3, p1, k2, p1, k3, p1] 2 times, sl 1 pwise wyf.

Row 6: Drop first st to front; drop next st to back; return first st to LH needle, return second st to LH needle; sl 1 kwise wyb, k1, [p3, k1, p2, k1, p3, LT] 2 times.

Row 8: K1, M1L, [LT, p2, LPT, RPT, p2, RT] 2 times, M1R, k1 — 28 sts.

Row 9: Rep row 1.

Row 10: K1, M1L, k2, [LT, p2] 2 times, RT, k2, [LT, p2] 2 times, RT, k2, M1R, k1 — 30 sts.

Row 11: Sl 1 pwise wyf, k4, p1, k2, p2, k2, p1, k4, p1, k2, p2, k2, p1, k4, sl 1 pwise wyf.

Row 12: K1, M1L, k4, [LT, RPT, LPT, RT, k4] 2 times, M1R, k1 — 32 sts.

Rows 13 and 15: Sl 1 pwise wyf, k6, [p2, k2, p2, k6] 2 times, sl 1 pwise wyf.

Row 14: K7, LT, p2, RT, k6, LT, p2, RT, k7.

Row 16: Ssk, k4, *[RPT, LPT] 2 times, k4; rep from * once more, k2tog — 30 sts.

Row 17: Rep row 11.

Row 18: Ssk, k2, [RPT, p2, LT, p2, LPT, k2] 2 times, k2tog — 28 sts.

Row 19: Rep row 1.

Row 20: Rep row 4 — 26 sts.

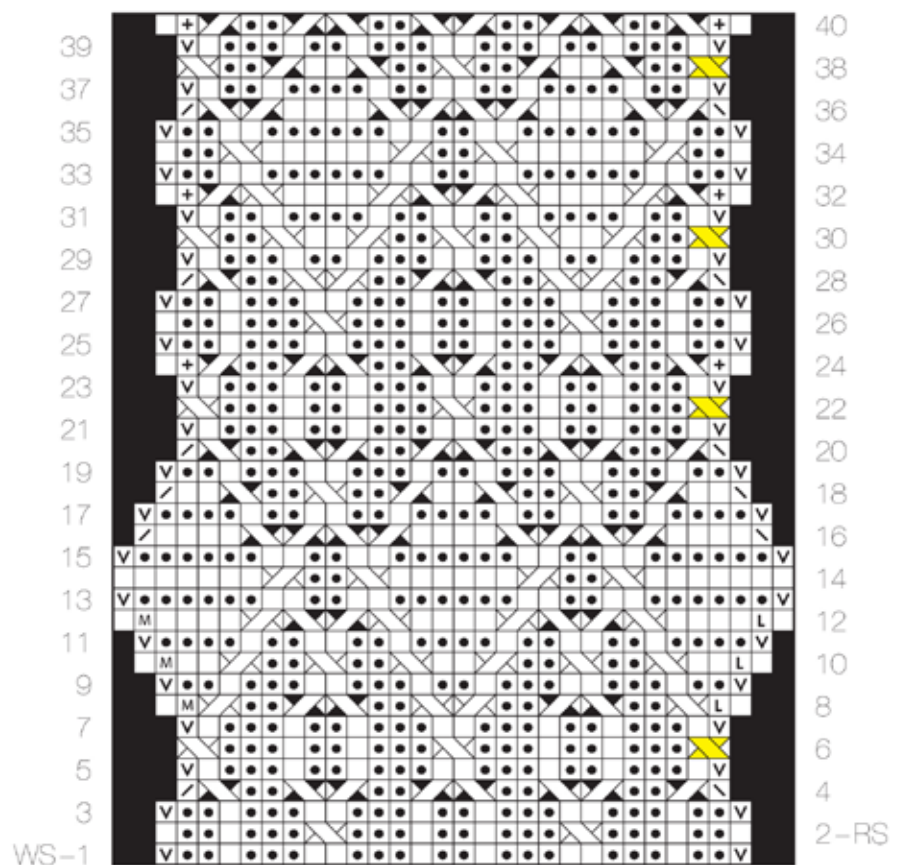
Rows 21 and 23: Rep row 5.

Row 22: Rep row 6.

Provisional Cast On

With waste yarn, place a slip knot onto crochet hook. *Wrap yarn around knitting needle, then with crochet hook, pull through loop on hook; rep from * until

desired number of stitches are on the knitting needle. Break yarn and pull tail through live loop on crochet hook to fasten off.



- | | |
|---|-------------|
| □ knit on RS, purl on WS | ▤ ssk |
| ◼ purl on RS, knit on WS | ▥ k2tog |
| ◻ slip 1 pwise wyf on WS | ▧ M1L |
| ▨ LT | ▩ M1R |
| ▩ RT | ⊕ M1P |
| ▧ LPT | ■ no stitch |
| ▩ RPT | |
| ▤ Drop first st to front; drop next st to back; return first st to LH needle, return second st to LH needle; sl 1 st kwise wyb, k1. | |

Royal Lattice Cowl

Kristen TenDyke Designs

www.kristentendyke.com

Lattice Pattern, cont.

Row 24: K1, M1P, [LPT, p2, LPT, RPT, p2, RPT] 2 times, M1P, k1 — 28 sts.

Rows 25 and 27: Rep row 1.

Row 26: Rep row 2.

Row 28: Ssk, [RPT, p2, RT, LT, p2, LPT] 2 times, k2tog — 26 sts.

Row 29: Rep row 5.

Row 30: Drop first st to front; drop next st to back; return first st to LH needle, return second st to LH needle; sl1 kwise wyb, k1, [p2, RT, k2, LT, p2, LT] 2 times.

Row 31: Sl1 pwise wyf, [p1, k2, p1, k4, p1, k2, p1] 2 times, sl1 pwise wyf.

Row 32: K1, M1P, [LPT, RT, k4, LT, RPT] 2 times, M1P, k1 — 28 sts.

Rows 33 and 35: Sl1 pwise wyf, k2, [p2, k6, p2, k2] 2 times, sl1 pwise wyf.

Row 34: K1, p2, [RT, k6, LT, p2] 2 times, k1.

Row 36: Ssk, [RPT, LPT, k4, RPT, LPT] 2 times, k2tog — 26 sts.

Row 37: Sl1 pwise wyf, [p1, k2, p1, k4, p1, k2, p1] 2 times, sl1 pwise wyf.

Row 38: Drop first st to front; drop next st to back; return first st to LH needle, return second st to LH needle; sl1 kwise wyb, k1, [p2, LPT, k2, RPT, p2, LT] 2 times.

Row 39: Rep row 5.

Row 40: Rep row 24.

Rep rows 1–40 once more, then rep rows 1–8. Do not break yarn.

Finishing:

Block piece to measurements. Carefully remove waste yarn from provisional CO, and slip sts onto an empty needle. Join CO sts to live sts with the three needle BO, or break yarn leaving approx 12" tail of yarn then graft using the kitchener st.

Three-Needle BO

With the RS's held together (to form ridge on WS), hold the needles parallel. With a third needle knit the first st of front and back needles together, *knit next st from each needle together, (2 sts on right-hand needle), BO 1 st; rep from * until all sts are BO.

Kitchener Stitch

Step 1: Bring threaded tapestry needle through first st on front needle, as if to knit, and slip st off needle.

Step 2: Bring threaded tapestry needle through next st on front needle, as if to purl, and leave st on needle.

Step 3: Bring threaded tapestry needle through first st on back needle, as if to purl, and slip st off needle.

Step 4: Bring threaded tapestry needle through next st on back needle, as if to knit, and leave st on needle.

Rep steps 1–4 until no sts remain on needles.



About Kristen:

Kristen TenDyke is a knit and crochet designer and technical editor from Massachusetts. Her designs can be found in various well-known publications such as Vogue Knitting, Interweave Knits, Interweave Crochet, Knit Simple, Knitty,

Twist Collective, Classic Elite Yarn's pattern collections and more.

Kristen has a BFA in Graphic Design from Massachusetts College of Art and Design which comes in handy when self publishing designs on her website.

www.kristentendyke.com

When she's not playing with yarn, Kristen is often enjoying nature with friends and family, doing yoga, practicing reiki, or wasting time on the internet.

Get to know Kristen more on Twitter as [KristenTenDyke](#) and on Ravelry as [SbutterAMilly](#).