



WHATEVER YOU NEED ME TO DO

THERE IS A STORY BEHIND EACH PATTERN IN THIS COLLECTION. A STORY OF MY DEPRESSION AND ANXIETY, OF MY LIFE, AND HOW I COPED (OR DIDN'T), AND MY CONTINUED SEARCH FOR BALANCE AND JOY AND LOVE. KNITTING BECAME A MAJOR SOURCE OF COMFORT AND COPING FOR ME AS I MANAGED (OR DIDN'T) MY MOST RECENT EXPERIENCE OF ACUTE DEPRESSION. AS I TRAVELED THIS PATH I SPENT A LOT OF TIME LISTENING TO THE AC NEWMAN ALBUM SHUT DOWN THE STREETS. EACH PATTERN IS NAMED FROM A LYRIC FROM THE ALBUM AND THERE IS A CORRESPONDING ESSAY ON MY BLOG: THESTRUGGLEISFEELS.BLOGSPOT.COM. I ENCOURAGE YOU TO READ THE ESSAYS, TO LISTEN TO THE ALBUM, AND TO KNIT ON, WITH CONFIDENCE AND HOPE, THROUGH ALL CRISES.

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Items made from this pattern for sale must reference Kimberly Conterio as the designer.
For questions please contact kimberlyconterio@gmail.com

MATERIALS:

1 skein cotton dishcloth yarn or any machine washable yarn that you want to use
#8 needles, or whatever you like knitting dishcloths with

GAUGE:

it doesn't matter, it will be the size it is, and it will do what you need it to do - worsted-ish gauge is nice, though.

WEDGE PATTERN:

Row 1: Knit 18, turn, slip 1 purlwise with yarn in back (wyib), knit to end.
Row 2: Knit 16, turn, slip 1 purlwise wyib, knit to end.
Row 3: Knit 14, turn, slip 1 purlwise wyib, knit to end.
Row 4: Knit 12, turn, slip 1 purlwise wyib, knit to end.
Row 5: Knit 10, turn, slip 1 purlwise wyib, knit to end.
Row 6: Knit 8, turn, slip 1 purlwise wyib, knit to end.
Row 7: Knit 6, turn, slip 1 purlwise wyib, knit to end.
Row 8: Knit 4, turn, slip 1 purlwise wyib, knit to end.
Row 9: Knit 2, turn, slip 1 purlwise wyib, knit to end.
Row 10: Knit 3, turn, slip 1 purlwise wyib, knit to end.
Row 11: Knit 5, turn, slip 1 purlwise wyib, knit to end.
Row 12: Knit 7, turn, slip 1 purlwise wyib, knit to end.
Row 13: Knit 9, turn, slip 1 purlwise wyib, knit to end.
Row 14: Knit 11, turn, slip 1 purlwise wyib, knit to end.
Row 15: Knit 13, turn, slip 1 purlwise wyib, knit to end.
Row 16: Knit 15, turn, slip 1 purlwise wyib, knit to end.
Row 17: Knit 17, turn, slip 1 purlwise wyib, knit to end.
Row 18: Knit the entire row.

INSTRUCTIONS:

Cast on 28 stitches.

*Knit three rows. Work wedge pattern. Repeat from * three times.

Wedges will alternate which side they are worked on. If you find that you are about to (or actually) knit(ing) a wedge directly on top of the previous wedge, back out, knit one more row, and then start the wedge on the next side.

I like 4 wedges (4 pattern repeats) but it's a dishcloth, do however many work for you.

Knit two more rows, bind off, and use with love.